The Student Experience!
Overview of Presentation

• What is the Student Experience?
• The Firsts
• Tips for Success
• Exciting Co-Curricular Programs
• Fun on Campus
What is the student experience?

When does it start!?

The student experience means different things to different students.

The University of Manitoba strives to provide: “An environment that offers students more opportunity to learn, thrive, grow, and to be celebrated for their personal contributions.”
The “student experience” cont’d

• You will get out of university what you put into it.

• “It” all depends on what “lens” you are looking through, and what your goals are.

• Some common goals:
  – To gain the experience and skills necessary to enter a professional career or continue in graduate work
  – To learn more about subjects that interest you.
  – To make new friends and connections.
  – To have fun!
The firsts: welcome to the U of M!

• If you’re from Winnipeg, help us welcome those from out of town
• Make new friends in your classes
• Leave the house! Learn about the city by walking or biking around in it.
• Learn the transit system – Navigo Trip Planner
• Check out a play or concert! There are so many events or opportunities to explore in Winnipeg and at the U of M
The firsts: Orientation

- Your introduction to what your student experience can be!
- Meet new people, explore campus, connect with your faculty, find your classes, get involved in games and win prizes
First week of class

First step: Don’t Panic

Attending Head Start and Orientation is the best way to alleviate fear or stress about your first week.

Second step: Connect with others in your program…in your classes and your Orientation Leaders
To do List

- Find your classes ahead of time
- Meet a new friend in every class
- Get your textbooks
- Find a space to read over notes
- Visit the library
- Attend UMSU Fest (social events of the year)
Tips for success in the classroom

• Attend class!
• Take notes, don’t play games on your laptop
• Participate – ask/answer questions
• Do the readings ahead of time – this will save you so much time when it comes to studying
• Seek out guidance from the Learning Assistance Centre, peers, or your professor before you hand in your assignment
Preparing for your first assignment

Finding a group of peers in your classes, will help you to discuss ideas, proof read assignments, and experience working in teams.

Break your assignments into pieces: create a timeline and finish it in steps, instead of all at once

Get help before you hand it in!
Healthy active living

• Make your student experience an active experience!
  – Studies show that maintaining an active lifestyle not only helps improve grades and memory retention, but will improve overall quality of life.
Healthy active living

• U of M is fully equipped to keep you active and having fun.
  – Join an intramural sports team
  – Check out: gym, the indoor tennis court, swimming pool, and indoor track
  – There are also a variety of fitness classes – ranging from aerobics to zumba!
• Find time in your schedule to exercise
Finding the balance

• The university experience is all about finding a comfortable balance between academic studies and your social life.

• If you do nothing but study – you are missing out on a big part of the university experience BUT, you can’t neglect your studies either.

• Find a comfortable balance between co-curricular involvement, fun, and your studies.

• Diet – find a balance between healthy choices, and unhealthy choices. Be responsible.
Your health and wellness is connected to the balance you keep with your academic, social, and co-curricular experiences.

Everyone’s balance will look different, find what fits you.
Co-Curricular Activity

What is it?

• Any activities that compliment the learning experience and provide an opportunity to apply learned concepts.

Why Get Involved?

• They look great on a resume and many scholarship applications require them.
• They will increase your confidence, your skill set, your network of contacts, and can make you the most interesting person in the room!
• You will get recognition of your involvement on your transcript when you graduate through the Co-Curricular Record.
University of Manitoba Space Applications and Technology Society (UMSAT)

Mission:
*Launch the first student-designed satellite in Manitoba.*

Goals:

- Prepare students for future career opportunities in various industries through interdisciplinary teamwork.
- Collaborate with industry leaders to establish networks and build professional relationships.
- Introduce alternative satellite technologies and economical access to space.
Student Groups

There are 110 active student groups on campus. Find your niche and define yourself!

Some examples include:
- Art Club
- Games on Campus
- Amnesty International
- Let’s Talk Science
- UMSNOW
- UMSWING
Bangladesh Service Learning Experience and Children Rising Mentorship Program

Domestic and international opportunities!
Faculty Involvement

• Every faculty has their own governance committees
• These committees have many functions:
  – Student advocacy
  – Student programming (socials, professional development, etc)
  – Program review
Having fun on campus

The student experience is more than just classes and studying.

University is a chance to grow socially, professionally, and academically.

- Head out to IQ’s, play some pool, share a coffee/tea with a classmate, grab a bite at Degrees.
- Check out a karaoke night or an open mic night.
- Spend an afternoon rock climbing.
- Join a student group, or volunteer as a radio DJ with UMFM.
- Join a musical ensemble! Open to all university students.
• U of M is home to one of the nations top hockey, volleyball, and football teams.
Hot Spots on Campus:

• IQ’s
• Degree’s
• Campo (Lower Level University Centre)
• Daily Bread
• Libraries
• Computer Labs