College of Rehabilitation Sciences

Physical Therapy - Undergraduate Research Opportunity

Name: Dr. Joanne Parsons
Phone: 204-787-1019
Email: Joanne.Parsons@umanitoba.ca
Website: http://umanitoba.ca/rehabsciences/parsons.html

Research Description: Broadly, I’m interested in the prevention of injury and the promotion of health. I investigate the ways we can use exercise-based programs, especially ones which include resistance training, to prevent sports injuries in athletes, but also to build and maintain health in the general population. I have a particular interest in working with youth populations, as intervention programs are often more effective the earlier they are introduced. As an undergraduate student working with me, you’ll have the opportunity to acquire a wide range of research-related skills and knowledge related to a project I’m currently doing looking at muscle power asymmetry in university athletes, and the factors which lead to asymmetry.