



UNIVERSITY
OF MANITOBA



Hôpital St-Boniface Hospital
RECHERCHE • RESEARCH



VOLUNTEERS NEEDED

Omega-3 Study

We are looking for

Pre-menopausal females who are:

- Between the ages of 20 and 55;
- Above normal weight for their height;
- Do not have a chronic disease;

What is the study about?

This study is investigating the effects of omega-3 fats from flax oil and fish oil on special fat metabolites in the blood and on markers of inflammation.

Where?

Asper Clinical Research Institute at St. Boniface Hospital

What do I have to do?

- ✓ Consume capsules containing flax or fish oil for two 4-week phases.
- ✓ Attend 3 clinic visits during each 4-week phase.

How do I get involved?

To find out more about this study, please call or email us at:

Phone: 204-258-1206 • Email: studyinfo@sbrc.ca

You will receive an honorarium for your participation.