Pre-Admission Clinic

“Enhancing the Preparation of Children and Families coming to Children’s Hospital for Elective Surgery”

Preparing Your Child for Surgery

Would you like some advice on how to prepare your child for surgery? Want to learn about what part of surgery may be most stressful for your child? Wish to receive information on what will happen on day of surgery?

Coming to the hospital for surgery can be a scary time for children and parents alike. Not knowing what to expect can make this worse.

Children who are able to see and learn about their surgical experience before their procedure have less anxiety during their hospital stay.

The Pre-Admission Clinic is an outpatient clinic which prepares children and families for elective surgery.

During your visit you and your child will spend time with a Registered Nurse who will review your child’s health history and give you and your child information and instructions for the day of surgery.

Teenagers are encouraged to attend the Pre-Admission program. Teaching is geared toward their age group.

As part of the Pre-Admission program you and your child will walk through the Day Surgery area and see a mock (pretend) operating room. A Child Life Specialist will explain what will happen during your child’s hospital stay in a way that your child will understand. Through use of hands on medical equipment, photos, and discussion your child will learn what to expect before, during, and after surgery.

The Pre-Admission Program also offers programming for children with Autism or other behavioral issues that make coming for surgery challenging.

Pre-Admission visits are by appointment only. They are offered Monday to Friday between 1 to 4 pm.

To book your appointment or for more information:
Call 204-787-1949