Contemplative Studies in Education

Fall 2019 & winter 2020 BEd, PBDE & MEd courses

How can we cultivate compassion, kindness, well-being and healthy relationships for ourselves as educators, and with the youth and children in our classrooms and schools?

- Fall 2019 BEd elective: EDUB 3502 T49 — Cultivating Compassion Training for Classroom Teachers
- Winter 2020 PBDE & MEd: EDUB 5220 T03/EDUB 7142 T13 – Cultivating Compassion in Education: Research Perspectives and Transformative Practices
- New MEd Curriculum Studies Concentration in Contemplative Studies (2 courses) Cultivating Compassion in Education: Research Perspectives and Transformative Practices (winter 2020); The Promise of Contemplative Research and Practice in Education (winter 2021).

For more information, visit umanitoba.ca/education