CLINICAL HEALTH PSYCHOLOGY
RESIDENCY PROGRAM
2021-2022
Max Rady College of Medicine

We are a generalist training program - all residents obtain experience in the following:

- Assessment and treatment
- Medical and mental health populations
- Inpatient and outpatient services
- Opportunities to work from various theoretical orientations

<table>
<thead>
<tr>
<th>11 Resident Positions</th>
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<tbody>
<tr>
<td><strong>Adult stream:</strong></td>
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<tr>
<td>4 residents</td>
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<tr>
<td><strong>Child &amp; Adolescent stream:</strong></td>
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<tr>
<td>3 residents</td>
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<tr>
<td>1 resident</td>
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<tr>
<td><strong>Rural Generalist stream:</strong></td>
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<tr>
<td>2 residents</td>
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<td><strong>Adult-lifespan Brandon:</strong></td>
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Excellent stipend and benefits

- Stipend for 2020-2021 is $60,404
- 4 weeks holiday plus extended health and dental benefits
- Members of Professional Association of Residents and Interns of Manitoba

Other Highlights of our CPA accredited Residency:

- Continuously accredited since the 1970s
- Weekly academic half day (seminars, grand rounds, case conferences etc.) with all 11 residents
- Opportunity to select up to two minor rotations (see brochure for listing)
- Opportunities in emerging and expanding areas of care
- Teaching opportunities with other health sciences trainees (e.g., medical students)
- Program evaluation
- Supervision of clinical psychology practicum students
- Adult and child residents can see a long-term psychotherapy patient across the year
- Post-residency employment opportunities in our clinical program/academic department

Visit us online at: umanitoba.ca/medicine/clinical_health_psych
Why Live in Manitoba?

There is something for everyone!

Top Winnipeg Tourist Attractions:
- The Forks National Historic Site, market, and river trail (the longest outdoor skating rink in Canada)
- Canadian Museum for Human Rights (the only national museum outside of Ottawa)
- Assiniboine Park Zoo and polar bear conservation centre

3 Professional Sports Teams:
- Winnipeg Jets NHL
- Winnipeg Blue Bombers CFL
- Winnipeg Goldeyes (Professional Baseball)

Food Scene:
- More than 17 craft breweries and a distillery
- Varied multicultural and affordable restaurants

Arts:
- Winnipeg Symphony Orchestra
- Royal Winnipeg Ballet
- Royal Manitoba Theatre Centre
- Manitoba Opera
- Bell MTS Place entertainment events

Major Festivals:
- Festival du Voyageur (winter festival honoring Franco Manitoban heritage)
- Fringe Theatre Festival
- Jazz Festival
- Folk Festival (outdoor music festival)
- Folklorama (multicultural festival)
- ManyFest (food truck wars)
- Countryfest (Dauphin)
- Icelandic Festival (Gimli)

Elsewhere in Manitoba:
- Bird’s Hill Provincial Park (30 minutes from the city)
- Riding Mountain National Park
- Whiteshell Provincial Park
- Churchill (polar bears and beluga whales)

Out of Province:
- Two hours from the border of Ontario for more excellent cottage country (e.g., Kenora, Lake of the Woods)
- Minneapolis is an 8-hour drive for a long-weekend trip

Winnipeg is one of the sunniest cities in Canada (averaging 316 sunny days per year), located in the geographical centre of our country. It is the capital of Manitoba. The population is 750,000, and its location far from other Canadian city centres gives it a “big” small city vibe. You can reach anywhere within city limits in less than 30 minutes, the city boasts an impressive amount of green space and trails along its two rivers and near its many parks, and excellent cottage and lake country are nearby (including Winnipeg Beach, ranked one of the top 10 beaches in Canada). Housing is affordable in this family-friendly city with excellent arts, food, and sports scenes. There is something for everyone in the friendliest province!