

**VISITING TEAM MEDICAL HANDBOOK**

**2007 CAN WEST TRACK AND FIELD  
CHAMPIONSHIPS  
FEBRUARY 23 AND 24, 2007  
MAX BELL FIELDHOUSE**

# UNIVERSITY OF MANITOBA ATHLETIC THERAPY SERVICES REQUEST FORM

Please fill out this form and fax to the following number. We request **one full week** advance notice to ensure staffing availability.

Tracey Nyczai  
 Director – Athletic Therapy Centre  
 University of Manitoba  
 Fax: 204-474-7680  
 Winnipeg, Manitoba  
 Phone: 204-474-6956

**Please check all boxes that apply and provide specific dates and times.**

<u>SERVICES REQUIRED</u>	<u>DATES &amp; TIMES REQUIRED</u>	<u># ATHLETES REQUIRING SERVICES</u>
1. Clinical Treatment <input type="checkbox"/> (provided by team therapist)	_____ _____ _____	_____ _____
2. Clinical Treatment <input type="checkbox"/> (provided by host therapist)	_____ _____ _____	_____ _____
<b>NB: A Physician or therapist referral is required prior to receiving any treatment in the clinic by host therapist.</b>		
3. Game Therapist <input type="checkbox"/>	_____ _____ _____	_____ _____
4. Practise Therapist <input type="checkbox"/>	_____ _____ _____	_____ _____
5. Pre-Game Tape/Wrap <input type="checkbox"/>	_____ _____ _____	_____ _____
5. Pre-Practise Tape/Wrap <input type="checkbox"/>	_____ _____ _____	_____ _____

- Yes, we will bring our own supplies/kit
- No, we will not bring our own supplies/kit (please invoice us for any supplies used)

**2007 CAN WEST TRACK AND FIELD CHAMPIONSHIPS**  
**FEBRUARY 23 AND 24, 2007**  
**UNIVERSITY OF MANITOBA**  
**MAX BELL FIELDHOUSE**

**ATTENTION ALL VISITING TEAMS:**

The University of Manitoba is happy to be hosting the 2007 Track and Field Can West Championships. As the Medical Director for this competition, I would like to inform you of the medical services available to you during this time.

The Medical Director or Certified Athletic Therapist Designate will be on staff at all times to assist with every aspect of the medical services. On site in the fieldhouse will be a number of Athletic Therapy Certification Candidates designated by red shirts with "Athletic Therapy" on the back. Medical staff will have walkie-talkies for communication purposes. A first aid area will be set up in the Northwest corner of the fieldhouse. Maps to various medical facilities will be circulated when you arrive (hospital, Sports Medicine Facility, Campus map).

If you are unable to provide your own therapist for your team, we will be happy to provide an Athletic Therapy Certification Candidate for your team. There is a \$10.00/hour fee for this service. We require at least one-week advance notice to ensure staffing availability. There will be a cost recovery fee applied for any University of Manitoba supplies used, so please provide your own kit. Please ensure all medical information (including provincial health numbers) are sent with all traveling athletes.

The University of Manitoba will provide ice, towels, water, cups, crutches and emergency first aid equipment as required at no charge.

I have enclosed a copy of our Emergency protocol. Please read it carefully and bring it with you to the competition along with the phone list. A University of Manitoba host medical staff will review it with your team representative prior to the event. Athletic Therapy personnel will be on hand to assist with emergency situations and summoning an ambulance if required. Non-emergency transport will be the responsibility of the visiting team.

Should a member of your team require treatment in our clinic, access will be provided to Certified Athletic Therapists and/or Physiotherapists and/or Massage Therapists and/or Chiropractors. Please provide one-week advance notice when possible so that we may reserve clinic space for you (space is very limited during the week). If you wish to have one of our Certified Athletic Therapists provide clinical treatment we will require a physician or therapist referral and previous treatment regime. When possible, please give one-week advance notice to ensure staffing availability. Clinic hours are Monday through Friday from 8:00am to 6:00pm. Please fill out the enclosed Request for Services Form and return to me prior to your arrival. If you will be treating athletes in our clinic, you must sign the waiver of responsibility and send it back with the Request for Services Form.

We look forward to your arrival. Please do not hesitate to contact us with any questions.

Sincerely,

Tracey Nyczai, C.A.T. (C)  
Director  
University of Manitoba  
Athletic Therapy Centre  
(204) 474-6491

**UNIVERSITY OF MANITOBA  
MEDICAL SERVICES  
PHONE LIST**

Athletic Therapy Centre	474-6956
Tracey Nyczai – Director	474-6491 952-8606 (cell)
Athletic Therapists Jim Norris Jeff Billeck Byron Bahniuk	474-6956
University Health Services	474-8411
Campus Security Non-emergency Emergency only (24 hours)	474-9312 555 (from any <b>U of M</b> phone) 474-9341 (from any phone)
Coleen Dufresne – Athletic Director	474-9509
Victoria General Hospital	477-3148
Pan Am Sports Medicine Centre	952-1550

## **MODALITIES/EQUIPMENT AVAILABLE FOR CLINICAL TREATMENTS**

Ultrasound

Interferential

Muscle Stimulation

Paraffin Wax

Cryocuff Compression Devices (knee, ankle)

Thumper

Hot Hydrocollator Packs

Ice

Hot and Cold Hydrotherapy

Orthotron

Theraballs

Profitter

Treadmill/Monark bikes

Free Weights

Rack Pulley Weight System

Wobbleboards etc.

\*All of this equipment is available within the Athletic Therapy Centre located on the 2<sup>nd</sup> floor of the Investors Group Athletic Centre. Advance request for access to the clinic and/or the therapists must be via the Request for Services Form to ensure availability.

**EMERGENCY PROTOCOL  
2007 CAN WEST TRACK AND FIELD CHAMPIONSHIPS  
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**EMERGENCY EQUIPMENT ON SITE:**

Spine board with head piece  
Crutches  
Speed Splints  
Adjustable stiff neck collars  
CPR masks  
Oropharyngeal airways  
V-Vac  
Ambubag  
Fully stocked medical kit

**EMERGENCY PHONE ACCESS:**

Host medical staff will summon an ambulance if needed via Campus Police. If for some reason you must call for an ambulance yourself, please use one of the options below (in order of acceptable use) as these allow campus police to direct the ambulance to the site. If these options are unavailable, then dial 911 directly and immediately inform the Customer Service Desk to call Campus Police to direct them in.

1. Have Customer Service Desk call Campus Police for an ambulance.
2. Press Red button on any campus payphone (located beside Customer Service Desk in Max Bell lobby).

**AMBULANCE ACCESS TO FIELDHOUSE:**

The ambulance will enter via the garage doors at the Northeast end of the fieldhouse. Campus Police will direct the ambulance to the site (unless someone has called 911 directly – only if the other options are not available). Host medical staff will meet the ambulance at this location and direct them to the injured athlete. If 911 has been called directly, caller must instruct ambulance to this entrance.

**PROTOCOL:**

In the case of an emergency, host medical staff will assist (within their capabilities) as instructed by the injured athlete's medical staff. NB. If team medical is not available, host medical will take charge of the situation and incorporate team medical once they arrive on site. Host medical staff will summon and direct ambulance to the injured athlete as well as take charge of crowd control. Any emergency equipment required to treat the injured athlete will be supplied by host medical as needed (see list of on site equipment). Visiting medical staff should familiarize themselves with our emergency equipment prior to the event and ask for assistance at this time if necessary. Our staff will review emergency protocol prior to the competition, however visiting medical staff should familiarize themselves with our staff, equipment and facilities upon arrival at the Max Bell Fieldhouse.

If you have any questions regarding this protocol, please contact me at (204) 474-6956 or email at [nyczaitl@ms.umanitoba.ca](mailto:nyczaitl@ms.umanitoba.ca)

Tracey Nyczai, C.A.T. (C)  
Director  
University of Manitoba  
Athletic Therapy Centre

**WAIVER OF RESPONSIBILITY**

I hereby release and discharge The University of Manitoba, The Faculty of Physical Education and Recreation Studies, The Athletic Therapy Centre, and the employees of the aforementioned (The “University”) from any and all claims, and demands by myself, and my heirs, executors, or assigns, for, upon, or by reason of any damage, loss, or injury to my person, property, or to my patients which may be sustained as a consequence of my use of the clinic and it’s modalities and equipment or through the negligence or act of omission of the university in these facilities. I UNDERSTAND THAT I AM USING THESE FACILITIES AT MY OWN RISK. REFUSAL TO SIGN WILL RESULT IN ACCESS BEING DENIED.

\_\_\_\_\_  
(Print name and designation-AT/PT/MT/D/C)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature)

