

INTERDISCIPLINARY HEALTH PROGRAM (IHP)

BACHELOR OF HEALTH STUDIES

A joint program with the Faculty of Arts, Faculty of Science and Rady Faculty of Health Sciences



The Bachelor of Health Studies (BHSt) degree focuses primarily on the social science aspects of health. Students take courses in departments such as economics, sociology, native studies and community health sciences to understand how social factors like poverty and cultural background affect people's health. The BHSt degree provides a foundation for careers in healthcare teams, and community health management and education. There are additional requirements for training in the traditional sciences to provide a complementary foundation in health sciences.

General admission requirements for IHP: 24 credit hours (6 credit hours from Arts and 6 from Science) with a 2.0 GPA. Students may also apply direct from high school. Please see the application bulletin for necessary requirements.

CAREER OPPORTUNITIES

- Health and Safety Program Coordinator
- Health Promotion and Disease Prevention Coordinator
- Volunteer Coordinator
- Health Policy Analyst
- Addictions Counsellor
- Community Health Educator
- Abuse Prevention Consultant
- Client Advocate
- Teaching
- Coordinator, Program Planning and Evaluation
- Fundraiser, Health-related Organizations
- Health Research Coordinator
- Health Care Administrator

CONCENTRATIONS

- HEALTH POLICY, PLANNING & EVALUATION
- HEALTH PROMOTION & EDUCATION
- FAMILY HEALTH



UNIVERSITY OF MANITOBA | Rady Faculty of Health Sciences

umanitoba.ca/faculties/health_sciences/IHP

Students newly enrolled in the BHSt as of September 1, 2018 will be required to select one of the three new concentrations, which include:

Health Policy, Planning, and Evaluation

This concentration can provide foundational knowledge related to health policy development and related evaluation, as well as programming services. This concentration can be a potential route for those wishing to pursue related graduate studies in Community Health Sciences.

Health Promotion and Education

This concentration is a route through which students wishing to pursue a career as a home economics teacher may obtain their 'teachable subjects' in family studies and nutrition (two essential components of home economics teaching). Students are advised that additional training will be required and that consultation with academic advisors in the Faculty of Education is recommended. This concentration also provides training for health education for individuals wishing to work for non-school health educators, e.g. health charities.

Family Health

This concentration provides a path for students interested in family social sciences (an existing major that the university plans to phase out). One of the features of the *Family Health* concentration will be the ability to take courses relevant to Aging and Developmental Health; Child and Youth Developmental Health; Family Economic Health; Family Violence; or Social Development allowing the program to be flexible and meet individual student needs. Students in this concentration can choose course topics such as child and youth developmental health, family economics and family violence, laying the academic foundation for careers such as residential care worker, youth care worker or victim services worker.

This program can provide a foundation for students who wish to enter professional programs and offer another route for students to gain access to specialized programs for both health and social science fields.

The Interdisciplinary Health Program (IHP) is a joint program offered in partnership by the Rady Faculty of Health Sciences and the Faculties of Arts and Science. The IHP offers two separate, four year, 120 credit hour degrees:

- Bachelor of Health Studies
- Bachelor of Health Sciences (not covered in this brochure)

YEAR 1 ¹	YEAR 2 ¹	YEAR 3 ¹	YEAR 4 ¹
30 credit hours <ul style="list-style-type: none"> • ANTH 1210 or ANTH 1220 • FMLY 1012 • PSYC 1200 • SOC 1200 • STAT 1000 6 credit hours of Science Electives² 3 credit hours of Concentration Electives	30 credit hours <ul style="list-style-type: none"> • ECON 1210 or ECON 1220 • GMGT 1010 or GMGT 2070 • HEAL 2600 • HNSC 1210 • HNSC 2000 or PSYC 2250 • NATV 1220 or NATV 1240 or NATV 3240 6 credit hours of Concentration Electives 3 credit hours of Program Electives³ 3 credit hours of Free Electives	30 credit hours <ul style="list-style-type: none"> • FMLY 3750 • FMLY 3780 • FMLY 3790 • HEAL 3000 • HEAL 3600 • PHIL 2740 • SOC 2490 3 credit hours of Concentration Electives 6 credit hours of Program Electives³	30 credit hours <ul style="list-style-type: none"> • HEAL 4600 • HEAL 4610 6 credit hours of Concentration Electives 12 credit hours of Program Electives³ 6 credit hours of Free Electives
120 CREDIT HOURS			

Notes

¹ Equivalent courses offered through Université de Saint-Boniface may be used in lieu of the specified courses identified in the degree program chart. Université de Saint-Boniface courses end in the number "1" (e.g. SOC 1201).

² See Bachelor of Health Studies electives list for courses that would meet the science requirement.

³ Of the 21 credit hours of program electives, 9 must be at the 3000-4000 level.

CONTACT

INTERDISCIPLINARY HEALTH PROGRAM

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