



**University  
of Manitoba**

# Participants Needed for a Research Study

## Non-Suicidal Self-Injury Among Youth: Perspectives of Youth who Self-Harm, Their Families & Service Providers



### WHAT IS THE STUDY ABOUT?

- We want to learn about what it is like to live with and manage self-harming behaviours.

### WHO CAN PARTICIPATE?

- Young people with a history of self-harm (14-24 years old) and their families.

### WHAT CAN YOU EXPECT?

- Young people will participate in two interview sessions. Youth will also have the option of participating in a body mapping session.
- Family members will also participate in an interview session.
- All parts of this study are completely voluntary. Your identity will be kept confidential. Participants will receive an honorarium in appreciation of their participation.

**This study has been approved by the University of Manitoba's Health Research Ethics Board.**

### Principal Researcher:

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**To participate or to find out more:**

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