



PRIMARY CARE SPORT & EXERCISE MEDICINE FELLOWSHIP

2012 - 2013

The University of Manitoba Primary Care Sport & Exercise Medicine Fellowship program is a comprehensive training opportunity in sport and musculoskeletal medicine for the postgraduate Family Medicine Resident or practicing Family Physician. The field of sports medicine is no longer exclusively concerned with the care of athletes, but now encompasses disciplines such as exercise physiology, women's health, health promotion and prevention issues, orthopaedic bracing, event coverage, biomechanics, geriatrics, paediatrics, internal medicine, nutrition, and psychology. The need for a multi/interdisciplinary approach to sports medicine is apparent.

Family physicians are well suited for the practice of sport and exercise medicine due to their primary care background and their commitment to the promotion of health and prevention of disease. However, the knowledge and comfort level in treating common musculoskeletal problems are not always adequate.

The skills of sport and musculoskeletal medicine are in demand due to the increasing medical importance of exercise through ones lifecycle, maintenance of ones quality of life and for musculoskeletal patient services. Sport and musculoskeletal medicine training will provide relevant management, patient centered strategies to deal with current concerns in childhood and adult obesity, the aging population with their growing epidemic of arthritis and the need for non-surgical management of musculoskeletal problems.

This program will incorporate optimal practices for musculoskeletal and sports medicine in clinical, educational and research settings.

Candidate Application Criteria:

- Currently registered and in good standing with CPSM
- Successfully completed or completing Family Medicine 2 year curriculum program or equivalent
- CCFP certification preferred but not mandatory at time of application

Week at a Glance:

- 2 - 2.5 days per week in a Primary Care Sport Medicine clinic setting (Pan Am Sports Medicine Clinic, Primary Care Innovations Clinic) for continuity of care
- 0.5 day per week in acute care management at the Pan Am Minor Injury Clinic & the Pan Am Minor Injury Clinic for Kids
- Academic ½ days in applicable Emergency Medicine topics (approximately 5-10 sessions)
- 2 days per week in core rotations

Year at a Glance – Core Rotations: (1 Block = 4 Weeks, Total of 13 Blocks = 52 Weeks)

- Orthopaedics (2 blocks)
- Paediatrics and Paediatric Orthopaedics (1.5 blocks)
- Pain Clinic (1 block)
- Physical Rehab Medicine (1 block)
- Imaging (1.5 blocks)
- Sport Nutrition, Sport Psychology, Exercise Physiology (1 block)
- Rheumatology (0.5 block)
- Women's Health (1 block)
- Primary Care Sports Medicine (ongoing)
- Geriatrics (0.5 block)
- Athletic Therapy/ Physiotherapy/ Sport Bracing and Casting (1 block)
- Research (ongoing)
- Spinal Surgery/ Spine Service Clinics (1 block with call)
- Vacation/ Research block (1 block total; taken 0.5 blocks concomitantly)

The application is considered complete when the candidate has successfully delivered the following:

1. Current Curriculum Vitae
2. Three letters of reference written no more than three months prior to the application deadline
3. Certificate of good standing from Family Medicine Program Director
4. Short Essay (maximum 1 page) outlining the Candidate's Objective and why he/she is the best candidate for the Fellowship year

Application Deadline – October 31, 2011

Interviews Scheduled – November 2011

Selection Confirmed – December 2, 2011

Start Date – July 1, 2012

Please forward CV and required supporting documents to:

Ms. Dana Peteleski

Pan Am Clinic Foundation

75 Poseidon Bay

Winnipeg, MB R3M 3E4

Questions regarding the Primary Care Sport & Exercise Medicine Fellowship should be directed to Dr. Swee Teo: steo@panamclinic.com