RECOMMENDED YEAR 1 COURSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>1XXX (W)</td>
<td>Written English Requirement (3)</td>
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<tr>
<td>STAT 1000</td>
<td>Basic Statistical Analysis 1 (3)</td>
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<tr>
<td>PSYC 1200</td>
<td>Introduction to Psychology (6)</td>
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<tr>
<td>BIOL 1000*</td>
<td>Biology: Foundations of Life (3) and</td>
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<tr>
<td>BIOL 1010*</td>
<td>Biology: Biological Diversity &amp; Interaction (3)</td>
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<td>BIOL 1020**</td>
<td>Biology 1: Principles and Themes (3) and</td>
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<tr>
<td>BIOL 1030**</td>
<td>Biology 2: Biological Diversity, Function &amp; Interaction (3)</td>
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<tr>
<td>PERS 1200</td>
<td>Physical Activity, Health and Wellness (3)</td>
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<td>PERS 1400</td>
<td>Concepts of Recreation and Leisure (3)</td>
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<td>PERS 1500</td>
<td>Foundations of Physical Education and</td>
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<td></td>
<td>Kinesiology (3)</td>
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<tr>
<td>Any XXXX</td>
<td>Elective course (3)</td>
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*BIOL 1000 and BIOL 1010 require a minimum grade of C+  
** BIOL 1020 and BIOL 1030 require a minimum grade of C  
Please Note: Combinations of these courses cannot be interchanged.

OUR ALUMNI

Our graduates have had success in finding employment in a variety of organizations. Here is a sample of some of the places our alumni have worked:

- National Volleyball Teams
- Winnipeg Goldeyes
- Winnipeg Blue Bombers
- Manitoba Moose
- Calgary Stampeders
- Pan Am Sports Medicine Centre
- Canadian Armed Forces
- Wellness Institute at Seven Oaks General Hospital
- Winnipeg Regional Health Authority
- University of Manitoba Athletic Therapy Centre
- And many private practices...

ADMISSION TO THE U OF M ATHLETIC THERAPY PROGRAM

Is based on:

- AGPA (adjusted grade point average on the most recent 24-30 post-secondary credit hours completed) - admission is competitive
- Valid Health Care Provider CPR and Standard First Aid Certification:  
  - Valid for the upcoming academic year
- Completion of the 6h Biology Requirement included in the post-secondary courses completed with minimum grades met

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Fax: 204-474-7634  
www.umanitoba.ca/kinrec
BECOMING A CERTIFIED ATHLETIC THERAPIST

In order to become a certified Athletic Therapist, CATA requires the following:

- Bachelor’s degree with a CATA approved curriculum
- 1200 Practicum internship hours (600 clinical and 600 field/team)
- First Responder Certification
- Completion of a comprehensive theory and oral / practical exam.

ATHLETIC THERAPY

The Scope of Practice of a Certified Athletic Therapist includes the prevention, immediate care, and reconditioning of musculoskeletal injuries. Prevention includes musculoskeletal and postural evaluation, equipment selection, fitting and repair, warm-up, conditioning programs, prophylactic or supportive taping, and adapting to the activity environment and facilities.

The provision of on-field immediate care of athletic injuries by a Certified Athletic Therapist includes: injury assessment, basic emergency life support, recognition and management of acute traumatic neurological dysfunction, provision of first aid, preparation for entrance into appropriate health care delivery systems, or, where appropriate, utilization of techniques facilitating a safe return to participation.

Certified Athletic Therapists assess musculoskeletal injuries and conditions, uses contemporary rehabilitative techniques, therapeutic modalities, soft tissue mobilization, physical reconditioning, and supportive strapping procedures to promote an environment conducive to optimal healing in preparing the individual for safe reintegration into an active lifestyle at home, work or play.

EMPLOYMENT

Once a student obtains their degree and certifications, opportunities abound in the Athletic Therapist profession. Here is a short list of some potential employers:

- Professional Sport Teams
- Amateur Sport Teams
- Privately Owned/Operated Clinics
- Multidisciplinary Clinics
- Educational Institution Clinics
- Rehabilitation Consultant Associations
- Strength & Conditioning
- Government or Public Organizations