NEW STUDENT GUIDE

New Student Orientation: August 28 & 29, 2019
Skills Blitz: August 30, 2019
STUDENT CHECKLIST

What should I do before orientation?

- Review this guide.
- Read the Student Email Policy.
- Purchase two name tags and two crests from the U of M Bookstore. Students are required to wear a name tag as identification for all clinical and lab courses. The crest must be sewn on the left arm of each uniform. Cost: $25. Allow three (3) weeks.
- Purchase a stethoscope. This is required for first day of practice and can be purchased at the U of M Bookstore or anywhere you choose. It must have a double bell. Cost: $105-$205.
- Purchase a blood pressure cuff. Cost: Approximately $40.00 at the Uof M Bookstore.

What should I do on orientation day(s)?

- Attend New Student Orientation - THIS IS MANDATORY!
  **When:** 0800-1600 on August 28 and 0830-1600 on August 29.
  **Where:** August 28 – Registration & Breakfast at Helen Glass Centre for Nursing; Orientation begins at 0900 hours
  August 29 – Robert Schultz Lecture Theatre, St. John’s College

- Bring your student card to Orientation. You must hand in your card on the first day of orientation at registration. It will be encoded and returned to you at the end of the day.

- Purchase two uniforms. Student must wear scrubs for all clinical experiences (simulation labs and clinical placements). A variety of scrub styles will be available for fitting and purchase at Orientation. Cost: $80-90 per set.
What else will I do?

- Attend a Skills Blitz in Room 470 HGC on August 30. Check your Orientation nametag to determine your section:
  - K01, K02, K03: 0900 - 1050
  - K04, K05, K06: 1100 - 1250
  - K07, K08: 1330 - 1520

- Read the letter in your student folder regarding NURS 2540 Nursing Practice 1. You will need to go to UM Learn to rank a clinical site request. This is time sensitive.

- Access UM Learn sites for your courses.

- Complete the Preparation for Professional Practice certifications as per the NURS 0500 Fall 2019 Syllabus. More information will be provided at Orientation.
GENERAL PROGRAM INFORMATION

What are the minimum credit hours I need?
You must complete a minimum of 3 credit hours of course work in the Fall Term or Winter Term of your admission year.

What is the minimum number of courses I need?
You are expected to register in at least one Nursing course during each consecutive Fall Term and Winter Term while you are in the program.

What is the minimum grade I need in my classes in order to pass?
You must obtain a minimum grade of “C” in each course in the program. In the College of Nursing, a final grade of “D” in any course is considered a failure and must be repeated.

What happens if I fail the same course twice?
A second failure in the same nursing course or a grade of “Fail” in any two clinical courses will mean that you will be Required to Withdraw from the program. If you are Required to Withdraw, you are ineligible for re-admission to the College of Nursing.

What are the expectations on clinical days?
You must be available from 0700 – 2300 hours during clinical days (i.e., do not schedule other classes or personal appointments on these days). You must meet the minimum number of hours in practice as required by the College of Registered Nurses of Manitoba.

Who do I talk to if I need a Confirmation of Program letter?
If you require a Confirmation of Program letter for employment, car purchase, or other, please contact:
Registrar’s Office
400 University Centre.
204-474-9420

What is Option in Aging?
Choosing the Option in Aging gives you the opportunity to expand your area of study into six Faculties and gain special expertise in age-related fields. For more information, review the Academic Calendar and the website at: http://umanitoba.ca/faculties/nursing/undergrad/option_aging.html. Consult a Student Advisor as you complete each Option in Aging course to ensure you meet the requirements of the option.

Where can I find more info?
Refer to the Academic Calendar for general program information:
http://crscalprod1.cc.umanitoba.ca/Catalog/ViewCatalog.aspx

umanitoba.ca/nursing
VOLUNTARY WITHDRAWAL

What if I’m considering withdrawing from a course?
If you are considering withdrawing from a course, please discuss this with a Student Advisor or the Nursing Registrar as this will significantly impact your program progression. Immediately inform the Course Leader when you withdraw.

How many voluntary withdrawals am I allowed?
You are allowed only one voluntary withdrawal per nursing course in the College of Nursing. If you withdraw a second time, you will be re-registered and will be responsible for course completion.

When does a withdrawal go on my student history?
Withdrawing from a course during the Registration Revision period is not counted as a voluntary withdrawal. Only courses for which a ‘VW’ code appears on the Student History are considered voluntary withdrawals.

STUDENT RESPONSIBILITIES

• Meeting academic and non-academic course requirements.

• Adhering to the policies, regulations and deadlines set out in the Academic Calendar. If you have any questions about any of these, please make an appointment to meet with a Student Advisor at 204-474-7452.

• Updating your contact information in Aurora Student, if you should move. If you change your name, you must fill out a Change of Name at the Registrar’s Office, 400 University Centre, and submit a copy to the College of Nursing.

• Making sure that you comply with degree program requirements and program regulations. Final completion of degree requirements is your responsibility.

ATTENTION BISON ATHLETES!

If you are a Bison athlete, please make an appointment with a Student Advisor as soon as you are admitted to discuss schedule options. It is your responsibility to contact the respective Course Leaders in Theory, Clinical and Skills Lab courses to inform them of your schedule so reasonable accommodations can be made.
UNIFORMS

The Nursing Students’ Association (“NSA”) will have a uniform fitting on Day 2 of New Student Orientation.

You must have a name tag and crest on your uniform.
A University of Manitoba, College of Nursing crest must be displayed on the left sleeve of every uniform worn in the clinical area, as well as a name tag, for student identification purposes. You will purchase crests and name tags at the University of Manitoba Bookstore in advance of Orientation.

Uniform colours, head-to-toe.
Uniforms must be navy blue, with white, wipe-able, non-mesh shoes.

What to wear under your uniform.
Sweaters, or long-sleeved under shirts are also permitted, and must be navy blue or white. These can be purchased anywhere you choose.

How many uniforms to buy.
You should purchase a minimum of two tops and two pants. Your uniform must be clean at the start of each clinical day, and you are scheduled for two consecutive clinical days per week.

Available uniform sizes.
Uniforms come in sizes XXS – 5XL and range in price from $80 - $90 per set, plus tax.
REGISTRATION HINTS FOR NEW NURSING STUDENTS

We never use your personal email address, only your U of M address.
Registration, timetable layouts, and cohort information will be emailed to your U of M email address, NOT your personal email address, prior to the initial registration period.

Cohort assignments dictate which courses you can register for.
You will be assigned to one of 8 cohorts. You will only be able to register in courses within your assigned cohort as a spot has been reserved for you.

Registration Time Tickets.
Registration Time Tickets are based on GPA. If your access time is incorrect or if you have any other registration issues, contact a Student Advisor at 204-474-7452 or at nursing@umanitoba.ca.

Always check Aurora Student.
As there are often last minute timetable changes, ALWAYS check Aurora Student for possible updates. The schedule in Aurora Student is final.

In your first term, you will register for:
1. NURS 0500 Preparation for Professional Practice
2. NURS 2500 Health and Illness 1: Pathophysiology/Pharmacology/Assessment
3. NURS 2510 Client and Context 1: Human Growth and Development
4. NURS 2518 Health and Illness 2: The Older Client
5. NURS 2520 Professional Foundations 1: Development of Professional Identity
6. NURS 2530 Nursing Skills 1
7. NURS 2540 Nursing Practice 1

Working as a Health Care Aide.
Once you have completed ALL of the courses in Year Two, you are qualified to work as a Health Care Aide in hospitals within the WRHA (Winnipeg Regional Health Authority). For more information regarding this program, visit http://www.wrha.mb.ca/extranet/nursing/students-hca.php.
STUDENT SERVICES

Student Advisors are available to you for consultation.

Appointments are:
* Available in person and over the phone, and
* 30 minutes in length between the hours of 0900-1500, Monday to Friday.

You may call (204) 474-7452, or toll free at 1-800-432-1960 (Manitoba) or 1-888-216-7011 (Canada), to make an appointment.

What do Student Advisors do?
* They advise and oversee the admission and registration of students in the Nursing program.
* They answer course/program planning questions.
* They provide advice regarding College, Faculty, and University policies, procedures and regulations.
* They assist with registration issues and program completion questions.

Student Advisors are NOT responsible for notifying you if you have outstanding degree requirements.
TIPS FOR STUDENTS FROM STUDENTS

1. **Check your U of M email every day.** Your Instructors, Profs, Registration Consultant, CEF, and NSA class reps communicate regularly via email. You will miss important information otherwise.

2. **Don’t sell your textbooks right away!** It is tempting to sell your textbooks ASAP, but you will find yourself referring back to your older textbooks throughout your nursing education.

3. **Join Mentorship!** Having a mentor is a great support to help you get through your first year!

4. **Exams are VERY different!** Different from your exams in University 1 and very different from each course in the College of Nursing. Remember to read the syllabus and study those objectives!

5. **Study hard!** You’ll be gaining new knowledge and skills every day. Preparation will enhance your learning!

6. **Patient Care: Empathy, love, and kindness.** This is what your patient care is centered around. When you find yourself feeling overwhelmed on how to care for your patients, take a deep breath and remember to care for them as you would like to be cared for.

7. **Clinical is way more enjoyable when you are comfortable!** Choose wipe-able, comfortable shoes, and definitely get a few pairs of compression stockings. Your feet and legs will thank you!

8. **No matter what, always remember why you wanted to be a nurse.**
TIPS FOR STUDENTS FROM FACULTY

1. **Come to class!** Arrive early as it is disruptive to everyone in the class when students walk in late. Contact your Course Leaders if you will be delayed or miss class. Attendance in class, skills labs and clinical practice is MANDATORY.

2. **Turn your cell phone off during class/clinical practice.** You can check your messages on break or lunch.

3. **Remember for each hour of class time, you are required to study at least 2 hours.** Study with a “buddy” or create small study groups to help get through the material, and bring you closer to your fellow students.

4. **Clinical practice** (i.e., hospitals, agencies, nursing homes) requires students to be knowledgeable about their patients and AWAKE while providing patient care. Make sure you get a good night’s sleep and have breakfast before going to clinical.

5. **Everyone coming to the College of Nursing is an adult.** Faculty respect your privacy and will NEVER discuss your academic program with your parents or family.

6. **Your Course Leaders and Professors care about your progress.** If you are going through a difficult time in your life, please talk to your Course Leaders and/or a Student Advisor about your concerns. They will direct you to supports that are available in the College, as well as within the University of Manitoba.