



Health, Leisure & Human Performance RESEARCH INSTITUTE



UNIVERSITY
OF MANITOBA

MESSAGE FROM THE DIRECTOR

SINCE THE LAST EDITION OF OUR NEWSLETTER (FALL/WINTER 2010), things have been humming. We are hiring new staff, our existing researchers have been very successful in completing research studies and attracting research funding, and we have several new graduate students admitted for Fall 2011. Our esteemed Director, Dr. Phillip Gardiner, is on a well deserved six-month research leave and I have been the Acting Director, trying to keep the ship afloat in Phil's absence.

A great research institute is built on its staff and students. Our complement of excellent researchers is growing quickly. We were thrilled to welcome Dr. Cheryl Glazebrook (from McMaster University) to her new office on January 1, 2011. She has begun creating her new *Perceptual Motor Behaviour Laboratory*. On July 1, 2011, we will be welcoming two new research professors, Drs. Moss E. Norman (Concordia University) and LeAnne Petherick (Memorial University). As we have noted previously, Dr. Amanda Johnson (University of Waterloo) will be joining us next January 1, 2012. That's not all folks – the faculty is also in the process of hiring two more research professors in the areas of exercise physiology and exercise psychology; we expect them to start sometime in the summer/fall of 2011. We were also pleased to welcome Val Myers as our new office assistant in the Institute's front office.

With this explosion of research staff has come an increase in the number of graduate students and the need for space. The faculty's graduate program recommended 15 new applicants for Fall 2011. A new, dedicated graduate student laboratory/study space has also been allocated in the Frank Kennedy Building and will soon undergo the necessary renovations.

Our research professors have also been bringing in the dough... research funding, that is! Congratulations are in order for Dr. Leisha Strachan, who has become our Faculty's latest nationally funded scholar. She has received a research grant for \$27,500 from the Social Sciences and Humanities Research Council (SSHRC). Drs. Strachan and Adrienne Leslie-Toogood (Canadian Sport Centre) have also received a grant from Sport Canada for \$14,600 to work on a cognitive development component of the Long Term Athlete Development Model.

Dr. Giesbrecht (at right), with Dr. Robert Ross, Director of the Centre for Obesity Research and Education (CORE), at the HLHPRI Seminar Series on May 18, 2011.



Drs. Strachan and Elizabeth Ready have also been awarded a grant from the Public Health Agency of Canada (PHAC) for a new research program, "Evidence-based kernels to promote healthy diet, activity, and weight in children from birth through age 12 at a population level: The Lifestyle Triple P - Positive Parenting Program." The project is funded by PHAC and approved for Phase One for a period of 12 months in the amount of \$211,646.60. Drs. Strachan and Ready are part of a team led by Drs. John Walker and Steven Feldgaier, Department of Clinical Health Psychology, Faculty of Medicine. In total there are 15 participants from a variety of U of M Faculties (Nursing, Social Work, Community Health Sciences, Human Ecology, Medicine) and government (Healthy Child Manitoba).

Drs. Jon McGavock and Joannie Halas have received \$151,000 in funding from PHAC for the first year of their project "Getting Better Together: Application of peer-based models for achieving healthy weights in Northern Aboriginal Communities." This is truly an exciting and worthy project.

Dr. Todd Duhamel has just received another grant – this time an operating grant from CIHR which provides funding of \$400,000 for the next four years for work on cardiovascular health. Finally, yours truly (Dr. Gordon Giesbrecht) has also been awarded a five-year \$135,000 Discovery Grant from the Natural Sciences and Engineering Research Council to continue our work on thermoregulation and control of voluntary and involuntary muscle activity. Internal University of Manitoba grants have also been recently awarded to Drs. Sarah Teetzel (UM/SSHRC International Travel Grants Program) and Leisha Strachan (Internal SSHRC Grant).

Finally, the Institute is working on three new initiatives: 1) We will have our first Graduate Student Research Day in Fall 2011; 2) we recently implemented an Integrated Research Initiative in an effort to mesh research expertise from our research professors and our 'faculty providers,' who include staff from our Active Living, Bison Sport and Athletic Therapy areas; and, 3) we are working on a process to change the name of the Institute to a shorter, more memorable and more brandable name to assist our constituents in recognizing the work of the researchers. We hope to make progress on all three areas in the near future. These are certainly exciting times!

Dr. Gordon Giesbrecht
Acting Director, Health, Leisure & Human
Performance Research Institute

NEW ARRIVALS

Please join us in welcoming the newest members of the Health, Leisure & Human Performance Research Institute!



Dr. LeAnne Petherick
Assistant Professor
Faculty of Kinesiology and Recreation Management

Dr. Petherick comes to us from the School of Human Kinetics and Recreation, at Memorial University in Newfoundland. Her teaching and research focuses on the critical cultural analysis of youth, physical activity and health. Her recent research explores how power relations in sport and physical education produce dominant ideas about bodies and health practice. With research interests spanning human rights issues related to children's involvement in sport, Aboriginal community/sport initiatives, girls and women's health, and policy development, Dr. Petherick is interested in the health messaging associated with the sport participation, physical activity and exercise and physical education curricula. Her work with the Body Image Network of Newfoundland and Labrador helped to develop a health-based curricula for Grade 2 and 4 teachers and students in Newfoundland and Labrador to promote body shape and size diversity among elementary students. The Public Health Agency of Canada funded an evaluation of the implementation of the resource. As well, her interests in advocacy led her to a community-based initiative and the co-founding of a girls' learn-to-run club within the School of Human Kinetics and Recreation, Girls Into Running For Life (G.I.R.L.'s Run club) to support physical activity opportunities for girls aged 11-14. Connecting university-aged mentors in a fun-based physical activity club brought together girls and young women in a participatory-focused, healthy living based program. Her doctoral degree is from the Faculty of Physical Education and Health at the University of Toronto.



Valerie Myers
Office Assistant
Health, Leisure & Human Performance Research Institute

Val's experience prior to the University was that of Executive Assistant to a Brigadier General Reserves at Air Command Headquarters. She began her career at the U of M in 2003 with casual pool as a Confidential Secretary in both Budgets and Grants, and later in Administration. In 2003, she took a permanent position at the School of Art. She enjoyed being part of the art world, assisting the students, and working reception and a variety of clerical responsibilities. After eight years, however, she felt a change was in order, so she accepted a position with the HLHP Research Institute.



Dr. Moss E. Norman
Assistant Professor
Faculty of Kinesiology and Recreation Management

Dr. Norman is currently a postdoctoral fellow with the Simone de Beauvoir Institute for Women Studies at Concordia University. There he is working alongside Dr. Genevieve Rail on her SSHRC-funded grant exploring how diverse groups of women take up, understand, and experience their bodies in relation to dominant health messaging, particularly obesity-related health messaging. Previously, Moss was a postdoctoral fellow with a SSHRC funded Community-University Research for Recovery Alliance (CURRA) at Memorial University, where he examined the quality of work and recreation experiences of rural Newfoundland youth. His research interests include the body, health, sport and physical activity, recreation and leisure, rurality, children and youth, and disability. In his research, he utilizes a feminist-informed poststructural methodology.

CONVERSATIONS IN MOTION

On May 3, 2011, the Health, Leisure & Human Performance Research Institute partnered with Winnipeg *in motion*, the City of Winnipeg, the Canadian Mental Health Association and the Canadian Cancer Society (Manitoba Division) to host **Conversations in motion**, the first in a series of knowledge-sharing events for professionals and researchers.

The event – entitled **Linking Physical Activity & Positive Mental Health: Sharing the Evidence** – provided attendees with an opportunity to learn about research involving the reciprocal benefits of physical activity and positive mental health, and to share in the discussion of how this knowledge can be applied in everyday practice.

Featured presenters included Dr. Kelly Arbour-Nicotopoulos (Postdoctoral Fellow, University of Toronto), Dr. Todd Duhamel (HLHPRI Affiliate and Assistant Professor, University of Manitoba), Dr. George Kaoukis (Clinical Psychologist, St. Boniface General Hospital), and a panel of presenters from Centre de Sante, including a physician, physical activity coach, dietician, social worker and researcher. The second event in the series is scheduled for Fall 2011. Click [here](#) to see presentations and resources from the event; a full report will be posted soon.



AWARDS AND ACHIEVEMENTS

Student Travel Awards

2010-11

Jill Hnatiuk: 2010 Canadian Society for Exercise Physiology Conference in Toronto, ON, Nov. 3-6, 2010.

Amy Carpenter: Canadian Society for the Study of Education (CSSE) Annual Conference, Montreal, PQ, May 28-June 10, 2010

Sopear Chhin: Canadian Society for the Study of Education (CSSE) Annual Conference, Montreal, PQ, May 28-June 10, 2010.

Joanne Parsons: Injury Biomechanics Research Symposium, Columbus OH, May 16-18, 2010

Megan Halowaty: World University Service of Canada Students without Borders program, Republic of Malawi, Africa, September – December, 2010.

2011-12

Daryl Hurrie: American College of Sports Medicine, 58th Annual Meeting and 2nd World Congress on Exercise Medicine, Denver, CO, May 31-June 4, 2011.

Angela Comer: Canadian Congress for Leisure Research, St. Catherine's, ON, May 18-21, 2011.

Tara Klimchuk: Sport and the Environment: Philosophical Dimensions Conference, St. Francis Xavier University, Antigonish, NS, June 22-25, 2011.

Pavithra Rajan: The 13th Rehabilitation Research Colloquium at Queen's University, Kingston, ON, May 20, 2011.

Olivia Durst: Sport and the Environment: Philosophical Dimensions Conference, St. Francis Xavier University, Antigonish, NS, June 22-25, 2011.

Graduate Student Awards

2010-11

Ruth Asper Scholarship in Physical Education & Kinesiology:

- Scott Kehler (Advisor: Todd Duhamel)
- Jacqueline Hay (Co-Advisors: Jonathan McGavock, A. Elizabeth Ready)

Manitoba Graduate Scholarships (MGS):

- Marc Morissette (Advisor: Todd Duhamel)
- Diana King (Advisor: Jennifer Mactavish)

Coca Cola Bottling Scholarship:

- Kristin Davies (Advisor: Leisha Strachan)

St. Boniface General Hospital Research Centre – Institute of Cardiovascular Sciences (ICS) Studentship:

- Scott Kehler (Advisor: Todd Duhamel)



Congratulations to former FKRM graduate students Thomas Hammond and Jill Hnatiuk (shown at left, with a marsupial friend), both of whom are completing their doctoral work at Deakin University in Melbourne, Victoria, Australia.

“Things here are going really well,” Tom tells us. “Jill and I are both enjoying our programs immensely. I am completing a Doctor of Clinical Psychology (D.Psyc. Clinical) in the School of Psychology, and Jill is completing a Ph.D. in the promotion of physical activity amongst young children within the Centre of Physical Activity and Nutrition Research.”

“Australia is an amazing place – there are so many unique things to see and do. Everyone has been very welcoming, and the weather has been great, too. Absolutely worth the 32-hour flight!”

Funding Announcements

- Congratulations to **Dr. Gordon Giesbrecht**, on the receipt of a five-year Discovery Grant in the amount of \$135,000 from the **Natural Sciences and Engineering Research Council of Canada (NSERC)**.
- Congratulations also go out to **Dr. Leisha Strachan**, who – along with Dr. Dany Macdonald (University of Prince Edward Island) and Dr. Jean Cote (Queen's University) – was awarded a one-year grant from the **Social Sciences and Humanities Research Council of Canada (SSHRC)**. The grant involves the use of technology (websites, web/phone applications, text messaging, etc.) to deliver positive youth development programming to youth sport teams aged 12 – 17.
- Together with Dr. Adrienne Leslie-Toogood (Canadian Sport Centre), **Dr. Leisha Strachan** also received a **Sport Canada** grant worth \$14,600, to link cognitive development literature to the Long Term Athlete Development Model.
- Finally, congratulations to **Drs. Joannie Halas** and **Jon McGavock** (HLHPRI Research Affiliate) on their receipt of \$151,000 in funding from the **Public Health Agency of Canada (PHAC)**. Their project, entitled “Getting Better Together: Application of peer-based models for achieving healthy weights in Northern Aboriginal Communities,” is based on the Chronic Disease Self-Management (CDSM)/Aboriginal Youth Mentorship Program (AYMP) project. The goal of the project is to create a healthy community by enhancing the capacity for Aboriginal adults and children living in remote communities to achieve healthy weights by developing an innovative, culturally-tailored program that supports physical activity, addresses food security and enhances knowledge of healthy eating using a peer-based community-centred model.

SPOTLIGHT ON RESEARCHERS

Dr. Leisha Strachan

Assistant Professor,
Faculty of Kinesiology and
Recreation Management

Research Affiliations

- Health, Leisure & Human Performance Research Institute, University of Manitoba



These days, it's widely accepted that participation in sport helps children to acquire both the physical and mental skills required to develop into healthy, functioning adults.

But if we knew even more about that process, we'd be able to deliberately tailor sport programs to ensure they're delivering the perfect combination of both.

That's the thinking behind the research currently being carried out by Dr. Leisha Strachan, a recent addition to the University of Manitoba's Faculty of Kinesiology and Recreation Management (FKRM), and an affiliate of the Faculty's Health, Leisure & Human Performance Research Institute (HLHPRI).

An FKRM alum (who earned her Bachelor of Physical Education degree in 1997), Dr. Strachan has spent the last few years studying positive youth development in sport, in particular the experiences of younger children (aged seven to 12) enrolled in recreational to elite programs.

"My goal would be to structure sport programs that were deliberate in terms of how they are delivered, so that kids have positive outcomes from sport and also gain the skills necessary to navigate life," she explains.

"So often, we talk about how sport builds character — which it does — but there's not a lot of research supporting just how sport does that. So it's trying to come up with a program to make it more deliberate, so that kids have not only the physical skills, but also the social and psychological skills they need."

Strachan's research — which concerns itself with not only children's overall experiences in sport, but also the role of coaches and parents — has in recent years taken the form of two different projects, one recently completed, the other pending.

The first was a photo elicitation study, in which children participating in FKRM's Mini-U Summer Camps were provided with cameras and asked to take photos of things they found meaningful. Strachan is currently analyzing that data for a presentation at a conference in June 2011.

"Generally, I found that the children have many positive experiences related to the instructor and their peers," she says.

"The next step is to look at how the instructors are trained, and also to look at (the instructors') experiences in Mini-U."

The second project, dependent on grant approval, will involve immigrant youth in Winnipeg, and will again focus on delivery models that deliberately teach life skills in the context of sport programming.

"In the positive youth development literature, there is this big long list of different skills called developmental assets, which are these 40 building blocks of human development — everything from responsibility to perseverance, developing links to the community, emotional regulation, managing stress and confidence building," Strachan explains.

"Sport really does have the potential to be an avenue of development for all kids."

Strachan knows first-hand the effect that participation in sport can have on kids, having been an elite-level baton twirler as a teen, and now a coach and a judge for children competing in the same sport.

She first became interested in her field of study after comparing her own experiences in sport with those of her fellow elite athletes, and wondering what prompted some of them to carry on as coaches or mentors, while others were compelled to quit.

"I had a coach who was very influential and ahead of her time, and who was all about building relationships — in fact, I still talk to her once every few months," says Strachan, who earned her Master of Human Kinetics – Sport Psychology Degree from the University of Windsor, and her Doctor of Philosophy – Sport Psychology Degree from Queen's University.

"Those relationships are very important to her, so I think that shaped me quite a bit. And that informs my coaching, because I want to have that same kind of relationship with my students."

Strachan is currently part of a research team (along with Dr. Dany Macdonald, University of Prince Edward Island; and Dr. Jean Cote, Queen's University) that was awarded a year-long Social Sciences and Humanities Research Council (SSHRC) grant to explore the use of such technology as websites, web/phone applications, and text messaging in delivering positive youth development programming to youth sport teams aged 12 to 17.

She also recently received a Sport Manitoba grant (along with Dr. Adrienne Leslie-Toogood, of the Canadian Sport Centre – Manitoba) to link the cognitive development literature to the Long Term Athlete Development Model.

In addition, she's been branching out into the physical activity literature, as part of a large research team (led by HLHPRI's Dr. Elizabeth Ready) that is examining how parents can play an active role in physical activity delivery for children aged 12 and under.

The intervention uses the Triple-P parenting program as a framework; the project as a whole is supported by the Public Health Agency of Canada and is led by Dr. John Walker.

To learn more about Dr. Strachan's research, visit her [profile](#) on the HLHPRI website.

Would you like to see your research profiled in the next issue of the HLHPRI's newsletter? If so, contact Nicole Dunn – Associate Director (Administration) – at nicole_dunn@umanitoba.ca or 204-474-7451.

SPOTLIGHT ON RESEARCHERS

Dr. Sarah Teetzel

Assistant Professor,
Faculty of Kinesiology and
Recreation Management

Research Affiliations

- International Network of Humanistic Doping Research
- International Association for the Philosophy of Sport
- Health, Leisure & Human Performance Research Institute



When it comes to the thorny issue of drug testing in sport, there are plenty of difficult questions — but very few easy answers.

And that's precisely the conundrum that for years has driven Dr. Sarah Teetzel, an assistant professor with the University of Manitoba's Faculty of Kinesiology and Recreation Management and research affiliate of the Health, Leisure & Human Performance Research Institute.

A former athlete herself, Teetzel has spent years studying issues related to ethics in sport, chief among them the question of whether mandatory drug testing is an ethical way of curbing doping among athletes.

"If you require someone to give you a blood or urine sample — and you tell them they don't have a choice — well, in any other context of life, that usually doesn't go over very well," explains Teetzel, who joined the Faculty in the fall of 2009.

"In Canada, concerns for the public good apparently outweigh individuals' rights to privacy in contexts where drug testing is considered acceptable, such as in tests carried out by the national parole board and the department of national defence. It is not clear why sport is included among these ranks and a defensible, philosophically sound position is lacking. The inclusion of athletes among the populations subjected to mandatory drug testing is the hardest to defend from a philosophical position focusing on autonomy, informed consent, and privacy. Why is it we can force someone to give a sample, or they're not allowed to compete in sport?"

Born and raised in Tillsonburg, Ont., Teetzel got her undergraduate, master's and doctoral degrees, as well as a Diploma in Ethics, at the University of Western Ontario, where she initially started out pursuing a Bachelor of Science degree, with an area of concentration in kinesiology and chemistry.

"As an athlete I saw many people get tested, and some people multiple times, and I thought it was interesting to know the chemistry behind it — what they were testing for, and why," says Teetzel, who was a member of UWO's varsity swim team during her years at the university. "Then I was informed, by a friend who is now one of my research collaborators, you could study this from an ethical perspective. It was the issue of doping that was of interest to me, so I really just changed research methods as a way to get into ethics and philosophy."

While completing her master's in Philosophy of Sport, Teetzel found she had an aptitude for the subject, in particular the pursuit of a defensible position. Her Master's thesis explored whether drug testing

in sport could be justified — a topic she expanded on even further with her Ph.D. dissertation, in which she examined eligibility rules in a broader context.

"Doping was still one aspect, but I was also looking at banning people based on imposed rules such as upper and lower age limits, behaviours on and off the field, uniforms and personal attire worn in competition, and sex and gender," says Teetzel. "I (later) did a study on transgender sport, and how athletes like Caster Semenya fit into sport, and how policies should be made."

The case of Semenya — the South African middle-distance runner who was forced to undergo a gender test following her victory at the 2009 World Championships — is a perfect example of how eligibility rules can lead to privacy violations for athletes, says Teetzel, and serves as proof of the need for policy informed by research and sensitivity.

"To think, she was an 18-year-old girl who was plastered all over the world news, with the headline, 'Is she a man?'" says Teetzel of Semenya, who has since been 'permitted' to return to international competition. "It must have been awful for her."

Questions raised by the attendant controversy led to an increased focus on the androgen insensitivity spectrum, just as the debate over drug testing in sport has also led to new areas of exploration — though as Teetzel points out, organizing bodies still tend to take the position that it's their game, and their rules.

"In order to uphold the rules, the testing is necessary — but it's a question of do the means justify the ends?" she says.

One of Teetzel's current research grants, funded by the World Anti-Doping Agency and conducted in collaboration with Dr. Charlene Weaver (St. Francis Xavier University) — finds her exploring whether doping is a gendered practice, and whether gender effects are present and taken into account by anti-doping programs.

"We're looking at how education is geared toward high-performance male athletes, and how it could be redesigned to be more inclusive," says Teetzel. "From what we know, there are far more people who use performance-enhancing drugs for body issues, not to be the best athlete."

Teetzel is also working on a research fellowship for the Centre for Professional and Applied Ethics, studying ethical issues related to mandatory drug testing in Canada.

"I am looking at it from a student-athlete perspective — should a university be able to test its own team?" says Teetzel. "In reaction to the University of Waterloo football scandal, a lot of universities thought about testing their own players — funding (the tests) themselves to make sure they didn't have a big problem. So what are the implications of that for a student-athlete? Should being found guilty of a doping offense affect your status as a student if you're playing a CIS sport? Should drug use in sport fall into a student code of conduct?"

As with her previous research, the studies will provide ample opportunity to reflect on the continued search for middle ground between an effective anti-doping strategy and the need to be respectful of players' privacy rights and autonomy.

"My research looks at values and rules, and how those intersect," says Teetzel. "If the rules of an organization conflict with the values it purports to support, how do you reconcile those differences?"

To learn more about Dr. Teetzel's research, visit her [profile](#) on the HLHPRI website.

ABOUT THE INSTITUTE

Goals

The goals of the Health, Leisure & Human Performance Research Institute are:

- To create an environment that promotes and supports research in health, leisure behaviour and human performance.
- To conduct original scholarship and basic and applied research of the highest quality in the areas of human movement and leisure behaviour.
- To disseminate research findings through traditional academic means and a variety of other activities designed to serve the broader community.
- To provide opportunities for undergraduate and graduate students to participate in research activities related to health, leisure and human performance.
- To promote collaboration and interdisciplinary activity with other University faculties and departments, and the external community.

Labs & Research Offices

Research activities within the Institute are supported by nine labs and research offices:

- [Laboratory for Exercise and Environment Medicine](#)
- [Exercise Physiology Laboratory](#)
- [Leisure and Tourism Laboratory](#)
- [Biomechanics, Sport and Human Performance Laboratory](#)
- [Lifespan and Disability Research Office](#)
- [Mobility and Aging Laboratory](#)
- Perceptual Motor Behaviour Laboratory
- [Physical Activity and Chronic Disease Prevention Laboratory](#)
- [Spinal & Neuromuscular Plasticity Laboratory](#)

Did You Know?

You can donate directly to the Health, Leisure & Human Performance Research Institute?

To do so, contact the U of M's Development and Advancement Services at 474-9195 or development@umanitoba.ca

Announcements:

- At its April 19, 2011, meeting, the U of M's Board of Governors approved the appointment of Dr. Jennifer Mactavish as Acting Dean, Faculty of Graduate Studies, for the period July 1, 2011 to Oct. 31, 2011.
- Dr. Phillip Gardiner, HLHPRI Director and Associate Dean (Research), FKRM, has completed a book entitled "Advanced Neuromuscular Exercise." Click [here](#) for more info.

HLHPRI Fellowship Award

- Congratulations to Dr. Russell Field, who has received the Health, Leisure & Human Performance Research Institute Fellowship Award for July 1, 2011, to June 30, 2012.

Dr. Field will continue his research on the impact of international sporting events (historical and contemporary) on national identity and social issues.

The release from teaching will provide Dr. Field with time to focus on the dissemination of his research, and to begin applications for grants on several new initiatives.

Dr. Field and his colleagues will also be preparing for a symposium on sport and national identity, to be held at the University of Manitoba in 2012.

It's a Girl!

- Congratulations also go out to Dr. Field and his wife, Carolyn, on the arrival of their daughter, Alice, born Feb. 20, 2011.



ADVISORY BOARD

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HLHPRI SEMINAR SERIES: SPRING 2011

The Health, Leisure & Human Performance Research Institute recently wrapped up another successful Seminar Series.

Below is a list of the Seminar Series presentations that have taken place in recent months.

HLHPRI SEMINAR SERIES (Spring 2011)

February 15, 2011

Gordon Giesbrecht, Ph.D.

Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba

“Get me outta here! Lifesaving conclusions from Operation ALIVE”

March 3, 2011

Kejian Xu, Ph.D.

Lecturer, China University of Geosciences (Beijing, China)

“The Geoparks in China”

March 22, 2011

Gaylene Carpenter, Ed.D.

Professor Emerita, Arts and Administration

University of Oregon

“A study of leisure during adulthood, 1987-2011”

March 29, 2011

Sharon Wall, Ph.D.

Assistant Professor, University of Winnipeg

“Nature, outdoor recreation and the Ontario summer camp: Does history have any lessons for the future?”

May 18, 2011

Robert Ross, Ph.D.

Director, Centre for Obesity Research and Education (CORE), Queen’s University

“The failure of Canada to manage lifestyle-based disease: Challenges and opportunities”



Top: HLHPRI’s Dr. Russell Field (left) and Dr. Gordon Giesbrecht with Dr. Sharon Wall.

Middle: HLHPRI’s Dr. Michael Campbell with Dr. Kejian Xu.

Bottom: HLHPRI’s Dr. Gordon Giesbrecht with Dr. Gaylene Carpenter.

Media Mentions

Dr. Michelle Porter

[Miss Daisy Candrive](#)

University of Manitoba Research LIFE, Winter 2011

Dr. Elizabeth Ready

[Canada’s fitness guidelines changing](#)

Global National, Jan. 5, 2011

Dr. Gordon Giesbrecht

[Pig carcass experiment in river search unsuccessful](#)

Global Winnipeg, Jan. 6, 2011

Dr. Leisha Strachan

[Soccer set to be a sore loser](#)

Winnipeg Free Press, Feb. 9, 2011

Dr. Leisha Strachan

[Youth soccer association on the right track](#)

Winnipeg Free Press, Feb. 19, 2011

Dr. Sarah Teetzel

[Coaches’ call to throw game ‘poor decision’](#)

National Post, March 7, 2011

Dr. Gordon Giesbrecht

[Death prompts expert to give lesson on flood safety](#)

Global Winnipeg, April 18, 2011

Dr. Gordon Giesbrecht

[Stranded B.C. woman wrote desperate notes](#) (Inset: Survival Mode)

CBC News – The National, May 9, 2011

Partnerships

The Health, Leisure and Human Performance Research Institute has been contacted by Recreation Connections Manitoba and the Green Action Centre to assist with the evaluation of a project entitled, “After the school bell rings: A Manitoba after-school recreation project.”

The principal investigator is Dr. Todd Duhamel; the project’s team of researchers includes Drs. Jane Watkinson, Leisha Strachan, Gordon Giesbrecht, Cheryl Glazebrook, Ms. Nicole Dunn, and incoming faculty members Drs. LeAnne Petherick and Moss E. Norman. The team will also collaborate with Dr. Paul Fieldhouse (Human Nutritional Sciences) and his master’s student, Jessica Rutherford, to address the project’s nutritional component.