Research Day provides our researchers and students an opportunity to showcase their research, and to discuss its potential impact. This event also provides an opportunity to interact with those who can potentially use the research results that we generate. By engaging in two-way dialogue, we can enhance the positive impacts of research on health, leisure, human performance, and ultimately, quality of life.

Speakers:
Connie McIvor, Principal, Otter Nelson River School, Cross Lake, Man.
Heather McRae, PhD, Director, Indigenous Engagement, Faculty of Kinesiology and Recreation Management, University of Manitoba
Joannie Halas, PhD, Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba
Russell Field, PhD, Associate Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba
Ayehsa Saleem, PhD, Assistant Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba
Andrew J. Halayko, PhD, FCAHS, ATSF, Professor, Physiology and Pathophysiology, Tier 1 Canada Research Chair in Lung Pathobiology and Treatment
Meaghan Jones, PhD, Assistant Professor, Biochemistry and Medical Genetics
Ben Schellenberg, PhD, Assistant Professor, Faculty of Kinesiology and Recreation Management
Shaelyn Strachan, PhD, Associate Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba
Daniel Bailis, PhD, Professor, Department of Psychology, Faculty of Arts, University of Manitoba
Rhonda Martens, PhD, Associate Professor, Department of Philosophy, Faculty of Arts, University of Manitoba
Steven Leece, PhD, Associate Professor, Associate Dean of Arts for Undergraduate Studies, University of Manitoba

- 9:00 - OPENING CEREMONIES - 274 ALC MULTI-PURPOSE STUDIO
- 9:15 - THREE MINUTE THESIS (3MT) PRESENTATIONS
  CRAIG BROWN, AN EXPLORATION OF THE LIVED ACCULTURATION EXPERIENCES OF NEWCOMER VARSITY ATHLETES IN MANITOBA
  NOLAN TURNBULL, THE WELLNESS APP: PROMOTING HEALTH BEHAVIOR CHANGE ACROSS THE LIFESPAN
- 9:30 - KEYNOTE PRESENTATION
  TRUTH, RECONCILIATION AND RELATIONAL ACCOUNTABILITY IN RESEARCH: COMMUNITY – UNIVERSITY PERSPECTIVES
  CONNIE McIVOR; HEATHER MCRAE, PhD; JOANNIE HALAS, PhD
- 10:45 - SPORT, FILM AND SOCIETY - 274 ALC MULTI-PURPOSE STUDIO
  RUSSELL FIELD, PhD
- 12:15 - LUNCH BREAK + STUDENT POSTER JUDGING - ALC AGORA
- 1:30 - CONCURRENT SESSIONS:
  274 MULTI-PURPOSE STUDIO
  ENHANCE: EARLY LIFE ENVIRONMENT AS A DETERMINANT OF LUNG HEALTH AND DISEASE
  AYESHA SALEEM, PhD; ANDREW J HALAYKO, PhD; MEAGHAN JONES, PhD
  264 MULTI-PURPOSE STUDIO
  THE PSYCHOLOGY OF BEING NICE TO YOURSELF: NEW DEVELOPMENTS IN SELF-COMPASSION RESEARCH
  BEN SCHELLENBERG, PhD; SHAEYLIN STRACHAN, PhD; DANIEL BAILIS, PhD
- 2:45 - 3MT PRESENTATIONS - 274 ALC MULTI-PURPOSE STUDIO
  CARRIE PETERS, RHYTHMIC AUDITORY STIMULI IN A GOAL-DIRECTED REACHING TASK WITH REDUCED VISUAL FEEDBACK
  KEVIN BORESKIE, EXAGGERATED BLOOD PRESSURE RESPONSE TO EXERCISE: A SIMPLE SOLUTION
- 3:00 - KEYNOTE PRESENTATION - 274 ALC MULTI-PURPOSE STUDIO
  HUMAN ENHANCEMENT
  STEVEN LEECE, PhD; RHONDA MARTENS, PhD
- 4:00 - AWARDS + CLOSING CEREMONY - 274 ALC MULTI-PURPOSE STUDIO