The Bachelor of Health Studies (BHSt) degree focuses primarily on the social science aspects of health. Students take courses in departments such as economics, sociology, native studies and community health sciences to understand how social factors like poverty and cultural background affect people’s health. The BHSt degree provides a foundation for careers in healthcare teams, and community health management and education. There are additional requirements for training in the traditional sciences to provide a complementary foundation in health sciences.

General admission requirements for IHP: 24 credit hours (6 credit hours from Arts and 6 from Science) with a 2.0 GPA. Students may also apply direct from high school. Please see the application bulletin for necessary requirements.

**CAREER OPPORTUNITIES**

- Health and Safety Program Coordinator
- Health Promotion and Disease Prevention Coordinator
- Volunteer Coordinator
- Health Policy Analyst
- Addictions Counsellor
- Community Health Educator
- Abuse Prevention Consultant
- Client Advocate
- Teaching
- Coordinator, Program Planning and Evaluation
- Fundraiser, Health-related Organizations
- Health Research Coordinator
- Health Care Administrator

**CONCENTRATIONS**

- HEALTH POLICY, PLANNING & EVALUATION
- HEALTH PROMOTION & EDUCATION
- FAMILY HEALTH
Health Policy, Planning, and Evaluation
This concentration can provide foundational knowledge related to health policy development and related evaluation, as well as programming services. This concentration can be a potential route for those wishing to pursue related graduate studies in Community Health Sciences.

Health Promotion and Education
This concentration is a route through which students wishing to pursue a career as a home economics teacher may obtain their ‘teachable subjects’ in family studies and nutrition (two essential components of home economics teaching). Students are advised that additional training will be required and that consultation with academic advisors in the Faculty of Education is recommended. This concentration also provides training for health education for individuals wishing to work for non-school health educators, e.g. health charities.

Family Health
This concentration provides a path for students interested in family social sciences (an existing major that the university plans to phase out). One of the features of the Family Health concentration will be the ability to take courses relevant to Aging and Developmental Health; Child and Youth Developmental Health; Family Economic Health; Family Violence; or Social Development allowing the program to be flexible and meet individual student needs. Students in this concentration can choose course topics such as child and youth developmental health, family economics and family violence, laying the academic foundation for careers such as residential care worker, youth care worker or victim services worker.

This program can provide a foundation for students who wish to enter professional programs and offer another route for students to gain access to specialized programs for both health and social science fields.

The Interdisciplinary Health Program (IHP) is a joint program offered in partnership by the Rady Faculty of Health Sciences and the Faculties of Arts and Science. The IHP offers two separate, four year, 120 credit hour degrees:

- Bachelor of Health Studies
- Bachelor of Health Sciences (not covered in this brochure)

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120 CREDIT HOURS

Notes
1 Equivalent courses offered through Université de Saint-Boniface may be used in lieu of the specified courses identified in the degree program chart. Université de Saint-Boniface courses end in the number “1” (e.g. SOC 1201).
2 See Bachelor of Health Studies electives list for courses that would meet the science requirement.
3 Of the 21 credit hours of program electives, 9 must be at the 3000-4000 level.

CONTACT
INTERDISCIPLINARY HEALTH PROGRAM
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For registration and pre-requisite details visit: umanitoba.ca/faculties/health_sciences/IHP