GRAND ROUNDS

OLD WINE, NEW LABEL:
THE ROLE OF HYPNOTHERAPY IN
THE MANAGEMENT OF CHRONIC
HEALTH CONDITIONS

THURSDAY, OCTOBER 17, 2019 | 3:00 - 4:30PM

Frederic Gaspard Theatre· Lower Level
Basic Medical Sciences Building · 745 Bannatyne Ave

Laurie Keefer, PhD
Associate Professor of Gastroenterology and Psychiatry
Icahn School of Medicine at Mount Sinai

Laurie Keefer, PhD is a clinical health psychologist specializing in gastroenterology. In 2006, she set up the first fully integrated GI Psychology program in the country at Northwestern University. Currently, Dr. Keefer is Director of the Gaining Resilience through Transitions [GRITT™]-IBD Program at the Icahn School of Medicine at Mount Sinai in NYC, overseeing a multidisciplinary team of clinicians and scientists to provide early, effective psychosocial care for high risk pediatric and adult patients with Inflammatory Bowel Diseases. Her current research program focuses on resilience and the application of positive psychology interventions in this population. She is the founder and Director of the Rome Foundation’s Psychogastroenterology Group, focused on supporting and connecting clinicians and scientists around the world who seek to advance science and practice at the intersection of gastroenterology and psychology.

Objectives:

- Understand the historical use of medical hypnosis and its relevance to contemporary psychological treatment
- Learn the up-to-date evidence and mechanisms supporting the use of hypnotherapy in routine care of patients with chronic conditions
- Using gut-directed hypnotherapy as a model, learn the structure, approach and efficacy of hypnosis in medical settings with health psychologists