

# HEARTLAND INTERNATIONAL TRAVEL & TOURS

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AFFILIATED WITH THE CONTINENTAL TRAVEL GROUP

## Canadian Nutrition Congress

Thursday June 21, 2007

### Oak Hammock Marsh Evening Tour:

6:00 pm Depart Winnipeg Convention Centre  
6:45 pm Arrive Oak Hammock Marsh  
9:15 pm Depart Oak Hammock Marsh  
10:00 pm Arrive at Winnipeg Convention Centre



Voted **Canada's Best Outdoor Site** awarded by Attractions Canada.

British Airways **Tourism for Tomorrow Awards** selected Oak Hammock Marsh Interpretive Centre the **2002 global winner in the Environmental Experience category**.

A birder's paradise set in a reclaimed 36-square kilometer marsh and tall-grass prairie setting, Oak Hammock Marsh provides home for more than **295 species of birds** and **thousands of species** of mammals, insects, amphibians and reptiles.

You will start in the Interpretive Centre with a 5-minute **introductory film**, then a 45-minute guided **tour of the exhibits**, followed by a 45-minute **guided canoe tour** outdoors to see area wildlife. There will also be time to visit the Marsh Gift Shop.

- Tour includes:**
- Transportation by deluxe highway motor coach
  - Entrance fee to Oak Hammock Marsh Interpretive Centre
  - Introduction film, 45-minute guided tour of the exhibits and 45-minute guided tour outside in the canoes.
  - Tour escort throughout

**Tour price:** \$49.00 + GST per person based on a minimum of 20 paying participants.