



# ABORIGINAL HOUSE



\* \* \* \* \*  
 \* Check out all \*  
 \* the Kids \*  
 \* Holiday Party \*  
 \* Pictures on \*  
 \* page 6 & 7. \*  
 \* \* \* \* \*  
 \* A GREAT BIG \*  
 \* THANK YOU \*  
 \* TO ALL THE \*  
 \* VOLUNTEERS \*  
 \* AND EVERY- \*  
 \* ONE WHO \*  
 \* SHARED IN \*  
 \* THIS YEARS \*  
 \* FESTIVITIES! \*  
 \* \* \* \* \*

## Kali Storm, Director, Aboriginal Student Centre

### Message from the Aboriginal Student Centre

Welcome all new and returning students!

The Aboriginal Student Centre is here to provide services designed to support your academic endeavors by building on your strengths. Because it is not always easy being here, the mandate of the Aboriginal Student Centre consists of promoting pride in who we are and where we come from. Attending University does not have to come at the expense of losing our languages, cultures, or traditions.

It is important to remember why you are here and to remain focused on your goals so you don't let obstacles get in your way. There is a lot of support available, including Elders,

counselors, friends and family. Use the supports if you need them and offer your support to others when it is requested. This is part of our philosophy – together none of us need to feel alone.

If there is anything you need, or you want to check out events that are being planned, please feel free to drop by the office. We are located on the first floor of Aboriginal House and we are open from 8:30 a.m. to 4:30 p.m. Monday to Friday. Our phone number is (204) 474-8850. The Aboriginal Student Centre website address is: [www.umanitoba.ca/student/asc](http://www.umanitoba.ca/student/asc) and our e-mail is: [asc@umanitoba.ca](mailto:asc@umanitoba.ca). We certainly look forward to seeing you and hope you become actively involved with the wonderful Aboriginal family we have here at the University of Manitoba. Come join the Circle!

In education, unity and spirit, Miigwetch, Kinanaskomitin, Niawenhko:wa, and Thank You,

Kali Storm, Director



## Carl Stone, Student Advisor

Hello to everyone, I hope everyone got off to a good start to this year of University. It is absolutely wonderful that we are finally moved into our new building. I send my Kichi-Miigwetch (Huge Thank-you) out to all the people that had come together to make this Vision happen.

To all who use this wonderful facility? I encourage that we see this as a home and care for it as such, a place to meet and make new friends. This is a place where we learn to give each other the support we all need, to succeed here at this University.

I'm also looking forward to the

Pizza Days UMASA is planning. Hope you all do well.

I wish all of you all a Safe and Happy Holiday break and a Great New Year.

Carl W. Stone,  
ASC Student Advisor.





## Bev Getty

Well we are finally all moved in to the new building and WHAT A BUILDING IT IS!!!!!! We would like to say a special THANK-YOU to all of the volunteers who, without your help, the GRAND OPENING would not have been such a hit. It is so nice to see all of the students utilizing all of the facilities here..... (comfy couches and chairs, a place to spread out and do your assignments, and the computer lab with 27 brand new computers. (Just a head's up that we are in the

process of getting a printer for the computer lab). Well I guess I should introduce myself. My name is Bev Getty and I am currently working in the Aboriginal Student Centre . This is a new job for me with lots of learning to be done. So I now know how all of you must be feeling with your studies. (A little overwhelmed to say the least.) I am also the one you can come to when you need some help with bursary info.

Don't forget .....filling out a bursary may take some time; however, it is worth it when you get the cheque in the mail. So drop by anytime or call me at 474-8850.



What kind of events would you like to see here at Aboriginal House? If you have any suggestions please tell either Bev or Karen

## Karen Richard

Hello Everyone!

I just wanted to let everyone know how great it's been getting to know everyone here at Aboriginal House. I was a little nervous at the beginning of the year not knowing what to expect and

how I would fit in, but over the past few months I can say it's been a blast. I have never worked for a place with so much caring and acceptance as there is here, and that goes for all students and staff. It's good to see how everyone here gets

along and genuinely wants to help each other.

Have a great holiday with family and friends and remember this is your home away from home.



## Myra Laramee

Tansi, Winter Greetings; I hope the fall term of studies has you smiling. We are entering that time of the year when studies can become secondary to the festive season ahead. On Mondays you may find me in the Elder's

Office at the Aboriginal House. Sometimes this season can leave us needing to talk with someone. Please make arrangements with Karen at the front office if there is anything you think I can do to help you get through the

Christmas season. Best wishes for a safe and happy holiday. See you in January!



## Garry Robson

Booshoo All

My name is Garry Robson, I am an Ojibway, my Clan is the Turtle and my home community is Peguis First Nation. I have been asked to sit as an Elder-in-Residence for the Aboriginal House. I will be here on Thursdays. You may just need to talk to someone. You might want



some information about Aboriginal Culture. You might want someone to come and talk to your class to bring an Aboriginal perspective. I have worked in Aboriginal Education for many years. I am also a helper and student to our Traditional Teachers that hold ceremony. I am also a story teller and a poet.



★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★  
 ★ **Knock Knock.** ★  
 ★ **Who's there?** ★  
 ★ **Justin** ★  
 ★ **Justin who?** ★  
 ★ **Justin the** ★  
 ★ **neighborhood** ★  
 ★ **and thought I'd** ★  
 ★ **say hello!** ★  
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

## Katherine Ritchot

Katherine is a Métis psychologist and she is here at the Aboriginal House every Wednesday from 1-3pm. You can make an appointment in person with Karen at the front desk or by calling her at 474-8850.



I would like to wish everyone a wonderful holiday season and all the best in the New Year.  
 Katherine

**Dr. Shore  
 and Leslie  
 Backlund of  
 the Office of  
 University  
 Accessibility  
 wishes  
 everyone a  
 happy &  
 restful  
 Season.**

## Shirley Haynes

Shirley's hours have been changed, she will now be here on Friday's from 10am-2pm. Shirley has worked at the UM every Wednesday morning since September helping students find and apply for scholarships and bursaries.

Shirley is happy to report that students have indicated they have had success with scholarship and bursary applications as well as appreciating the opportunity to become involved with the Métis community by way of the Louis Riel Institute.

**Scholarship/ Bursary**



What do you give a reindeer with an upset tummy?  
 "Elk"-a-seltzer!  
 What do reindeer hang on their Christmas trees?  
 "Horn"-aments

## Advice from an Advisor

By: Carla Loewen, Academic Advisor

Greetings!

I hope everyone is having a successful term. Here is some useful information as you move into the final exam period:

If you have been unable to finish an assignment due to an illness, family emergency, or other unexpected circumstances, you may be able to request a term work extension. Approach your instructor and explain why you are requesting an extension. **You must request a term work extension before the end of classes.** (The maximum date extension for a course that finishes in December is April 1). You will still be required to write the final examination for the course as scheduled. For more information see <http://umanitoba.ca/student/records/grades/688.htm>.

**You must remain available until all your exams have been written.** The December exam period is from December 5-18. Do not make any travel plans until your exams have been completed. Deferrals are not granted for travel reasons! The final exam schedule is listed at <http://umanitoba.ca/student/records/exam.html>.

You will need to show your U of M picture ID card to be eligible to write your final exams, so bring it with you. If you need a card, go to the Registrar's Office, 400 University Centre.

Deferred exams are granted to students who are

unable to write final exams posted on the official exam timetable, due to illness, disability or compassionate reasons. If you miss a final exam for any reason, contact your faculty as soon as possible, but no later than seven days following the end of the exam series.

The deadline to report exam conflicts has now passed.

The last day to file a grade appeal for a grade you received in Fall 2008 is, on or before, January 26th, 2009. For more information on grade appeals, go to <http://umanitoba.ca/student/records/grades/691.htm>.

If you do not do as well as you needed to in a class you can request to repeat a course. Contact your faculty for permission.

### Important Dates

December 5-18: December Exam Period

January 6: Classes Resume

January 6-19: Registration Revision Period for Winter 2009 courses

**January 8:** Winter Term fees due by 4:30 p.m.

**January 19:** Last day to Voluntarily Withdraw from a Fall 2008/Winter 2009 course and not have to pay for second half of course. Last day to delete a Winter 2009 course and receive a 100% course load.

### Looking for a tutor?

Check out the Learning Assistance Centre's Tutor Registry at [http://umanitoba.ca/student/u1/lac/supp\\_instruct/index.html](http://umanitoba.ca/student/u1/lac/supp_instruct/index.html).

### Attention University 1 students!

University 1 has a special program for Aboriginal students called PACT, "Promoting Aboriginal People Together". Gain leadership skills, one-to-one advising help, academic resources, and meet new people! Get involved and gain a valuable experience. Make the most of your time in university! For more information contact Carla Loewen in 205 Tier, 474-7156 or email [loewenc@cc.umanitoba.ca](mailto:loewenc@cc.umanitoba.ca).



**University of Manitoba  
Aboriginal Students  
Association wishes  
everyone a happy,  
warm & safe holiday  
season.  
See you all back in the  
New Year!**

*Brenda Lee Lafreniere*

*Access Programs*

To all students and staff, The Christmas season is now upon us, and I know you are all busy studying. The Aboriginal House is looking beautiful, and I am looking forward to seeing you all during our Christmas week celebrations. On behalf of Access/HCAP programs, I would like to take this opportunity to wish you and your families a safe and joyous holiday season and a Happy New Year!

Brenda Lee Lafreniere,  
Director



# Dr. Bret Nickels

# Native Studies



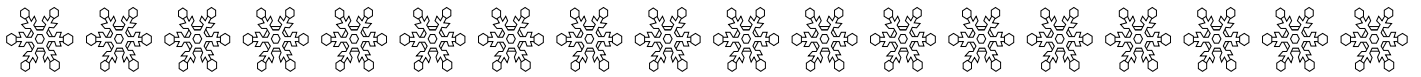
Presently Teaching: NATV 1220, The Aboriginal People of Canada, Part I; NATV 2000, Aboriginal Issues and Communication; NATV 3330, Aboriginal People, Science, and the Environment.

Next Term (2009) I am teaching: NATV 1240, Aboriginal People of Canada Part II; NATV 2000, Working with Elders and NATV 2020, The Metis of Canada. (if you have any questions about any of these courses please come and see me in my office - (#254 Aboriginal House).

At the moment, I am one of two Native Studies instructors in Aboriginal House. Being a

member of The Circle at Aboriginal House enables me to interact with students on a regular basis - something I enjoy and value. I encourage students, who have questions regarding Native Studies courses to seek me out. I welcome this interaction, and any students who are having difficulties with courses, have questions concerning their assignments, or simply just feel the need to visit and chat, are invited to drop by my office (#254). I welcome visits by students and hope that students feel comfortable to let me know what is on their mind. Please check in at the Aboriginal Student Centre front desk, as often I can be found there. If not, either Karen or Bev will probably know where I can be found. I am usually on

campus Mondays, Wednesdays and Fridays from 9:00 am to 2:30 pm. I also encourage students who are having difficulties with their essays to visit (or make an appointment at the ASC front desk), Chantal, the ASC/ Native Studies writing tutor. Chantal can be found in her office (# 252) on Tuesdays and Thursdays from 10:30 to 4:30. She can help with a variety of questions you may have concerning your essays, but do try and give her ample time to deal with your concerns. I hope that everyone is doing well during this rather hectic time of the year, and all the best in your academic studies.



## How They Forecast a Cold Winter

One day in early September the chief of a Native Canadian tribe was asked by his tribal elders if the winter of 2008/9 was going to be cold or mild. The chief asked his medicine man, but he too had lost touch with the reading signs from the natural world around the Great Lakes.

In truth, neither of them had idea about how to predict the coming winter. However, the chief decided to take a modern approach, and the chief rang the National Weather Service.

'Yes, it is going to be a cold winter,' the meteorological officer told the chief. Consequently, he went back to his tribe and told the men to collect plenty of firewood.

A fortnight later the chief called the Weather Service and asked for an update. 'Are you still forecasting a cold winter?' he asked.

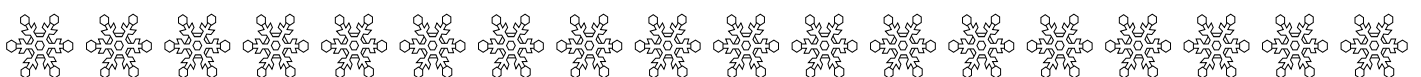
'Yes, very cold', the weather officer told him.

As a result of this brief conversation the chief went back to the tribe and told his people to collect every bit of wood they could find.

A month later the chief called the National Weather Service once more and asked about the coming winter. 'Yes,' he was told, 'it is going to be one of the coldest winters ever.'

'How can you be so sure?' the chief asked.

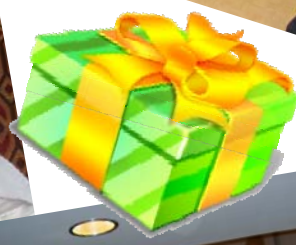
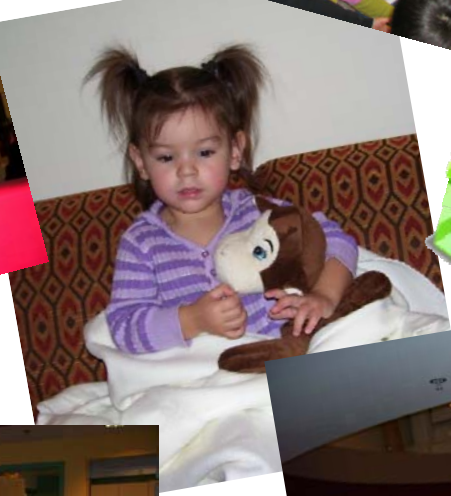
The weatherman replied: 'Because the Native's are collecting wood like crazy. P







Happy Holidays



## Party Potatoes

- 24 oz. frozen hash brown potatoes (cubes, not shredded)
- 1 stick of butter
- 1 small onion chopped
- 16 oz. sour cream
- 1 can cream of chicken soup
- 1 cup grated cheddar cheese
- 1 bag potato chips, crumbled

Melt butter in a large pan. Sauté onions for a few minutes. Turn off heat. Mix rest of ingredients in pan, except potato chips. Stir well. Put into casserole pan and top with potato chips.

Bake for 1 hour at 350° F.

B V P G E N S V C C H G U O Y  
 V E N C N M E X Y H I D I A N  
 J L C F I A I B Q O J Z S S S  
 J D U N N D R T E Z D S A H D  
 A E L L A Y N E M B C T M W I  
 B R T T U D H I M A I X O F D  
 F S U S P A A Y Y O E R H A J  
 X B R C Q I R R F U O R T Q E  
 J O E Y H M F U R Q H B D X R  
 R Q H N O I T I D A R T L L I  
 I N D I G E N O U S G E O Q D  
 S G N I T N I A P Z T N R Y O  
 W X G L A N I G I R O B A K O  
 A A E E R O B O R R O C H B I  
 R X J G F Y S J P M W Q P O P

### Work Search

- ABORIGINAL
- BANGARRADANCE
- BOOMERANG
- CORROBOREE
- CULTURE
- DIDJERIDOO
- DREAMTIME
- ELDERS
- HAROLDTHOMAS
- INDIGENOUS
- PAINTINGS
- TRADITION
- TRIBE

### INGREDIENTS

- 1 cup butter, softened
- 1 1/2 cups all-purpose flour
- 1/2 cup confectioners' sugar
- 1/4 cup red maraschino cherries, quartered
- 1/4 cup green maraschino cherries, quartered

## “Whipped Shortbread”



### DIRECTIONS

Preheat oven to 350 degrees F (175 degrees C).  
 In a large bowl, combine butter, flour, and confectioners' sugar. With an electric mixer, beat for 10 minutes, until light and fluffy. Spoon onto cookie sheets, spacing cookies 2 inches apart. Place a piece of maraschino cherry onto the middle of each cookie, alternating between red and green.  
 Bake for 15 to 17 minutes in the preheated oven, or until the bottoms of the cookies are lightly browned. Remove from oven, and let cool on cookie sheet for 5 minutes, then transfer cookies on to wire rack to cool. Store in an airtight container, separating each layer with waxed paper.



## Volunteer Ballot

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Elder's Gathering

Pow wow

Upcoming Events

If you would like to volunteer for any of the events please fill out the ballot and drop it off at the reception desk.

