

BACHELOR OF HEALTH STUDIES PLANNING PAGE

HEALTH STUDIES: REQUIRED COURSES

YEAR 1		CREDITS
ANTH 1210 OR	Human Origins and Antiquity	3
ANTH 1220	Cultural Anthropology	
FMLY 1012	Introduction to Social Development	3
PSYC 1200	Introduction to Psychology	6
SOC 1200	Introduction to Sociology	6
STAT 1000	Basic Statistical Analysis	3
Elective	Concentration elective	3
Science electives	Science electives	6
YEAR 2		
ECON 1210 OR	Introduction to Canadian Economic Issues and Policies	3
ECON 1220	Introduction to Global and Environmental Economic Issues and Policies	
GMGT 1010 OR	Business and Society	3
GMGT 2070	Introduction to Organizational Behaviour	
HEAL 2600	Integration of Health Determinants of Individuals ⁴	3
HMEC 2000 OR	Research Methods and Presentation	3
PSYC 2250	Introduction to Psychological Research	
HNSC 1210	Nutrition for Health and Changing Lifestyles	3
NATV 1220 OR	Native Peoples of Canada Part 1	3
NATV 1240 OR	Native Peoples of Canada Part 2	
NATV 3240	Native Medicine and Health	
Electives	Electives: concentration (6); program (3); free (3)	
YEAR 3		
FMLY 3750	Fundamentals of Health Promotion	3
FMLY 3780	Introduction to the Development of Programs for Children and Families	3
FMLY 3790	Introduction to the Evaluation of Programs for Children and Families	3
HMEC 3000	Introduction to Social Epidemiology	3
HEAL 3600	Integration of Health Determinants for Communities ⁴	3
PHIL 2740	Ethics and Biomedicine	3
SOC 2490	Sociology of Health and Illness	3
Electives	Electives: Concentration (3); Program (6)	
YEAR 4		
HEAL 4600	Integration: Canada & World Focus ⁴	3
HEAL 4610	Health Studies Capstone	3
Electives	concentration (6); program (12); free (6); NB. of the 21 hours of program electives, 9 must be at the 3000-4000 level	

NOTES:

¹ Check and consult the Academic Calendar for former course numbers, other equivalents, and for prerequisites.

² Free electives are the student’s choice. To graduate, the student must include: 9 credit hours of free electives. However, students may need to use a free elective as a prerequisite before completing a program elective.

For further information, see the Academic Advisor. It is advisable to thoroughly plan your four year program and speak to a Academic Advisor during drop in hours for guidance in choosing courses.

To graduate, the student must include the following from approved electives list:

- 18 credit hours of concentration electives.
- 21 credit hours of program electives, of which 9 credit hours must be at the 3000-4000 level.

Program electives should be planned strategically and upon entering the Interdisciplinary Health Program. Additional prerequisites may be required for higher level courses. The table below is for course planning.

Concentration Electives

Program Electives

- 3000/4000 Level

- 3000/4000 Level

- 3000/4000 Level

Free Electives

³The Integration courses: HEAL 2600, HEAL 3600, & HEAL 4600 are offered in case-study format in years 2, 3 and 4.

⁴There is no double dipping of courses in the concentrations. For example, HNSC 1200 Food Facts and Fallacies is listed on both of the Health Policy, Planning and Evaluation and Health Promotion and Education concentration elective lists, however you may only use it towards one of the concentrations.

*In the event of discrepancies with this document and the Academic Calendar, the Academic Calendar will prevail.

*You must have the prerequisites for any course you take. We will not override prerequisites in order to allow you to progress more quickly.



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