

BACHELOR OF HEALTH STUDIES PLANNING PAGE

HEALTH STUDIES: REQUIRED COURSES

YEAR 1		CREDITS
SOC 1200	Introduction to Sociology	6
PSYC 1200	Introduction to Psychology	6
ANTH 1210	Human Origins and Antiquity	3
ANTH 1220	Cultural Anthropology	3
STAT 1000	Basic Statistical Analysis	3
BIOL 1020	Biology 1 Principles and Themes	3
BIOL 1030	Biology 2 Biological Diversity, Function and Interaction	3
Free Elective ²	Course Title:	3
YEAR 2		
PHIL 1290	Critical Thinking	3
HMEC 2000 OR	Research Methods and Presentation	3
PSYC 2250	Introduction to Psychological Research	
HNSC 1210	Nutrition for Health and Changing Lifestyles	3
FMLY 3780 OR	Introduction to Children & Families Development of Programs	3
FMLY 3790	Introduction to Children & Families Evaluation of Programs	
ECON 1210	Introduction to Canadian Economic Issues and Policies	3
NATV 1220 OR	Native Peoples of Canada Part 1	3
NATV 1240	Native Peoples of Canada Part 2	
HEAL 2600	Integration of Health Determinants of Individuals ⁴	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Free Elective ²	Course Title:	3
YEAR 3		
PHIL 2740	*Ethics and Biomedicine	3
GEOG 4290	*Geographies of Health and Health Care	3
SOC 2490	*Sociology of Health and Illness	3
*Choose any 6 cr. hours of 9 credit hours from the above		
HMEC 3000	Introduction to Social Epidemiology	3
HEAL 3600	Integration of Health Determinants for Communities ⁴	3
GMGT 1010 OR	Business and Society	3
GMGT 2070	Organizational Behaviour	
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
YEAR 4		
HEAL 4610	Health Studies Capstone	3
HEAL 4600	Integration: Canada & World Focus ⁴	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Program Elective ³	Course Title:	3
Free Elective ²	Course Title:	3
Free Elective ²	Course Title:	3
Free Elective ²	Course Title:	3

NOTES:

¹ Check and consult the University Calendar for former course numbers, other equivalents, and for prerequisites.

² Free electives are the student's choice. To graduate, the student must include: 15 credit hours of free electives. However, students may need to use a free elective as a prerequisite before completing a program elective.

³ Program electives must be taken from an approved list: umanitoba.ca/faculties/health_sciences/ihp/electives.html

For further information, see the Academic Advisor.

To graduate, the student must include 36 credit hours of program electives from an approved list. This includes:

- Minimum Social Science courses: 21 from 36 credit hours
- Minimum Science courses: 12 from 36 credit hours
- Minimum 3000 & 4000 level courses: 24 from 36 credit hours

B.H.St.: students are required to take 21 credit hours of social science and 12 credit hours of science courses from 36 credit hours of Approved Electives.

It is advisable to thoroughly plan your four year program and speak to a Academic Advisor during drop in hours for guidance in choosing courses.

Program electives should be planned strategically and upon entering the Interdisciplinary Health Program. Additional prerequisites may be required for higher level courses. The table below is for course planning.

36 Credit Hours of Program Electives: of which 24 credit hours must be from the 3000 or 4000 level

Example: 3 Credits (social science course)	__ ANTH 3380	- 3000/4000 Level	<input checked="" type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (social science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (science course)	_____	- 3000/4000 Level	<input type="checkbox"/>
3 Credits (from either approved list)	_____	- 3000/4000 Level	<input type="checkbox"/>

Remaining electives from the Approved List (If required):

Completed	Course Name	Science/ Social Science
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____

⁴The Integration courses: HEAL 2600, HEAL 3600, & HEAL 4600 are offered in case-study format in years 2, 3 and 4.

*In the event of discrepancies with this document and the General Calendar, the General Calendar will prevail.

*You must have the prerequisites for any course you take. We will not override prerequisites in order to allow you to progress more quickly.



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