



WE ARE HERE TO HELP
 The university wants you to succeed in all areas of your life! Visit these resources and help centres:

- ACADEMIC SUCCESS**
 Academic Advising
 Academic Learning Centre
 Financial Aid & Awards
 University 1 First Year Centre
- CAREER DEVELOPMENT**
 Career Services
 International Centre for Students
 Student Life
 UMSU
- CAMPUS SERVICES**
 Active Living Centre
 Daycare
 Homestay
 Student Residences
 University Health Service
- PERSONAL MANAGEMENT**
 Chaplain's Association
 Indigenous Student Centre
 Student Accessibility Services
 Student Advocacy Office
 Student Counselling Office

MAP OUT YOUR CAREER PATHWAY FROM THE START OF YOUR ACADEMIC JOURNEY!

PROGRAM OPTIONS

- B.A. HONOURS (SOCIOLOGY/CRIMINOLOGY) : 4 YEARS
- B.A. ADVANCED (SOCIOLOGY) : 4 YEARS
- B.A. GENERAL (SOCIOLOGY/CRIMINOLOGY) : 3 YEARS



SOCIOLOGY/CRIMINOLOGY COMPASS

This tool will provide you with the information you need for academic planning and connect you with experiences to develop the knowledge, skills and attributes that employers are seeking.

SOCIOLOGY/CRIMINOLOGY AT THE UNIVERSITY OF MANITOBA

As a sociology or criminology student in the Faculty of Arts, you will learn about the social behaviours of individuals and societies. The department of sociology has many opportunities for you to explore, with two programs of study:

- Sociology:** the study of the interactions between human beings and the social structures we create.
- Criminology:** the systematic study of the nature of crime and the laws and practices designed to respond to crime over time.

SKILLS YOU WILL GAIN BY STUDYING SOCIOLOGY/CRIMINOLOGY

- An understanding of human and social behaviours and how they are affected by personal, public and societal issues
- The ability to describe, understand and predict social behaviours using quantitative and qualitative methods
- The ability to think critically and develop innovative solutions to many complex social issues
- The ability to communicate effectively both verbally and in writing

DEPARTMENT OF SOCIOLOGY

Isbister Building
 318-183 Dafoe Rd
 (204) 474-9260
 sociology@umanitoba.ca
 umanitoba.ca/sociology

CAREER SERVICES

474 University Centre
 65 Chancellors Circle
 (204) 474-9456
 cs.receptionist@umanitoba.ca
 umanitoba.ca/student/careerservices

STUDENT SPOTLIGHT



“[Experiential education] continues to teach me the importance of hard work, understanding and integrity. There are road blocks that pop up at every stage so I've learned patience, perseverance and how to adapt in various situations.”
Brittany MacSween, criminology student

Read stories of alumni and senior students who mapped their own academic and career plan to fit with their skills, abilities and interests:
umanitoba.ca/careercompass

RECOMMENDED ANNUAL CHECKLIST

- Know the degree requirements and university regulations that apply to your program
- Meet with an academic advisor to ensure your academic plan meets degree requirements
- Obtain department approval for the honours program
- Check in with a career consultant to review progress on your career plan
- Update your resumé and LinkedIn profile with applicable experiences
- Get involved outside of the classroom and get recognized on your Co-Curricular Record

WHAT DO EMPLOYERS WANT?

Industries such as business, education, government and justice and social services would value a sociology or criminology degree in combination with the employability skills that are highly sought after by employers. These include:*

- Oral and written communication
- Critical thinking
- Problem solving
- Numeracy and data use
- Teamwork
- Digital technology
- Industry specific knowledge
- Continuous learning

Attain skills through your classroom education by taking advantage of experiential education opportunities.

**Information has been taken directly from Employability Skills 2000 and Workplace Education Manitoba – Essential Skills.*

WHAT IS EXPERIENTIAL EDUCATION?

Experiential education will enhance your classroom education by giving you hands-on experience that will resonate with employers. The University of Manitoba offers a wide variety of programs designed to facilitate your personal growth, connect you with others and ignite your active engagement in the local and global community.

EXPERIENTIAL EDUCATION OPPORTUNITIES:

- Work experience opportunities
- International student exchanges, international internships and travel study
- Local and international service-learning opportunities
- Undergraduate research and entrepreneurship
- Leadership and volunteer opportunities

The Sociology/Criminology Compass provides you with suggestions of how and when to use opportunities to make the most of your university experience. You may follow these guidelines or map out your own route.



SOCIOLOGY/CRIMINOLOGY COMPASS

B.A. Honours: 4 years
B.A. Advanced: 4 years
B.A. General: 3 years

	ACADEMIC SUCCESS	CAREER TIPS	VOLUNTEER & WORK EXPERIENCE	CULTURAL OPPORTUNITIES	
<p>YEAR 1 30 CREDITS</p>	<p>Course requirements: SOC 1200 or 1211 and 1221</p> <p>To do this year:</p> <ol style="list-style-type: none"> Sociology or criminology—what’s right for you? An academic advisor and career consultant can help you decide. If you need academic support, visit the Academic Learning Centre for workshops or to meet with a learning skills instructor. 	<p>Start planning your career:</p> <ol style="list-style-type: none"> Meet with a career consultant to generate career ideas based on your interests, values, personality and skills. Research occupations that match your skills and interests. Set up a careerCONNECT account to view job postings and register for workshops and events. Register for the Co-Curricular Record (CCR), an official record of university-approved activities. 	<p>Link experiences to your career interests. Options include:</p> <ol style="list-style-type: none"> Student groups including Arts Student Body Council or Criminology Association of Students. Volunteer with PEERS: Students Helping Students, Safewalk or join the Student Leadership Development Program. Student work opportunities including Work-Study, STEP Services or Federal Student Work Experience Program. Experiential education opportunities such as Alternative Reading Week Winnipeg and the Community Action Poverty Simulation. 	<p>Considering international opportunities? Attend World Opportunities Week in November for information about opportunities around the world.</p> <p>Explore communities and cultures you want to work with: Visit Migizii Agamik, the International Centre for Students or learn about local agencies via the Manitoba Contact Guide.</p>	<p>SAMPLE CAREERS WITH AN UNDERGRADUATE DEGREE AND RELATED EXPERIENCE</p> <ul style="list-style-type: none"> Auxiliary Cadet (WPS) Airport Security Screening Officer Border Services Officer Career/Employment Consultant Conciliation/Mediation Officer Correctional Service Officer Court Clerk Monitor Crime Analyst Crown Witness Coordinator Emergency Preparedness Analyst Foreign Service Officer Fundraising Coordinator Immigrant Settlement Worker Juvenile Counsellor Market Research Analyst Private Investigator Police Constable Probation/Parole Officer Rehabilitation Consultant Sheriff’s Officer Social Policy Analyst Social Program Coordinator Student Advocate Victim Services Specialist Volunteer Coordinator Youth Worker <p>OPTIONS REQUIRING OTHER EDUCATION</p> <ul style="list-style-type: none"> Criminologist Demographer Developmental Policy Officer Lawyer Marriage and Family Therapist Social Worker Teacher University Professor Urban and Regional Planner
<p>YEAR 2 60 CREDITS</p>	<p>Course requirements: Sociology: SOC 2220 and 2290 (honours must also take SOC 2010), plus additional required SOC courses* Criminology: SOC 2290, 2510 and 2610 (honours must also take SOC 2010 and 2220)</p> <p>To do this year:</p> <ol style="list-style-type: none"> Know the requirements for your degree. Meet with an academic advisor in the Faculty of Arts to help you plan your program. When choosing a minor, take courses that will open opportunities. 	<p>Make professional connections:</p> <ol style="list-style-type: none"> Join the Career Mentor Program to connect with professionals. Attend career fairs to connect with employers. Become a student affiliate with the Canadian Sociological Association (CSA) and/or Canadian Criminal Justice Association (CCJA). Develop professional connections with professors by applying for an Undergraduate Research Award. <p>Market your skills: Develop your resumé and cover letter and refine your interview skills.</p>	<p>Explore student research opportunities: Apply for an Undergraduate Research Award and inquire about research assistant positions.</p> <p>Gain practical experience by volunteering: Check out the Volunteers in Public Service (VIPS) program, Winnipeg Police Service and social service agencies.</p> <p>Obtain certificates employers may require, including: Nonviolent Crisis Intervention Training, Applied Suicide Intervention Skills Training, CPR/First Aid and Mental Health First Aid.</p>	<p>Develop global career skills and expand intercultural learning: Consider an international student exchange or Travel Study program, Students Without Borders internship or an international service-learning program, My World Abroad or SWAP for a “working holiday.”</p> <p>Staying local? Check out the WUSC Student Refugee Program or Praxis: Service-Learning for Social Change. Consider learning a new language and culture through the Volunteer Language Exchange Program.</p>	
<p>YEAR 3 90 CREDITS</p>	<p>Course requirements: Refer to the Academic Calendar for course requirements in your program</p> <p>To do this year:</p> <ol style="list-style-type: none"> Meet with a sociology advisor for honours program approval. Confirm eligibility to graduate with an academic advisor and declare intent to graduate in Aurora (3-year option). 	<p>Investigate your career options:</p> <ol style="list-style-type: none"> Look at sample job postings to ensure you have the qualifications upon graduation. Develop employability and essential skills sought by employers. Explore supports available to entrepreneurs for business development such as Innovative Manitoba’s Social Innovation Challenge. Create a LinkedIn profile to network with professionals. <p>Consider continuing your studies: Check out the Faculty of Graduate Studies, Extended Education or other academic institutions.</p>	<p>Continue or start research: Participate in the Undergraduate Research Poster Competition and/or consider taking Practicum in Criminological/Sociological Research (SOC 3100).</p> <p>Check out student job opportunities with: Canadian Border Services Agency, social service agencies and market research firms.</p> <p>Search for job opportunities online: Check out Job Bank, Find My Job, Indeed or other search engines.</p> <p>Use your networks and connections: Inquire about unadvertised job openings (the “hidden job market”).</p>	<p>Did you travel abroad? Write an article about your experience for World W.I.S.E. magazine.</p> <p>Participate in the multicultural opportunities on campus: Attend International Week, participate in the Intercultural Development and Leadership Program, volunteer for the Children Rising Mentorship Program or take part in the Graduation Pow Wow.</p>	
<p>YEAR 4 120 CREDITS</p>	<p>Course requirements: Refer to the Academic Calendar for course requirements in your program</p> <p>To do this year:</p> <ol style="list-style-type: none"> Meet with a sociology advisor for honours program approval. Confirm eligibility to graduate with an academic advisor and declare intent to graduate in Aurora. 	<p>Start job search 9 months in advance: Contact Career Services to refine your job search and self-marketing strategies. You can visit the office up to 6 months after graduation.</p> <p>If you are continuing on to graduate school: Finalize your application materials and take required tests. Use the awards database to search for funding and awards to help finance your continuing education. Contact your department to find out how they advertise their awards deadline.</p>	<p>Ensure you have references in place: Ask your professor for a reference or a letter of recommendation if you’re applying for graduate school.</p> <p>Find opportunities to market yourself: Present your research at the CSA Annual Conference or submit an article to the CCJA Justice Report.</p> <p>Assess your resumé: Identify any gaps in experience and fill them through volunteering, work placements or internships such as the Post-Secondary Recruitment Program.</p>	<p>Prepare to work in a multicultural environment: Visit Canada’s National Research Centre for Truth and Reconciliation on campus or explore Manitoba Start, which offers events and free workshops for newcomers to assist their job search.</p>	

Note: This resource is meant as a guide to provide suggestions throughout your time at university. Develop a plan and timeline that suits you best. Make intentional choices for your courses and work experiences.

*Please refer to the Academic Calendar for a complete list of program requirements.