

Bachelor of Kinesiology Athletic Therapy

OUR ALUMNI

Our graduates have had success in finding employment in a variety of organizations. Here is a sample of some of the places our alumni have worked:

National Volleyball Teams
Winnipeg Goldeyes
Winnipeg Blue Bombers
Manitoba Moose
Calgary Stampeders
Pan Am Sports Medicine Centre
Canadian Armed Forces
Wellness Institute at Seven Oaks General Hospital
Winnipeg Regional Health Authority
University of Manitoba Athletic Therapy Centre
And many private practices...



ADMISSION TO THE U OF M ATHLETIC THERAPY PROGRAM

Is based on:

- **AGPA** (adjusted grade point average on the most recent 24-30 post-secondary credit hours completed) - admission is competitive
- **Valid Health Care Provider CPR and Standard First Aid Certification:**
 - Valid for the upcoming academic year
- **Completion of the 6h Biology Requirement** included in the post-secondary courses completed with minimum grades met

RECOMMENDED YEAR 1 COURSES

1XXX (W)	Written English Requirement (3)
STAT 1000	Basic Statistical Analysis 1 (3)
PSYC 1200	Introduction to Psychology (6)
BIOL 1000*	Biology: Foundations of Life (3) <i>and</i>
BIOL 1010*	Biology: Biological Diversity & Interaction (3) <i>-OR-</i>
BIOL 1020**	Biology 1: Principles and Themes (3) <i>and</i>
BIOL 1030**	Biology 2: Biological Diversity, Function & Interaction (3)

PERS 1200	Physical Activity, Health and Wellness (3)
PERS 1400	Concepts of Recreation and Leisure (3)
PERS 1500	Foundations of Physical Education and Kinesiology (3)

Any XXXX	Elective course (3)

Faculty of Kinesiology and
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UNIVERSITY
OF MANITOBA

Faculty of
Kinesiology
and
Recreation Management

*BIOL 1000 and BIOL 1010 require a minimum grade of C+
** BIOL 1020 and BIOL 1030 require a minimum grade of C
Please Note: Combinations of these courses cannot be inter-
changed.

The Faculty of Kinesiology and Recreation Management at the University of Manitoba is one of only seven institutions across Canada that is accredited by the Canadian Athletic Therapists Association (CATA). We offer a four-year Bachelor of Kinesiology degree with an Athletic Therapy specialization that prepares students to become certified athletic therapists.

BECOMING A CERTIFIED ATHLETIC THERAPIST

In order to become a certified Athletic Therapist, CATA requires the following:

- Bachelor's degree with a CATA approved curriculum
- 1200 Practicum internship hours (600 clinical and 600 field/team)
- First Responder Certification
- Completion of a comprehensive theory and oral / practical exam.



ATHLETIC THERAPY

The Scope of Practice of a Certified Athletic Therapist includes the prevention, immediate care, and reconditioning of musculoskeletal injuries. Prevention includes musculoskeletal and postural evaluation, equipment selection, fitting and repair, warm-up, conditioning programs, prophylactic or supportive taping, and adapting to the activity environment and facilities.

The provision of on-field immediate care of athletic injuries by a Certified Athletic Therapist includes: injury assessment, basic emergency life support, recognition and management of acute traumatic neurological dysfunction, provision of first aid, preparation for entrance into appropriate health care delivery systems, or, where appropriate, utilization of techniques facilitating a safe return to participation.

Certified Athletic Therapists assess musculoskeletal injuries and conditions, uses contemporary rehabilitative techniques, therapeutic modalities, soft tissue mobilization, physical reconditioning, and supportive strapping procedures to promote an environment conducive to optimal healing in preparing the individual for safe reintegration into an active lifestyle at home, work or play.

EMPLOYMENT

Once a student obtains their degree and certifications, opportunities abound in the Athletic Therapist profession. Here is a short list of some potential employers:

- Professional Sport Teams
- Amateur Sport Teams
- Privately Owned/Operated Clinics
- Multidisciplinary Clinics
- Educational Institution Clinics
- Rehabilitation Consultant Associations
- Strength & Conditioning
- Government or Public Organizations

