ONGOMIIZWIN–INDIGENOUS INSTITUTE OF HEALTH AND HEALING

Annual Report 2018-2019
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Our Vision
A world where First Nations, Metis and Inuit communities hold the Power to create opportunity for themselves and others.

Our Mission
To honour relationships, inspire minds, and contribute to the health and well-being of First Nations, Metis and Inuit children, families and communities.
MESSAGE FROM HEAD, ONGOMIIZWIN

In Ongomiizwin, we continue to work to achieve our goal of ‘Creating a pathway for generations to come’.

Ongomiizwin is an Institute within the Rady Faculty of Health Sciences and as such, we have established an Implementation Committee for the Truth and Reconciliation Action Plan. The themes of the Action Plan include: Honoring Traditional Knowledge Systems and Practice; Safe Learning Environments and Professionalism; Student Support, Mentorship and Retention; Education Across the Spectrum and Closing the Gap in Admissions. All are areas that will enhance our support for our current and new generations.

Our Ongomiizwin Research unit and membership have a superb approach in supporting indigenous graduate students and we have been fortunate that we have faculty and mentors that have the expertise to attract grants that help us achieve our goals in this area.

Ongomiizwin Education has had another successful year in building supports for current and incoming students with cultural and academic supports such as the Medical Students Entrance Interview Workshop and the Traditional and Cultural Mentorship Network. The MSEI event has been hugely successful in bringing together as a network, Indigenous students from across Canada with a goal of entering Medicine but also has encouraged students from other provinces to consider doing their Medicine here in Manitoba.

Ongomiizwin Health Services and Education have also worked closely with Curriculum and Inter Professional Education to develop meaningful and popular courses for students in the health degree programs. Our physicians continue to engage in our Indigenous communities to achieve community priorities in the spectrum of primary health care.

A safe work and learning environment is a priority for the university and cultural safety training is an approach that can support achieving that goal. We are pleased that the senior levels of our Colleges have completed the Manitoba Indigenous Cultural Safety Training (an on-line modular training course that is self-reflective and highly valued) and we are now supporting enhancing this approach.

We look forward to another year of guidance by our Elders and Knowledge Keepers, with collegial and productive partnerships and relationships with our academic colleagues and leaders, and with our Indigenous communities.

“Only when we have addressed the root causes of inequity, marginalization, discrimination and racism brought by the process of colonization, will we see change in the health and well-being of our indigenous peoples”

Dr. Catherine Cook, MD, MSc, CCFP, FCFP
Vice Dean-Indigenous Health
Head, Indigenous Institute of Health and Healing
ORGANIZATIONAL STRUCTURE

Indigenous Institute of Health and Healing
ABOUT ONGOMIIZWIN – INDIGENOUS INSTITUTE OF HEALTH AND HEALING

Ongomiizwin (the Indigenous Institute of Health and Healing) was approved by the University of Manitoba Senate on April 5, 2017 and officially launched on June 2, 2017. Ongomiizwin (clearing a path for generations to come) has a permanent place in the Rady Faculty of Health Sciences, affirming the University of Manitoba’s commitment to building respectful relationships and creating pathways to Indigenous health, healing and achievement. It is significant that Ongomiizwin’s name encompasses not only health, but healing. Ongomiizwin supports spiritual healing from the ongoing legacies of colonialism as part of the reconciliation process.

Ongomiizwin brings together, at the Rady Faculty of Health Sciences level, three units that were formerly part of the Max Rady College of Medicine: the Manitoba First Nations Centre for Aboriginal Health Research, the Centre for Aboriginal Health Education and the J.A. Hildes Northern Medical Unit. These units have been renamed Ongomiizwin – Research, Ongomiizwin – Education, and Ongomiizwin – Health Services.

Mandate

To provide leadership and advance excellence: in research, education and health systems innovation to achieve the full potential of health and wellness for First Nations, Metis and Inuit Peoples.

We do this with continual guidance from our communities, knowledge keepers, elders and our ancestors; and in alignment with the university’s strategic plan and its goal of Indigenous achievement and the Rady Faculty of Health Sciences priority focus on Indigenous Health

Although our work at Ongomiizwin has focused on achieving equity and enhancing access to quality health care prior to the release of the Truth and Reconciliation Commission ‘calls to action’, our Truth and Reconciliation Action Plan has been a critical component of the commitment to working collaboratively in achieving our goals in the future.

The TRC Action Plan has been developed in the Rady Faculty of Health Sciences in conjunction with participating faculty and staff. The key themes include 1) Honoring Traditional Knowledge Systems and Practices, 2) Safe Learning Environments and Professionalism, 3) Student Support, Mentorship and Retention, 4) Education across the spectrum, and 5) Closing the Gap in Admissions.

The Terms of Reference for Operating Committees including the Implementation Committee for the TRC Action Plan have been approved, and the team will continue to work toward achieving the deliverables identified in the Action Plan.
ONGOMIIZWIN STAFF

Ongomiizwin, Indigenous Institute of Health and Healing is fortunate to have a core group of passionate, hard-working, and dedicated Indigenous and non-Indigenous health care professionals, faculty, Elders and staff to provide leadership, visioning and who all contribute to work of the institute which includes staff from the following three units:

- **Ongomiizwin Education** provides cultural and academic resources for Indigenous students enrolled in the health professional degree programs in the Rady Faculty of Health Sciences
- **Ongomiizwin Health Services** provider of health care to many communities in northern Manitoba and eight Inuit Hamlets in Nunavut
- **Ongomiizwin Research** a centre of research excellence, committed to building and maintaining productive and respectful partnership-based relationships with First Nations, Metis, Inuit and Indigenous communities

Below is a list of staff who work at Ongomiizwin between April 1, 2018 and March 31, 2019. Those whom we said good bye to are underlined. Those who joined during the year or were promoted are listed in *Italics*.

**Ongomiizwin-Indigenous Institute of Health and Healing**

- Elder Margaret Lavallee, Indigenous Cultural Specialist
- Elder Mary Wilson, Indigenous Cultural Specialist
- Dr. Catherine Cook, MD, MSc, CCFP, FCFP - Head, Ongomiizwin - Indigenous Institute of Health and Healing Vice Dean-Indigenous Health, RFHS
- Dr. Marcia Anderson, MD, MPH, FRCPC. Executive Director, Indigenous Academics Affairs, Ongomiizwin
- Melanie MacKinnon, BN, Executive Director, Health Services, Ongomiizwin
- Debra Beach Ducharme, Director of Indigenous Health Integration
- Amanda Fowler-Woods, Research Associate
- Karla Lavoie, Senior Executive Assistant

**Ongomiizwin Education Staff**

- Dr. Melinda Fowler-Woods, Director of Ongomiizwin Education (effective May 7, 2018), Mentor
- Kimberly Hart, Senior Lead Indigenous Health Student Affairs
- Lisa Harms, Administrative Secretary
- Michelle Landon, Administrative Secretary – Term, for Mat Leave
- Dr. Barry Lavallee, (Former Director of Ongomiizwin Education) Senior Lead Physician & Curriculum Director
- Lisa Monkman, Physician Advisor, Mentor
- Dr. Sara Goulet, Physician Advisor, Mentor
- Linda Diffey, Curriculum Coordinator, Indigenous Health, Community Health Sciences & Mentor

**Ongomiizwin Health Services Staff**

- Melanie MacKinnon, Executive Director, Ongomiizwin Health Services
- Dr. Anne Durcan, Associate Director of Inuit Health Program
- Dr. Ian Whetter, Medical Advisor
- Dr. Sara Goulet, Medical Advisor
- Dr. Camisha Mayes, Medical Advisor
- Dr. Michael Moffatt, Medical Advisor, Specialists Programs
- Melody Muswaggon, Director of Nursing
- Adrianne (Acey) Spence, Hospital-Based Physician Coordinator & Flights for MB Specialists
- Amanda Abele, Specialist Program Administrator (MB and Nunavut)
- Anastasia Chmielowicz, Diabetic Retinal Screening Nurse
- Ava Halpin, Diabetic Foot Care Nurse
- Chander Raquin, Executive Assistant (Melody, Melanie, Hai, Mary W, Ian W)
Gail Yacucha, Renal Health Admin Assistant (Garden Hill Dialysis Unit)
Hai Nguyen, Operations Manager
Ana Aniban, Inuit Health Programs Assistant (plus Flights for Nunavut Specialists)
Jacquie Theissen, PGY2 Northern & Remote Stream Program Assistant (Family Medicine)
Jennifer Koodoo-Dumontier, Finance Officer
Kathy Risk, Fly In Physician Coordinator (Fly-In Doc flights)
Kimberly Hrycaiko, Diabetic Retinal Screening Nurse
Leanne Allen, Diabetic Foot Care Nurse, Acting Lead: Garden Hill Dialysis Unit
Lesley McKenzie, Sr. Office Assistant, Med Advisor support; front desk, etc.
Lori Thiessen, Physician Remuneration
Melissa Balness, HR Officer / Physician Recruitment
Michelle Vandenbroeck, Special Projects
Monica Achtemichuk, Med Rehab Program Manager, Inuit Health
Natalie Chong, Human Resources Assistant
Sheona Miller, Medical Transcriptionist
Tera Lachance, Financial Assistant
Tracey Mager, Health Innovations Lead

Ongomiizwin Research Staff

Dr. Josée Lavoie, Director of Ongomiizwin Research
Dr. Natalie Riediger, Assistant Professor, CHS – moved to Food and Human Nutritional Sciences
Leanne Rajotte, Research Programs Lead
Chantal Edwards, Research Programs Coordinator
Ashley Edson, Prairie Indigenous Knowledge Exchange Network Coordinator
Anna Huard, Prairie Indigenous Knowledge Exchange Network Coordinator – term ended

Traditional Knowledge Keeper and Elder and Indigenous Cultural Specialist
Elder Margaret Lavallee

Acknowledging and recognizing the importance of tradition and culture has been a key deliverable for the University and the Rady Faculty of Health Sciences, supported and guided by the Indigenous Institute of Health and Healing. Acknowledging the territory, Treaty One and the Homeland of the Metis Nation is a respectful process for honoring our history and traditions. Whether we are initiating a Presidential or Deans Official address, the College Convocation or the opening of a Conference, beginning the official program with an Honor Song or Traditional Blessing has become the norm.

Our Traditional Elders and Knowledge Keepers support the work of the faculty and staff in the Institute and support the students as they work to achieve their goals. In addition to personal supports, the Elders provide regular access to traditional teachings and cultural activities, and to sweat lodge and other ceremonies. Building a culturally safe place for students, faculty and staff is a cornerstone of the work that the Elders accomplish, and in doing so, they guide the development of research projects, curriculum and formal discussions for planning and negotiation on community engagement.
Head, Ongomizwin Indigenous Institute of Health and Healing
Dr. Catherine Cook

The Head of Ongomizwin, along with the Senior Leadership team, takes a leadership role in promoting Indigenous Health at the University of Manitoba and with partners on a national and international level. Our membership is diverse and fully reflects the pillars of the university – researchers, educators, clinicians and engaged community members supporting and building on their community’s strengths.

Our national partners are equally diverse and we are able to share our expertise and learn from others at multiple national gatherings and conferences. Our International partners in Indigenous Health are equally expert and willing to share knowledge and partner in research, sharing of education and service models, and through faculty and student exchange.

International Indigenous Academic Health Network

The University of Manitoba Indigenous Health educators and clinical service providers joined with peers and colleagues from New Zealand, Australia and Hawaii (USA) to establish an academic health network. We have developed a framework and process for student exchange opportunities in Indigenous Health between our four countries. We meet regularly throughout the year by teleconference and at least once per year hold a meeting at an International Indigenous Health conference in one of our four countries.

We have worked through a process for establishing a formal relationship through a Reciprocal Exchange Agreement, where possible; and if not possible, we have established informal relationships through our Network to support students and faculty.

Funding was received from a CIHR grant for initial development in 2014 and in 2018 we were successful in receiving an International Development Grant (University Program & project Sees Fund (UIPPSF)) from the University of Manitoba.

To date, 9 students have participated in an exchange elective in Indigenous Health:

- 3 student(s) from New Zealand to Hawaii – Primary Health Care / Traditional Hawaiian Clinical practice
- 2 students from Canada to Australia – Primary Care and Traditional Indigenous/Aborigine Clinical Practice (Year 4 electives)
- 3 students from New Zealand to Canada – Primary Care / Indigenous Health/ Traditional Knowledge clinical practice (Year 4 medical students)
- 1 student from Canada to Hawaii - Primary Health Care / Traditional Hawaiian Clinical practice

There has been 1 Faculty exchange experience where 2 Faculty members and 1 knowledge keeper travelled to Manitoba from Hawaii and participated in University and community based teaching and cultural activities.

Conferences

- Honouring Shawane Dagosiwin’s– Dr. Sherry Peden, Partnership Conference, IIHH and Aboriginal Education Research Forum, Winnipeg, MB, May 14, 2018
- 1st World Congress on Migration, Ethnicity, Race and Health – Diversity and Health, Edinburgh, Scotland, UK, May 14 – 23, 2018
- Traditional Healers Gathering, MKO, Winnipeg, MB, July 31 – August 2, 2018
- 4th Annual Indigenous Women Leadership Retreat, Grand Rapids, MB, September 6 - 9, 2018
- 2nd Annual MCHP Evidence to Action Government Conference, Winnipeg, MB, September 25, 2018
- Community Matters: Activating the Village to Reduce Drug Related Harms, Winnipeg, MB, October 18, 2018
- 5th Annual NRHA Northern Health Summit, Flin Flon, MB, October 30, 2018
- A Ministerial Forum on Anti-Racism, Winnipeg, MB, November 13, 2018
- IHI Conference, Orlando, December 10 – 13, 2018
Presentations

- Indigenous Health Research – a Building Block for Equity and Indigenous People, Northern Health Research Conference, Kenora, ON, September 21, 2018
- Northern Manitoba First Nation Public Health Conference, Thompson, MB, February 13, 2019

Opening Remarks:

- Ongomiizwin Annual Research Health Symposium, Our Truths, Our Voices, Reclaiming the world through story, Winnipeg, MB, November 21-22, 2018
- Shared Health - PCT's Chronic Health & Complex Medicine, Cancer Care & Palliative Care, Seniors & Rehabilitation, Winnipeg, MB, November 2, 2018
- Wahbun Imagined Perspectives, AMC, Gimli, MB, November 29-30, 2018
- Shared Health – Provincial Clinical Symposium, Winnipeg, MB, December 3, 2018
- Shared Health PCT’s Chronic Health & Complex Medicine, Cancer Care & Palliative Care, Seniors and Rehabilitation, Winnipeg, MB, February 1, 2019
- Anti-Racism Think Tank, Vancouver, BC, March 12, 2019

Executive Director, Indigenous Academic Affairs Activities for 2018
Dr. Marcia Anderson

The Executive Director of Ongomiizwin, Indigenous Academic Affairs is responsible for providing leadership, oversight and management of Indigenous student affairs, research and education. Working collaboratively with the Vice Dean, Indigenous Health, Rady Faculty of Health Sciences faculty members, university at large as well as Indigenous community, including the urban community; the Executive Director works to address those goals and objectives identified as priorities for the Institute and the RFHS.

The Executive Director takes a leadership role in the development and implementation of the Truth and Reconciliation Action Plan for the RFHS in response to the TRC Calls to Action. In addressing the themes identified by the University Strategic Planning, the incumbent collaborates with the urban, rural and northern Indigenous communities, as relevant, and partners with key stakeholders to strengthen and enhance opportunities to address inequity in Indigenous Health.

The incumbent takes a leadership role within the faculty in Student Affairs, Admissions, Student Promotion, and Safety of the Learning environment in the Max Rady College of Medicine, the Rady Faculty of Health Sciences, in addition to supporting the student affairs issues across the Colleges if relevant.

Narrative Summary

In April, 2018 we hosted two workshops with diverse Indigenous people in Assiniboine Park. During the morning workshop we focused on hearing the perspectives of Indigenous people regarding the qualities, skills, and values they most value in the health professionals who participate in their health care. There were valuable discussions around time, listening, respect, and not treating people with racism. This workshop was funded by the University of Manitoba Indigenous Initiatives Fund. Currently, the report of this workshop is in draft form, including the framework for admissions policy and process review. Once finalized, the report will be used to guide a discussion with the TRC Implementation Committee, likely leading to the creation of an Admissions Working Group where the five health colleges can support and learn from each other as they use the framework to strengthen the ability of their admissions processes to meet stated goals to recruit more First Nations, Metis and Inuit learners.

In the afternoon workshop we met with Indigenous educators to discuss the state of math and science education for Indigenous children and youth, with a particular focus on First Nations and Inuit children, and Indigenous children in the inner city. We had proposed an idea of math and science curriculums that were health career based, and available for online or classroom instruction and paired with mentorship from current health professional students. Through much dialogue it emerged that the priority area was to increase the number and skill of math and science educators working with Indigenous children. We will have ongoing dialogues around how we can support this high priority work. The report from this workshop is near finalization.
Following a dialogue session on the experience of racism in the learning environment by Indigenous learners, a Safe Learning Environment Working Group was created including multiple team members from Onogmiizwin, Dr. Michael West (Associate Dean of Professionalism, Max Rady College of Medicine), and Jackie Gruber (then Director of Office of Human Rights and Conflict Resolution). The Working Group developed a job description for a position focused on the development and implementation of an anti-racism policy which is in the process of moving forward. In addition, the working group is developing the initial draft of an anti-racism policy for the Rady Faculty of Health Sciences.

The Rady Faculty of Health Sciences TRC Implementation Committee began meeting and finalized its Terms of References. There is representation on the Committee from all five colleges. A collaboration is being explored with the Institute of Healthcare Improvement, specifically the Community Health Accelerators Initiative of the 100 Million Healthier Lives campaign. This will include approaches like community building, organizing movements, health equity, and quality improvement. There is a significant focus on moving the implementation of the TRC Action Plan forward as shared responsibility across the Colleges among Indigenous and non-Indigenous learners, faculty and staff.

Challenges were experienced with the process of the program evaluation of the longitudinal Indigenous Health Course within the Max Rady College of Medicine. In addition to learner and faculty support, the Executive Director worked with others including the Dean, Associate Dean UGME, and Associate Dean Professionalism to examine the structures and policies around curriculum governance and evaluation. This has led to changes in the Terms of Reference and new structured participation of Onogmiizwin on the Curriculum Executive Committee and Program Evaluation Committee.

Publications


Research and Invited Presentations

- April 7, 2018: Keynote speaker: “The Next 150: Reconciliation and Health” at the Upstream Closing the Gap Conference, Ottawa, Ontario.
- Honouring Shawane Dagosiwin’s– Dr. Sherry Peden, Partnership Conference, IIHH and Aboriginal Education Research Forum, Winnipeg, MB, May 14, 2018
- CPHA Conference, Montreal, QC, May 29 – 31, 2018
- Occupational Therapy Student Presentation, University of Manitoba, Winnipeg, MB, June 14, 2018
- Presentation, Pediatric Nephrology Academic Rounds, Indigenous Health Equity: Examining Racism as an Indigenous Social Determinant of Health, University of Manitoba, Winnipeg, MB, October 5, 2018
- CoRS Grand Rounds: Impact on Racism, University of Manitoba, Winnipeg, MB, October 16, 2018
- Canadian Cardiovascular Congress, Toronto, Ontario, October 2018
- Canadian Undergraduate Conference on Healthcare 2018, Queen’s University, Kingston, ON, November 9-10, 2018
- Indigenous Scholar Speaker Series, University of Manitoba, February 12, 2019
**Students**
- Frankie Eleanor, April 16 – May 11, 2018
- Mark Rodger, September 4, 2018
- Courtney Bell, October 1 – 26, 2018
- Christopher Briggs, October 29 – November 16, 2018
- Joel Braun, February 4 - 22, 2019
- Ruth Habte, February 4 – 22, 2019

**Executive Director, Ongomiizwin Health Services Activities for 2018**
Melanie McKinnon

The Executive Director of Indigenous Health Services is responsible for providing leadership, oversight and management of IIHH programs and services. By working collaboratively with the Vice Dean Indigenous Health, Faculty members within RFHS and the university at large, OHS Medical Advisors and RFHS College leadership the goals set out in the IIHH’s strategic plan can be achieved. Along with senior leadership, continue to design, implement and execute a Truth and Reconciliation Action Plan, in response to the Truth and Reconciliation Commission of Canada: Calls to Action, within the context of Indigenous Health and University framework.

Additional emphasis is placed on efforts to build relationships with community in ways that facilitates and promotes self-determination, strengthen partnerships with government agencies and health organizations to further and enhance Indigenous health, and collaborate with University faculty and colleges to support Indigenous education.

Administratively, the incumbent oversees the operations of OHS clinical programs and projects; approximately 200 health professionals and staff within a $24 million budget. This includes: Manitoba Physician and Specialist program, Nursing Programs, Inuit Health Program, Kitisii Yawin – Maternal Child Health Pilot, and Mental Health Case Management Program.

**Conferences**
- IHI Conference, Orlando, December 10 – 13, 2018
- 17th international congress on circumpolar health, Copenhagen, Denmark, August 2018
- Ongomiizwin Annual Research Health Symposium, Our Truths, Our Voices, Reclaiming the world through story, Winnipeg, MB, November 21-22, 2018

**Presentations**
- 1st World Congress on Migration, Ethnicity, Race and Health – Diversity and Health, Edinburgh, Scotland, UK, May 14 – 23, 2018

**Director, Indigenous Health Integration Activities for 2018**
Debra Beach Ducharme

The Director, Indigenous Health Integration focuses on supporting the Colleges of the RFHS in developing relationships, partnerships with Indigenous organizations and communities and supports key developmental community engagement opportunities. The Colleges identify their specific priorities through their Strategic Planning consistent with the Rady Faculty of Health Sciences Strategic directions, and Ongomiizwin helps to support activities that are consistent with these priorities in Indigenous Health, or a theme of the TRC Action Plan.

The Director supports all Colleges either through formal celebrations such as Graduations or Inaugural Orientations, Workshop presentations, Indigenous Knowledge sharing opportunities, community visits and other initiatives and efforts as defined as priorities by the College.

Activities through the Director are consistent with the themes identified in our TRC Action Plan – Education across the spectrum, closing the gap in admissions, safe learning environments and professionalism, and honouring traditional knowledge systems and practices. [TRC Action Plan](#)
**Indigenous Knowledge Workshop - Nametwaawin – Making a Presence**

*Integrating Indigenous Knowledges into Curriculum and Teaching practices and methodologies.*

This three hour workshop utilizes a video of discussions (followed by a workbook, authored by Aboriginal Focus Programs, to guide discussions) by prominent Indigenous scholars locally and nationally and their views and insights on how to incorporate Indigenous knowledge’s and worldviews within Eurocentric structures and frameworks.

The objectives of the seminar for participate, who are mainly staff and faculty from all departments at the University of Manitoba) focuses on three areas. These areas include: Increasing participants understanding of what is Indigenous Knowledge; The challenges of integrating Indigenous Knowledge from their own teaching experience and finally, an opportunity to develop a knowledge base of effective strategies to integrating Indigenous knowledge into teaching methodologies and curriculum.

**Blanket Exercise**

The KAIROS Blanket Exercise is an interactive learning experience that teaches the Indigenous rights history we’re rarely taught. Developed in response to the 1996 Report of the Royal Commission on Aboriginal Peoples—which recommended education on Canadian-Indigenous history as one of the key steps to reconciliation, the Blanket Exercise covers over 500 years of history in a one day participatory workshop.

Blanket Exercise participants take on the roles of Indigenous peoples in Canada. Standing on blankets that represent the land, they walk through pre-contact, treaty-making, colonization and resistance. They are directed by facilitators representing a narrator (or narrators) and the European colonizers. Participants are drawn into the experience by reading scrolls and carrying cards which ultimately determine their outcomes. By engaging on an emotional and intellectual level, the Blanket Exercise effectively educates and increases empathy. Ideally, the exercise is followed by a debriefing session in which participants have the opportunity to discuss the experience as a group. This often takes the form of a talking circle. (Source Kairos website.)

**Activities**

- Provide each of the health colleges workshops on Indigenous Knowledge (Namatewewin) for staff and the Kairos Blanket Exercise for staff and students.
- Indigenous Knowledge workshops (3-4 times per year)
- Kairos Blanket Exercise (10 times annually)
- Work collaboratively with the Center for Advancement of Teaching and Learning (CATL) in the development of workshops in Indigenous Knowledge, curriculum development and other workshops as requested by the health colleges
- Retreats for First Nations communities (2 times annually)
- Travel to First Nations communities 3-4 times per month to assist in the development and implementation of each community’s strategic health plans, (short and long term).
- Provide one on one support for staff and faculty in each of the health colleges as it pertains to Indigenous health yearly plans and professional development.
- Provide workshops and program support for partners and stakeholders as requested.
- Research and support for the development of Land Acknowledgment video as requested by health colleges.
- Hand drumming monthly workshops for staff and students
- Attendance at National Indigenous Science Health Cohort and IPAC
- Elders Gathering September 2019
- Attendance at Ongomiiziwin Education and college events and cultural activities for students
Research Associate
Amanda Fowler-Woods

As a Research Associate, I am connected to Ongomiizwin Research, Education, and Health Services. My roles include collaborating with other team members for research and evaluation projects within Ongomiizwin and the larger University community as well as coordinating programs, sitting on advisory boards, and filling other roles wherever needed.

I am also completing my final course of my PhD work in the Department of Community Health Sciences. On completion of this final course I will be preparing for my candidacy exam in October 2019 and planning for defense of my research proposal in January 2020.

I gave birth to my daughter Saege in February 2018 and so for much of the 2018 year I worked part time (one day per week) while attending school fulltime.

Roles

- Research Associate for the Indigenous Health Care Quality Platform Development Project
- Evaluator for the Norway House Preceptor Anti-Racism Education Curriculum.
- Co-Applicant in the CIHR Team Grant – Human Immunology Initiative
- PhD Student, Department of Community Health Sciences, Rady Faculty of Health Sciences
- Student Representative on the Indigenous Scholar Hiring Committee 2018/2019
- Member of Advisory Board for the Rheumatoid Arthritis Research in First Nations
- Coordinator of the IIAHN
- Team Member of the Ta Minogin Kii Mashkiki Minaan – Our Medicines Will Grow Project
- Advisory Council Member for the Bariatric Surgery: Type 2 Diabetes in the Urban Indigenous Population Project

Presentations

- *Queer Baby Making* – Session Presenter for Year 3 Undergraduate Medical Students - September 18
- *Please Don’t Make Any Assumptions* - Presentation to Family Medicine Residents at St. Boniface Hospital – October 2018
- *Land, Life, Love* – Presented at Pimose Ta – Let’s Walk Together – Ongomiizwin Education Mentorship Event – March 2018

Conferences

- IPAC – Indigenous Physicians Association of Canada – August 2018 - Toronto, ON.

Courses Completed

- CHSC 7220, NATV 7230, CHSC 7740, NATV 7310, CHSC 8600, CHSC 7400
AWARDS AND RECOGNITION

Dr. Catherine Cook
2018 Recipient of the Royal College Dr. Thomas Dignan Indigenous Health Award

Dr. Marcia Anderson
Canada’s Most Powerful Women: Top 100 Award

Dr. Melinda Fowler-Woods
CBC Future 40 Award, November 2018

Manitoba Medical Students Association nomination for teaching excellence for the 2017/18 academic year in the following categories: Innovation, Inspiration, Mentorship, Teaching in a small group setting, February 2019
Ongomiizwin Education

Ongomiizwin Education is a resource center for Indigenous students enrolled in the health professional degree programs in the Rady Faculty of Health Sciences in any of the five Colleges of Medicine, Dentistry, Nursing, Rehabilitative Sciences and Pharmacy. In 2005, following lobbying by Indigenous Medical students and the ACCESS Programs of the Division of Extended Education; the Office of the Dean of Medicine established the Center for Aboriginal Health Education (CAHE). Now Ongomiizwin Education, the Centre provides a welcoming and safe place for Indigenous students to seek access to much needed resources and supports. In addition to providing readily accessible resources and supports, our faculty and staff work within our Colleges to support students in preparing for admission to the College of their choice, in providing cultural and traditional supports, in providing academic supports and generally working with students to maximize their opportunities for successful completion of their degree program.

Our Elder in Residence in Ongomiizwin Education at The Lodge, Margaret Lavallee, is a key contributor to the health and well-being of our students and staff. As well as providing cultural and traditional teachings for workshop participants and students; Elder Margaret Lavallee provides cultural and traditional protocols of formal and informal events on Campus, including supporting research teams and projects, opening Conferences, providing guidance and protocols for community engagement and supporting the work of Ongomiizwin faculty and staff as well as others within the RFHS.

In addition to mentoring and supporting students, we are committed to partnering with communities to support Pipeline programs to health careers, recruiting Indigenous students and to sharing our knowledge with communities and colleagues nationally and internationally while working to engage and involve Indigenous communities in the university planning for services that meet the needs of Indigenous communities.

Director, Ongomiizwin Education
Dr. Melinda Fowler-Woods

Key Activities and Highlights

- Medical Student Entrance Interviews, February 2019
- Pimose Ta- inaugural events hosted in March 2019 for Indigenous Health students and staff, this consisted of 1 day of land based teaching; teaching lodge and a sweat lodge and follow up with a half day academic presentations by students and staff; an email network was set up for those in attendance in order to have ongoing support
- Drumming group with Dr. Lisa Monkman – hosted on a monthly basis over the year as a form of mentorship and cultural learning and healing
- Sweet grass picking and teachings with Kathy Bird in Peguis -September 2018 - This was a form of team building and land based teaching.
- Community engagement/relationship building through Pipe ceremony and opening ceremony/smudging with Prairie Love Yoga Festival - September 2018
- Methadone/Buprenorphine/naloxone course audit with the College of Physicians and Surgeons of MB- November 2018.
Medical Students Entrance Interviews Workshop

This is an annual event that is hosted by Ongomizwin Education and supported by the Ongomizwin Indigenous Institute of Health and Healing. We had 25 participants, 13 of which were from out of province for the 2019 workshop. We had many volunteers (64) assist to help make this event a huge success. These volunteers included people from ACCESS Fort Garry, the health sciences professions along with community members. Changes are made to this event each year based on participants and the planning committee’s feedback in order to keep improving it. This year was the first year that Dr. Goulet from UGME admissions was involved in providing feedback from the Indigenous community. Based upon this feedback a team of Elders/Knowledge Keepers were more involved during the three days of the workshop and then returned to offer support and guidance during the admissions interviews. The addition of more Elders/Knowledge Keepers made an astounding difference with both events. Moving forward there will be an Elders/Knowledge Keepers advisory group working closely with us on our admissions efforts.

Pimose Ta: Lets Walk Together – Inter-professional Mentorship Days

This was an inaugural event that we hope to host annually. This event was to help with developing a network of support for Indigenous faculty and staff from the 5 colleges with the Rady Faculty of Health Sciences. It is also to strengthen our culture and our ceremony and to allow us to return to land based teaching while building relationships, making connections and initiate mentorship opportunities. We had 30 in attendance for the teaching lodge/sweat lodge: land based learning day hosted at the Sandy Salteaux Centre and 25 in attendance for the academic half day hosted at the U of M Bannatyne campus. We had 5 presenters consisting of 3 students and 2 faculty members.

Community Engagement

- Physician Director representative on the Indigenous Physicians Association of Canada Board of Directors, August 2018
- Indigenous representative for the College of Physicians and Surgeons on MB, Manitoba Buprenorphine/naloxone recommended practice manual working group, April 2019

Funding

- Elder’s Advisory committee for MSEI/Admissions: $7,100
- Indigenous Inter-Professional day: $10,600

Students

- Elective Student from McGill: August 2018
- Med Student Shadowing: Mothering Project, January 2018
**Ongomiizwin Supports**

The office houses a large student space with computers for use by the members, a small kitchen for those on-call beyond regular hours, a conference room for meetings and private tutoring and study. A full time administrative assistant provides direct support for the students and facilitates regular mentorship gatherings with senior indigenous health care practitioners. The unique feature to the supportive environment are two elders who provide cultural teachings and guidance.

**Senior Lead, Indigenous Health Student Affairs**

The Senior Lead, Indigenous Health Student Affairs, works with self-identified Indigenous students within the Rady Faculty of Health Sciences in the areas of mentorship, retention, student support, and program completion. As a first point of contact, the Senior Lead connects students to the most relevant academic and personal support resources, when necessary, to promote strong academic achievement and wellness. The Senior Lead also encourages future prospective students to consider a health career through pipeline and recruitment activities. All of these activity areas revolve around providing an inclusive and welcoming environment at the Bannatyne Campus and creating a sense of community amongst future learners, current learners, staff and faculty.

**Ongomiizwin Education Membership**

Our key role in Ongomiizwin Education is supporting and recruiting our Indigenous students and this also includes recruiting and supporting mentors. We welcome health career professionals who are interested in mentoring students and supporting the vision for Indigenous achievement in our health career professional programs.

Activities at the Ongomiizwin Education are consistent with our Truth and Reconciliation Action Plan and can be grouped as Honoring traditional knowledge systems and practices, safe learning environments and professionalism, student support, mentorship and retention and closing the gap.

**Longitudinal Indigenous Health Course**

The Rady School of Medicine is the only institution in Canada delivering this unique course across the four years of undergraduate education. The development of this course rests upon learners developing a critical awareness of their social positioning in the context of the impact of ongoing colonization of indigenous communities in Manitoba and Canada. While the epidemiology and other features of illness patterns, diseases, mental un-wellness and a reliance on the social determinant of health frame a standard approach to understand Indigenous health, this course is underpinned by critical thinking. Learners are required to employ non-traditional analytical frames with words like race, racism, oppression and other forms of power disparities. The course examines the role of varying levels of indigenous specific racism and connects this phenomena to health, economic, social and political challenges indigenous communities face. The link to health outcomes is vital.
Ongomiizwin Health Services

Since July 1970 the J.A. Hildes Northern Medical Unit (NMU) has been the principal provider of health care to many communities in northern Manitoba and eight Inuit Hamlets in Nunavut. The goal is to provide dependable high quality medical care, promote and facilitate research that responds to the needs and wishes of the communities served, develop and foster educational programs within the communities and at the Faculty of Health Sciences, and increase awareness of health concerns of indigenous people. Clinical services include family practice and medical specialties, expanded practice nursing, renal health, diabetes foot program, diabetes retinal screening program, medical social work, human communication, and rehabilitation therapy. The support of the communities served, Manitoba Health, First Nations Inuit Health, and Health Canada is appreciated.

On June 2, 2017 the Rady Faculty of Health Sciences launched the Indigenous Institute of Health and Healing – Ongomiizwin. This launch builds on a long history of collective work to meet the health care needs of Indigenous peoples in Manitoba and Nunavut, initiated by Dr. Jack Hildes.

Over the past 49 years, hundreds of health professional, staff and faculty contributed to addressing the health needs of Indigenous peoples through the J.A. Hildes Northern Medical Unit (NMU), the Manitoba First Nations Centre for Aboriginal Health Research (MFNCAHR) and the Centre of Aboriginal Health Education (CAHE).

The integration of the above noted centres/units into the Indigenous Institute of Health and Healing intends to honour our past efforts in Indigenous health service, education and research but also move forward in a way that unites these three pillars and is firmly rooted in Indigenous ways of knowing and being. In order to move forward with unity and recognizing that research, health services and education are all critical pillars of Indigenous Health, it was decided to remove the previous names and they are now known as Ongomiizwin Health Services, Ongomiizwin Research and Ongomiizwin Education.

This report summarizes the activities of Ongomiizwin Health services for the fiscal year 2018/2019. It also includes our Vision, Intention, Purpose and Service Commitments.

Vision
We envision a world in which all First Nation, Inuit, and Metis people have achieved full and equitable access to the conditions of health including: ancestral pride, cultural and language reclamation, peace, shelter, education, food, income, a stable environment, land and resources, social justice; and health services, where the gifts and wisdom of First Nation, Inuit, and Metis cultures are recognised as valuable, distinctive, and beautiful.

Intention
Honouring Indigenous self-determination in Manitoba, Nunavut, and beyond by respecting the autonomy of the individual, family, community, and nation.

Purpose
• Provide timely and appropriate access to health care services
• Ensure quality of care and continuous improvement.
• Build strong relationships with goal of achieving improved health outcomes
• Support and promote development of new knowledge as determined and directed by community.
• Teach new learners and foster continuing professional education

Service Commitments
1. Safety - We commit to providing culturally and clinically safe- care & wellness of clients and communities
2. Listening - We commit to listening openly and without judgment to our clients/families/communities and all members of the health care team.
3. Compassion - We commit to compassionate and caring service delivery and providing a welcoming environment to our clients.
4. Respect - We commit to reducing barriers (physical, language, cultural, etc.) that may limit the use of our services.
5. Humility - We commit to supporting and responding to our client needs in a non-judgmental manner.
6. Transparency - We commit to being transparent and accountable to our clients, staff, partners, and funders.
7. Accountability - We commit to preserving ethical behaviour, providing safe and competent care and upholding quality assurance requirements to maintain facility, professional, and practice standards.
8. Learning and innovation - We commit to innovation, creativity, and being open to explore approaches and evidenced best practices.

Communities Served

MANITOBA
Mememwi-ziibiing (Berens River)
Miskosipi (Bloodvein)
Kisipakakamak (Brochet)
Baaskaandibewi-ziibiing (Brokenhead)
Chemawin
Churchill
Fisher Branch
Ochekwi Sipi (Fisher River)
Kistiganwacheeng (Garden Hill)
Misipawistik (Grand Rapids)
Hodgson
Kinonjeoshtegon
Dahlu T’ua (Lac Brochet)
Mishi-baawitigong (Little Grand Rapids)
Kinosawi Sipi (Norway House)
Bawingaasi-ziibiing (Pauingassi)
Azaadiwi-ziibiing (Poplar River)
Mathias Colomb (Pukatawagan)
Mithkwamepin Thaakakahikan (Red Sucker Lake)
Minithayininik (St. Theresa Point)
Tes-He-Olie (Tadoule)
Waasikamaank (Wasagamack)

NUNAVUT
Kivalliq
Arviat
Qamani’tuaq (Baker Lake)
Igluligaarjuk (Chesterfield)
Salliq (Coral Harbour)
Kangiqtiniq (Rankin Inlet)
Naujaat (Repulse Bay)
Tikirarjuaq (Whale Cove)
Sanikiluaq

Qikitan
Apex
Ikpiaajuk (Arctic Bay)
Kingait (Cape Dorset)
Kangiqtugaapik (Clyde River)
Ajuittuq (Grise Fiord)
Sanirajak (Hall Beach)
Iglulik (Igloolik)
Iqaluit
Kimmirut
Pangniqtuuq (Pangnirtung)
Mittimatalik (Pond Inlet)
Qikiqtarjuaq
Qausuittuq (Resolute Bay)

Jordan’s Principle
Bunibonibee Cree Nation (Oxford House)
Manto Sakikan (God's Lake Narrows First Nation)
Mosakahiken First Nation (Cree) (Moose Lake)
Nisichawayasihk Cree Nation (Nelson House)
Opaskwayak Cree Nation OCN (The Pas)
O-Pipon-Na-Piwin Cree Nation (South Indian Lake)
Sapotaweyak Cree Nation (Shoal River)
Kisematawa (Shamattawa First Nation)
Tataskweyak Cree Nation (Split Lake)
Wuskw Siipihk Cree Nation (Indian Birch)
New Programs

Nunavut School Therapy Services

Ongomiizwin Health Services partnered with the Government of Nunavut’s Department of Education, Student Achievement division, to provide enhanced school occupational therapy (OT), speech language pathology (SLP), and physiotherapy (PT) services in both the Kivalliq and Qikiqtani Regions of Nunavut. These services were provided during the 2017-2018, and 2018-2019 school years, managed by OHS’s Inuit Health Program. In the Kivalliq region, the partnership with Student Achievement formalized and funded existing services in the regions schools, and provided additional services to students in need. In the Qikiqtani region, the partnership was a new initiative which initiated OT, SLP, and PT services in the schools. Our goal is to provide regular school therapy services to both regions of Nunavut and to develop collaborative relationships with students, school teams, and parents. Our therapists are encouraged to work in a strength-based model of practice that is culturally appropriate and aligned with Inuit Qaujimajatuqangit (IQ) principles.

Brochet, Lac Brochet & Tadoule

In the latter half of 2018, Ongomiizwin Health Services received Band Counsel Resolutions from Brochet, Tadoule and Lac Brochet requesting OHS to be the communities’ Primary Care provider. Primary care services commenced on September 4, 2018, September 10, 2018, and January 9 2019, respectively. Total physician 1.0 FTE is currently divided amongst these three communities.

Jordan’s Principle

On October 1, 2018, the University of Manitoba’s Ongomiizwin Health Services, and Department of Pediatrics, Winnipeg Regional Health Authority and Manitoba Keewatinowi Okimakanak Inc. (MKO) entered into a service agreement in an effort to work together with the Jordan’s Principle – Child First Initiative. The Primary focus of the clinical partners is to establish links with Jordan’s Principle case managers and service coordinators in order to identify children and youth with previously unattended developmental and chronic health needs. Clinical services provided include, pediatric and adolescent psychology care. Currently, ten communities are serviced. They include:

- Bunibonibee Cree Nation (Oxford House)
- God’s Lake Narrows First Nation
- Mosakahiken First Nation (Cree) (Moose Lake)
- Nisichawayasihk Cree Nation (Nelson House)
- Opaskwayak Cree Nation OCN (The Pas)
- O-Pipon-Na-Piwin Cree Nation (South Indian Lake)
- Sapotaweyak Cree Nation (Shoal River)
- Shamattawa First Nation
- Tataskweyak Cree Nation (Split Lake)
- Wuskwi Sipihk Cree Nation (Indian Birch)
Human Resources Summary

The primary activities for this position is to manage all aspects of human resources and recruitment for the Indigenous Institute of Health and Healing. This includes 62 full-time/part-time, 66 casuals and 8 other academic within 4 independent units in Winnipeg and several remote communities in Manitoba and Nunavut. This position also recruits and retains family physicians for 18 nursing stations and 3 hospitals in Manitoba.

The role requires extensive knowledge of all of the positions and contractual agreement within in the University and Doctors Manitoba. Supervises the weekly submissions of all staff hours, writing of job descriptions, posting/screening/testing for all positions. The HR manager is a member of the leadership team and is responsible for initiating policy development and decisions involving HR issues – questions-concerns. The incumbent is responsible for the development of all aspects related to managing support staff and insuring the credentials of physician and allied health are updated and accurate.

Recruitment Activates

- March 12: College of Rehab Job Fair – University of Manitoba (Med- Rehab Recruitment)
- April 11-14: Rural Society of Physicians Canada – St. Johns, Newfoundland (Physician Recruitment)
- April 19: 60th Annual Scientific Assembly – Winnipeg, Manitoba (Physician Recruitment)
- June 19-22: Canadian Association of Occupation Therapist – Vancouver, BC (OT Recruitment)
- September 21-22: Resident Retreat – Portage La Prairie, Manitoba (Physician Recruitment)
- October 26-27: Canadian Association of Nephrology Nurses - Quebec, Montreal (Nurse Recruitment)
- November 2-3: Nurse Practitioner Association of Manitoba – Winnipeg, Manitoba (Nurse Recruitment)
- November 1-3: Montreal 18 – Montreal, Quebec (Physiotherapy Recruitment)
- November 14-17: Family Medicine Forum - Toronto, Ontario (Physician Recruitment)

Conferences

- April 27-May 1: Canadian Association of Physician Recruiters (CASPR)
- November 4-8: First Nation Health Manager Conference

Education

As of October 2018, Dr. Adrienne Morrow, Chief of Staff in Norway House, has additionally taken on the role of Program Advisor, Education, for Ongomizwin Health Services. Working with the Department of Family Medicine, a process has been developed to work towards having all OHS physicians and nurse practitioners who supervise medical students and residents hold an academic appointment in the RFHS. This process will further promote a high education standard for clinical training in communities served by OHS, with physician and nurse preceptors having formal academic affiliations with the University.
Ongomiizwin Health Services continues to support experiential learning for students and residents. This past year, up to 30 medical students were placed in communities served by OHS, through the 10-week summer student program, rural week placements, pre-clerkship summer early exposure program, third year core Family Medicine rotation, and fourth year elective experiences. In addition to medical students, OHS continues to support the training of students in the physician assistant program, as well as Interprofessional Learning Experiences, with teams of students from a variety of health disciplines in the RFHS learning interprofessional collaboration for culturally safe care in First Nations communities. This program will run for the third year in summer 2019.

Ongomiizwin Health Services also continues to provide strong support for Family Medicine residents from the Northern/Remote training stream, and also supports elective rotation requests from rural and urban stream residents, with a total of 35 resident placements this past year. Additionally, a collaboration has been formed with the Department of Emergency Medicine to work to develop northern training opportunities for the Royal College Emergency Medicine Residency Program, in specific communities served by OHS.

In order to further support medical learner training in Indigenous communities, a project called TE:ACH (Teacher Education: Anti-Racist Curriculum for Health), was developed and led by Dr. Barry Lavallee, Ms. Linda Diffey, Dr. Adrienne Morrow, and Dr. Ian Whetter. The aim of the project is to provide an intensive curriculum to physician educators in order to gain knowledge and skills to support learners in identifying and interrupting anti-Indigenous racism in clinical settings. With funding from the University of Manitoba Indigenous Initiatives Fund, the TE:ACH course was completed with the 11 regular preceptor physicians in Norway House over 8 weeks in March-April 2019. The forthcoming program evaluation will be conducted in the coming months.

Community Engagement

- Community engagement and information sharing with Indigenous communities
- Quarterly and Annual reports
- Bringing together our communities with our Facebook Page
- Donating frequent-flyer points to northern students to attend Discovery Days and the BioMedical Youth Summer Camp held annually at the Bannatyne Campus
- Member of the Aboriginal Day Planning Committee/staff participation on the day of
- Annual meetings/assemblies
- Participation in hiring committees
- NMU/UM participation on community boards/health committees upon invitation
- Annual/Bi-annual community visits
- Increased University presence at Aboriginal health events
- Attending meetings as and when required
Ongomiizwin Research

Ongomiizwin Research is a centre of research excellence, committed to building and maintaining productive and respectful partnership-based relationships with First Nations, Metis, Inuit and Indigenous communities, to recruiting Indigenous students and scholars, to providing effective support and mentorship, and to sharing and building knowledge internationally.

Ongomiizwin Research Membership:
A key role for Ongomiizwin Research is to support new and established researchers in including research questions of relevance to First Nations, Métis and Inuit in their programs of research; in developing relationships and partnerships; with research navigation, etc. Ongomiizwin Research welcomes researchers who are interested and involved in research aimed at improving the health of First Nations, Métis, Inuit, and Indigenous populations to become members of Ongomiizwin Research.

Ongomiizwin Research is bolstered by the strength of over 60 academic members from the University of Manitoba and beyond who engage in partnership-based Indigenous health research. We have seen over the last year 5 new members join the membership.

Ongomiizwin Research Support Unit/Research Navigation Services
One of the main functions of the Ongomiizwin Research is the Support Unit. Although membership is free, Research Navigation Services are offered to all participating members, on a fee for service basis. These services may include assistance with relationship building, ethics submissions, research assistant time, office space, IT services, and/or grant administration.

Through this service we have administered over $5 million in grants and we reviewed and submitted over $2 million in grants.

The 6th Annual Indigenous Health Symposium
The 6th Annual Indigenous Health Symposium was held on November 21st-22nd, 2018 with the theme: Our Truths, Our Voices: Reclaiming the world through story. Hosted by Ongomiizwin Research this symposium brought together over 200 registrants including community and academic researchers, students, youth, Elders, health leaders and policy makers in the Manitoba who share the common goal of improving the health of Indigenous communities. On the first day we had a Tea with Elders as our Keynote presentation with Elder Margaret Lavallee, Elder Normal Meade and Elder Maata Evalaujuk-Palmer. The second keynote presentation was done by Leslie Spillette, Sherryl Blacksmith and Geraldine Shingoose and the topic was Niteh Maskihkiy - Heart Medicine Healing. As well as the keynote presentations there was 28 concurrent sessions, 10 poster presentations, 4 panels and 2 workshops.

Prairie Indigenous Knowledge Exchange Network (PIKE-Net)
The Prairie Indigenous Knowledge Exchange Network (PIKE-Net) was successful in our application for an Indigenous Mentorship Network Program Training Grant through the Canadian Institutes for Health Research-Institute of Indigenous Peoples’ Health (CIHR-IIPH). Delivered through Ongomiizwin – Research, the PIKE-Net program consists of a team of community- and university-based Indigenous and non-Indigenous scholars from four Manitoba universities (University of Manitoba, University of Winnipeg, University of Brandon and the University College of the North) and a consortium of three Manitoba-based Indigenous organizations (Nanaandawewigamig First Nations Health and Social Secretariat of Manitoba, the Manitoba Metis Federation, and the Manitoba Inuit Association).

PIKE-Net is intended to improve the recruitment and retention of Indigenous university students; increase and improve the quality of training opportunities for those students; increase networking opportunities (including international networks); increase the number of Indigenous students who are awarded outside funding (i.e. provincial or national funding); improve the quality and quantity of knowledge products; and continue to identify individual/systemic barriers for Indigenous students.
This year PIKE-Net funded 8 PhD fellowships, 6 master fellowships and 9 undergraduate students. In our second open competition for undergraduate students there were 19 students who applied and had the opportunity to be part of the summer internship program. We have reached out to approximately 200 students and have done over 10 presentations about the program and Indigenous health research across Manitoba. Two of our PhD fellowships have gone on to win Vanier fellows. The PIKE-Net program offers a variety of supports and opportunities for undergraduate and graduate students who are interested in Indigenous health including: paid Summer research internships; graduate fellowships; workshops to help develop students' research skills; mentor matching; cultural supports; opportunities to present and network at PIKE-Net research institutes; and more.

<table>
<thead>
<tr>
<th>Student name</th>
<th>Program</th>
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<tbody>
<tr>
<td>Monica Cyr</td>
<td>Human Nutritional Sciences (UM, MSc)</td>
</tr>
<tr>
<td>Valdine Flaming</td>
<td>Disability Services (UM, M.A.)</td>
</tr>
<tr>
<td>Tabitha Martens</td>
<td>Social Work, Native Studies (UM, PhD)</td>
</tr>
<tr>
<td>Taylor Morriseau</td>
<td>Pharmacology and Therapeutics (UM, MSc)</td>
</tr>
<tr>
<td>Stephanie Ann Sinclair</td>
<td>Native Studies (UM, PhD)</td>
</tr>
<tr>
<td>Amanda Woods-Fowler</td>
<td>Community Health Sciences (UM, PhD)</td>
</tr>
<tr>
<td>Aimee Louis</td>
<td>Indigenous Governance (UM, MA)</td>
</tr>
<tr>
<td>Aleah Fontaine</td>
<td>Psychology (UM, MA)</td>
</tr>
<tr>
<td>Maynan Robinson</td>
<td>Indigenous Governance (UM, MA)</td>
</tr>
<tr>
<td>Vanessa Van Brewer</td>
<td>Nursing (UM, PhD)</td>
</tr>
<tr>
<td>Wanda Philips-Beck</td>
<td>Community Health Sciences (UM, PhD)</td>
</tr>
<tr>
<td>Wayne Clark</td>
<td>Education, (Athabasca University, PhD)</td>
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Undergraduate students:

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<tr>
<th>Student name</th>
<th>Program</th>
<th>University</th>
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<tbody>
<tr>
<td>Donald Dysart</td>
<td>Bachelor of Arts (Aboriginal Studies)</td>
<td>UCN</td>
</tr>
<tr>
<td>Danielle Garrioch</td>
<td>Bachelor of Arts (Aboriginal Studies)</td>
<td>UCN</td>
</tr>
<tr>
<td>Rachel Bach</td>
<td>Bachelor of Health Sciences (Midwifery)</td>
<td>Ryerson University</td>
</tr>
<tr>
<td>Sarah Delaronde</td>
<td>Bachelor of Arts (Anthropology)</td>
<td>UW</td>
</tr>
<tr>
<td>Hailey Hildebrand</td>
<td>Bachelor of Sciences (Pre-med)</td>
<td>UM</td>
</tr>
<tr>
<td>Kirsten Balness</td>
<td>University 1 (Nursing)</td>
<td>UM</td>
</tr>
<tr>
<td>Kirsten Fleury</td>
<td>Bachelor of Sciences (Biology/Pre-Med)</td>
<td>UM</td>
</tr>
<tr>
<td>Raven-Dominique Gobeil</td>
<td>Law</td>
<td>UM</td>
</tr>
<tr>
<td>Tara Myran</td>
<td>Bachelor of Arts (Psychology &amp; Writing/Communications)</td>
<td>UW</td>
</tr>
</tbody>
</table>
Director, Ongomiizwin Research
Dr. Josée Lavoie

Health and Health Services of First Nations, Métis and Inuit Peoples Graduate level Course
This course is offered through the department of Community Health Sciences, Max Rady College of Medicine, Rady Faculty of Health Sciences. This is a seminar-based course that critically examines First Nations, Métis and Inuit health status, health care services, historical assumptions about indigenous populations, and ‘pre-Canada’ world events influencing European colonization of this land with resultant marginalization of original indigenous Peoples. This course had 2 PhD level and 1 MPH students, and 2 additional participants (1 faculty member, 1 post doctoral fellow) who were auditing the course. This course was unique as it was co-lead by Dr Josée Lavoie (Euro francophone ancestry), Elder Geraldine Shingoose (First Nations) and Dr Melinda Fowler-Woods (Metis medical doctor).

List of Publications


Presentations


**Students:**
- Jacqueline Nobiss, PhD, Laurier U, Social Work
- Joyce Chalan, PhD UArizona, Indigenous program
- Jennifer White, PhD UM, CHS
- Tara Horrill, PhD UM, Nursing
- Jessie King, PhD UNBC, Health Sciences
- Monica Achtemichuk, MSc UM, Med rehab
- Wanda Philips-Beck, PhD UM, CHS
- Stephanie Sinclair, PhD UM, Native Studies
- Naser Ibrahim, Postdoc UM, Health Sciences
- Grace Kyoon-Achan, Postdoc UM, Health Sciences
- Jacqueline Nobiss, MA UNBC, Social Work
- Wayne Clark, PhD Athabasca, Education
- Darrien Morton, MSc UM, CHS
- Elizabeth Cooper, PhD UM, CHS
- Virginia Russell, PhD UNBC, Health Sciences
- Trina Fyfe, PhD UNBC, Health Sciences