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# SPread Sheet

Volume 1, Issue 2, June 2005

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## FEEDBACK

Here's what people had to say about the first issue of the *SPread Sheet*:

- "What an awesome start! Great title, too. Way to go!" - **Linda Washington**, SP
- "Nice first effort for the newsletter! I'll definitely try and come up with some suggestions for making our newsletter even more fun, friendly, and informative." - **Nancy Gajdosik**, SP
- "Congratulations on your first issue!" - **Holly Harris**, SP Coordinator
- "Very nice newsletter. I like the use of SP in *SPread Sheet* and in *SPotlight* . . ."  
- **Dr. Gisèle Bourgeois-Law**, Associate Dean, Department of Medical Education
- "Thanks for sending it to me. I would think the SP's would be really pleased to be getting this."  
- **Dr. Emily Etcheverry**, Director, School of Medical Rehabilitation

Reader feedback on the first issue led us to increase the font size of this second issue for improved clarity. We want the quality of this newsletter to be constantly improving, so if you have any other questions, comments, concerns, suggestions, or feedback on this issue, we'd love to hear from you. E-mail us at [Feedback](#) and you may see your response here!

## ALPHABET SOUP

Sometimes being an SP can be CAAGO because of all the lettered abbreviations that get slung around like NIBB. Sometimes even the coordinators can't keep track of them all! We thought we'd put them all together in one place to HATC. The first definition is what they officially stand for, the second is what they might SEEM to stand for, but don't really . . . we hope. (Footnote explanations are given at the end of the article.)

**CAPE** stands for **C**linicians' **A**ssessment and **P**rofessional **E**nhancement  
. . . NOT **C**ause for **A**nxiety and **P**alpitations in **E**veryone, contrary to popular opinion.

**CCE** stands for **C**omprehensive **C**linical **E**xamination  
. . . NOT **C**hecklists **C**an **E**xasperate, although they often do.

**CME** stands for **C**ontinuing **M**edical **E**ducation  
. . . NOT **C**ivil **M**anners **E**xpected, although you'd be surprised how far a simple "Please" or "Thank-you" will often get you.  
**(continued on page 2)**

**ALPHABET SOUP** (continued from page 1)

**CPA** stands for **C**omprehensive **P**atient **A**ssessment  
 . . . NOT a **C**ompletely **P**ainless **A**ppointment,  
 although there are some we'd  
 sure like to be.

**CTA** stands for **C**linical **T**eaching **A**ssociate  
 . . . NOT **C**onfidentiality  
**T**otally **A**ssured, although it'd  
 better be!

**IFFE** stands for **I**deas,  
**F**unction, **F**eelings,  
**E**xpectations  
 . . . NOT **I**nescapable **F**orms  
**F**or **E**verything - even though  
 there are.

**MCCQE, Part II** stands for  
**M**edical **C**ouncil of **C**anada  
**Q**ualifying **E**xamination  
 . . . NOT the sequel to  
**M**uzzling **C**andidates **C**reates  
**Q**uiet **E**nvironment - although  
 it's tempting sometimes.

**MURTA** stands for **M**ale  
**U**rological and **R**ectal **T**eaching  
**A**ssociate  
 . . . NOT- ah, forget it. That  
 one's enough all by itself.

**OSCE** stands for **O**bjective  
**S**tructured **C**linical  
**E**xamination  
 . . . NOT **O**bviously **S**omething  
**C**ompletely **E**asy. 'cause it

never is - for the SP's, the  
 coordinators . . . or the  
 students!

**OT** stands for **O**ccupational  
**T**herapy  
 . . . NOT **O**ver **T**ime . . . sorry.

**PGME** stands for **P**ostgraduate  
**M**edical **E**ducation  
 . . . NOT **P**atients **G**et **M**ad  
**E**asily - only when they're  
 trained to do so.

**PT** stands for **P**hysical **T**herapy  
 . . . NOT **P**art **T**ime, even  
 though we all are.

**RCA** stands for **R**egistered  
**C**linical **A**ssistants  
 . . . NOT a **R**eal **C**ause for **A**larm  
 - but try telling that to the  
 candidates!

**SC** stands for **S**tandardized  
**C**lient  
 . . . NOT **S**oaring **C**osts, which is  
 always a concern around budget  
 time.

**SMR** stands for **S**chool of **M**edical  
**R**ehabilitation  
 . . . NOT **S**end **M**e **R**oses - but  
 no occasion is the best one of  
 all.

**SOAP** stands for **S**ubjective,  
**O**bjective, **A**ssessment, and **P**lan  
 . . . NOT **S**omething **O**dd **A**bout  
**P**atient, although both should

probably be written down  
 anyway.

**SP** stands for **S**tandardized  
**P**atient  
 . . . NOT a **S**killful **P**retender,  
 although there's definitely a  
 case to be made.

**SPP** stands for **S**tandardized  
**P**atient **P**rogram  
 . . . NOT **S**tupid **P**arking  
**P**roblems, although it seems we  
 can't have one without the  
 other.

**TIPS** stands for **T**eaching  
**I**mprovement **P**roject **S**ystems  
 . . . NOT **T**ime **I**nvested **P**honing  
**SP**'s, although there is certainly  
 a lot of that.

**UGME** stands for **U**ndergraduate  
**M**edical **E**ducation  
 . . . NOT **U**vulas **G**et **M**e  
**E**xcited. There's **G**OT to be a  
 better reason to get into  
 medicine than to find out the  
 name of that dangly thing at the  
 back of your throat.

*Footnotes from page one:*  
**S**tandardized **P**atient  
**C**onfusing **A**s **A**ll **G**et **O**ut  
**N**oodles **I**n a **B**owl of **B**roth  
**H**elp **A**lleviate **T**he **C**onfusion  
**S**omething **E**lse **E**ntirely **M**eant

**SPOTLIGHT ON . . .**



**Ingrid Toews** has worked for the Faculty of Medicine for the past 5 years. She was formerly the Communication Skills Curriculum Facilitator for the Faculty of Medicine, and over this last year she also served as Supervisor to the SP Coordinators. Currently, she is the post-licensure Communication Skills Coordinator.

Ingrid utilizes Standardized Patients' scorings and comments to evaluate the communication skills of CAPE exam candidates, along with periodically viewing videotapes of the candidates' performance. She also

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## SPOTLIGHT ON . . . (continued from page 2)

assists with training Standardized Patients on how to assess CAPE exam candidates' communication skills.

Ingrid also provides remediation programs for Physicians referred by the College of Physicians and Surgeons. Standardized Patients contribute greatly to these programs by playing challenging roles and providing valuable feedback to the physicians.

Before working in Medicine, Ingrid was a Counseling Psychologist, teaching and providing therapy. Her goal in her current role is to develop and implement programs which help residents and physicians identify challenges in the doctor- patient relationship and work towards strengthening communication skills.

Her hobbies and interests include playing the piano and practicing Yoga. She is a performing jazz musician, playing piano with the Urban Jazz Trio. She also teaches a traditional form of Yoga. She is passionate about animals, and enjoys spending time with her dog and cat.

Over the years, Ingrid has immensely enjoyed working with the Standardized Patients. Their enthusiasm, dedication, and valuable skills have contributed greatly to the training of students, residents, and physicians within the programs Ingrid has administered.

## BY THE WAY

- \* If any of your personal information — address, phone number, e-mail, etc. — has changed in the last twelve months, please be sure to forward your current information to our Office Assistant, Brenda Yi Feng, by phone at **480-1308** or by e-mail [feng@cc.umanitoba.ca](mailto:feng@cc.umanitoba.ca)
- \* There are no Upcoming Sessions scheduled for the rest of June, or for July and August, but please be sure to return any and all phone and e-mail messages from Coordinators promptly as they look to fill roles for the fall sessions. More details will follow in the September issue of the *SPread Sheet*.

## EVENT LISTINGS

### June 19 - [Manitoba Marathon](#)

Look for SP **Dan Savchuk** providing cycle security support for the runners through the [Manitoba Cyclists' Association](#)

### July 20 - 30 - [Winnipeg Fringe Theatre Festival](#)

SP **Steve Pennicook** and Coordinator **Tim Webster** perform with the [Crosseyed Rascals](#)

### August 6 - [CANDISC "Tour of Enchantment"](#)

Cycling Around North Dakota in Sakakawea Country, SP **Dan Savchuk** will cover 401 miles of hills, dales, highways and scenic roads in North Dakota

### August 14 - [Brandon Triathlon](#)

Savchuk family competes: Sarah runs, Adrianna swims and the old fella pushes the pedals for about 40 kilometers

To advertise your event in the next *SPread Sheet*, please forward the pertinent information by e-mail to [Event Listings](#) or by fax to **977-5682** no later than **August 31**. No phone calls, please. We will accept information about any and all events that occur *between* **September 16** and **December 16**. Listings are free, but placement cannot be guaranteed.

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## OPPORTUNITY KNOCKS

### \* Volunteers needed for Herpes Prevention Vaccine

Approximately one in five women in Canada is infected by the genital herpes virus. There is no cure, but researchers hope transmission of the virus can be stopped with a preventative vaccine. Dr. Fred Aoki seeks healthy women between the ages of 18 and 30 who have not had oral (cold sores) or genital herpes to test an investigational vaccine which has shown promise in smaller studies and is now undergoing the final stage of testing at sites nationwide. It is not possible to contract herpes from the vaccine. For more information, call Dr. Aoki's Research Clinic at **789-3480** between 9:00 am and 4:00 PM, Monday to Friday, or e-mail: [friesen3@cc.umanitoba.ca](mailto:friesen3@cc.umanitoba.ca), or click the following links:

[Clinical Trial Brochure](#)

[Understanding Herpes](#)

Both documents are in pdf format, so you will need Adobe Reader to view them. If you do not have Adobe Reader, click here:

[Get Adobe Reader](#)

If you know of an opportunity - i.e. job openings, auditions, volunteer positions, workshops, classes, etc. – that other SP's might want to know about, please forward the pertinent information by e-mail to [Opportunity Knocks](#) or by fax to **977-5682** no later than **August 31**. No phone calls, please. Listings are free, but placement cannot be guaranteed.

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## SUBMISSIONS

The *SPread Sheet* is your newsletter; if you'd like to contribute any articles, opinions, thoughts, trivia, anecdotes, pictures, or jokes for the next issue, please do so by e-mail to [Submissions](#) or by fax to **977-5682** no later than **August 31**. We do, however, reserve the right to edit any and all submissions for length and content. Submissions that are not included in one issue may be included in the next.

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## FUNNY BONE

Bobby the mechanic was removing some engine valves from a car on the lift when he spotted the famous heart surgeon, Dr. DeBakey, standing off to the side waiting for the service manager.

Bobby, somewhat of a loud mouth, shouted across the garage, "Hey, DeBakey! Is dat you? Come over here a minute!"

The famous surgeon, a bit surprised, walked over to where Bobby was working on a car. In a loud voice, Bobby argumentatively said, "So, Mr. Fancy-Schmancy Doctor, look at this work. I take the valves out, grind 'em, put in new parts, and when I finish, this baby will purr like a kitten. So how come you get the big bucks, when you and me are doing basically the same work?"

Bobby was very embarrassed as DeBakey softly replied, "Try doing your work with the engine running."