



UNIVERSITY
OF MANITOBA

Psychobabble

Department
of
Psychology

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LOOK AT US!



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One of my priorities when I assumed the Headship in July 2005 was to establish a Wall of Honour (in P412 Duff Roblin) enumerating the many accomplishments of academic and support staff as well as students in the areas of scholarship, teaching, and service.

As a member of the department for 35 years, I knew that my colleagues and our students had garnered many distinguished awards, grants, and acknowledgements for their work while here at the university. A committee was struck and

they solicited information from staff and students. At that time, we decided that we would collect information starting from 1969, the date when the Duff Roblin building was erected. To our amazement we discovered that the wall (approximate dimensions 34 x 7 feet) could not hold all the individual plaques that would be needed to enumerate our accomplishments from 1969 through 2005 and allow sufficient space for future enumerations! Indeed, we were overwhelmed with the incredibly numerous accomplishments that staff and students achieved during this time span. Thus, our Wall of Honour will only enumerate our accomplishments beginning in the year 2000.

Because we were so impressed with the many and varied accomplishments of

staff and students, we decided to publish a newsletter specifically designed to acknowledge our 1969-2005 achievements. These accomplishments reflect positively not only on the Department of Psychology but on our University as a whole. Our intention in detailing these achievements is to share our successes so that we may honour our fellow staff members and students, past and present.

I hope that you enjoy this issue of our newsletter and take pride, as I do, in the accomplishments of our department.

H. J. Keselman,
Department Head

SCHOLARSHIP

1976

Garry Martin
Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Social Sciences Category
University of Manitoba

1980

Harvey Keselman
Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Social Sciences Category
University of Manitoba

1981

Garry Martin
Fellow
Canadian Psychological
Association

1982

Raymond Perry
Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Social Sciences Category
University of Manitoba

1984

Harvey Keselman
Fellow
American Psychological
Association

1985

Raymond Perry
NATO Senior Scientist Award

1986

Bob Altemeyer
Prize in Behavioral Science
Research
American Association for the
Advancement of Science

1989

Garry Martin
Honorary Doctoral Degree
The Colorado College

1990

Harvey Keselman
Fellow
American Psychological Society

Joseph Pear

Fellow
American Psychological
Association

Raymond Perry

Max Planck Society Research
Award (Germany)

1991

Raymond Perry
Distinguished Research Award
Canadian Society for the Study of
Higher Education

1993-1996

Judy Chipperfield
Scholar Award
Manitoba Health Research Council

1994

Brian Cox
Clinical Fellow
Behavior Therapy and Research
Society

1995

Brian Cox
Winnipeg RH Institute Award
for Outstanding Contributions to
Scholarship & Research
Social Sciences Category
University of Manitoba

Raymond Perry

W. J. McKeachie Career
Achievement Award
American Educational Research
Association

James Shapiro
Outreach Award
University of Manitoba

1996

Brian Cox
President's New Researcher Award
Association for Advancement of
Behavior Therapy

1997

Brian Cox
President's New Researcher Award
Canadian Psychological
Association

Raymond Perry

Alexander Von Humboldt Society
Research Award (Germany)

1998

Raymond Perry
Whitworth Award in
Educational Research
Canadian Education Association

1999

John Adair
Professor Emeritus of Psychology
University of Manitoba

Judy Chipperfield

Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Social Sciences Category
University of Manitoba

Brian Cox

Young Investigator Research
Award
Anxiety Disorders Association of
America

SCHOLARSHIP

Todd Mondor
Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Inter-Disciplinary Category
University of Manitoba

Murray Singer
Fellow
Canadian Psychological
Association

2000

Judy Chipperfield
Investigator Award
Canadian Institutes of Health
Research (CIHR)

Lorna Jakobson
Winnipeg Rh Institute Award for
Outstanding Contributions to
Scholarship & Research
Natural Sciences Category
University of Manitoba

2001

Certificates of Academic
Excellence
Canadian Psychological
Association

Doctoral Thesis

Rhonda Kowalchuk
Leah Weinberg

2001

John Adair
Distinguished Psychologist Award
Inter-American Society of America

2001

Brian Cox
Canada Research Chair in Mood
and Anxiety Disorders

Brian Cox
Fellow
Canadian Psychological
Association

Warren Eaton
Fellow
Canadian Psychological
Association

Garry Martin
Fellow
Royal Society of Canada
Psychology

Raymond Perry
Education and Training Award
Canadian Psychological
Association

2002

John Adair
Distinguished Professional
Contributions to the International
Advancement of Psychology Award
International Association of Applied
Psychology

Judy Chipperfield
Career Partnership Award
CIHR
(2002-2005)

Jacque Vorauer
Winnipeg Rh Institute Award for
Outstanding Contributions in
Scholarship & Research
Social Sciences Category
University of Manitoba

2003

John Adair
Distinguished International
Psychologists Award
American Psychological
Association

2003

Certificate of Academic
Excellence
Canadian Psychological
Association

Honours Thesis

Katherine Fradette

Masters Thesis

Nathan Hall

Doctoral Thesis

Shannon Howell

2003-2004

Leanne Mak
Social Sciences & Humanities
Research Council of Canada
(SSHRC)
Canada Graduate Scholarship
Masters

Robert Stupnisky
SSHRC
Canada Graduate Scholarship
Masters

Jo Ann Unger
SSHRC
Canadian Graduate Scholarship
Masters

2004

Raymond Perry
Fellow
American Psychological
Association

Murray Singer
Achievement Certificate for
Continuous Funding from Inception
of Agency
National Sciences & Engineering
Research Council (NSERC)

2004

Certificate of Academic
Excellence
Canadian Psychological
Association

Honours Thesis

Tamara Ansons
Jane Ritcher
Erin Walker

SCHOLARSHIP

Masters Thesis

Terri-Lynn MacKay
Paula MacPherson

Doctoral Thesis

Carrie Lionberg
Gillbert Remillard

2004-2005

Amber Hills
SSHRC
Canada Graduate Scholarship
Doctoral

Paula MacPherson
SSHRC
Canada Graduate Scholarship
Doctoral

Jo Ann Unger
SSHRC
Canada Graduate Scholarship
Doctoral

Jennifer Volk
SSHRC
Canada Graduate Scholarship
Doctoral

2005

Certificate of Academic
Excellence
Canadian Psychological
Association

Honours Thesis

Shay-lee Belik
Nancy Robinson
Brenda Stoesz

Masters Thesis

Mathew Derksen
Wanda Snow
Heather Tiede

Doctoral Thesis

Carole Beaudoin
Darren Campbell
Karina O'Brien

2005

Judy Chipperfield
Mid-Career Award
CIHR
(2005-2006)

Murray Singer
Fellow
American Psychological
Association

2005-2006

Katherine Fradette
NSERC
Canada Graduate Scholarship
Doctoral

Duong Nguyen
NSERC
Canada Graduate Scholarship
Masters

Kerri Walters
NSERC
Canada Graduate Scholarship
Masters

Bradley Zacharias
NSERC
Canada Graduate Scholarship
Masters

2006-2007

Launa Leboe
NSERC
Canada Graduate Scholarship
Doctoral

Brenda Stoesz
NSERC
Canada Graduate Scholarship
Masters

Marc Wallace
NSERC
Canada Graduate Scholarship
Masters

2006-2007

Syras Derksen
SSHRC
Canada Graduate Scholarship
Doctoral

Tara Haynes
SSHRC
Canada Graduate Scholarship
Doctoral

Laura Jakul
SSHRC
Canada Graduate Scholarship
Doctoral

Jina Pagura
SSHRC
Canada Graduate Scholarship
Masters

Kelley Robinson
SSHRC
Canada Graduate Scholarship
Masters

Megan Vokey
SSHRC
Canada Graduate Scholarship
Masters

Keri Walters
SSHRC
Canada Graduate Scholarship
Doctoral

Bradley Zacharias
SSHRC
Canada Graduate Scholarship
Doctoral

SERVICE

1961-1973

Alfred Shephard
Head of Psychology
University of Manitoba

1968-1969

Marion Aftanas
President
Manitoba Psychological Society

1969-1970

John Adair
President
Manitoba Psychological Society

1970-1971

Alexander Pressey
President
Manitoba Psychological Society

1971

Morgan Wright
C. J. Robson Distinguished
Psychologist in Manitoba Award
Manitoba Psychological Society

1973

John Zubek
C. J. Robson Distinguished Psy-
chologist in Manitoba Award
Manitoba Psychological Society

1973-1978

John Adair
Head of Psychology
University of Manitoba

1973-1974

Seymour Opochnsky
President
Manitoba Psychological Society

1974-1977

Marion Aftanas
Associate Dean
Faculty of Graduate Studies
University of Manitoba

1976-1982

John Adair
Member
Board of Governors
University of Manitoba

1977-1981

John Adair
Member
Executive Committee
Board of Governors
University of Manitoba

1977-1980

Terry Hogan
Associate Dean
Faculty of Arts

1977

Garry Martin
C. J. Robson Distinguished
Psychologist in Manitoba Award
Manitoba Psychological Society

1977-1978

Steve Holborn
President
Manitoba Psychological Society

1978

Bruce Tefft
Outreach Award
University of Manitoba

1978

Marion Aftanas
Acting Dean
Faculty of Graduate Studies
University of Manitoba

1979

Marion Aftanas
Associate Dean
Faculty of Graduate Studies
University of Manitoba

1978-1983

John McIntyre
Head of Psychology
University of Manitoba

1979-1980

John Adair
President
Canadian Psychological
Association

1980

John Adair
C. J. Robson Distinguished
Psychologist in Manitoba Award
Manitoba Psychological Society

1980

Bruce Tefft
Outreach Award
University of Manitoba

1981-1984

John Adair
President
Association for the Advancement
of Science in Canada

1982-1991

Terry Hogan
Associate Vice-President
(Academic)

1982-1984

Michel Janisse
Associate Dean
Faculty of Graduate Studies
University of Manitoba

1982

Daniel Perlman
C. J. Robson Distinguished
Psychologist in Manitoba Award
Manitoba Psychological Society

1982

Bruce Tefft
Dr. & Mrs. Ralph Campbell
Outreach Award
University of Manitoba

1983-1984

John Adair
President
Social Science Federation of
Canada

SERVICE

1983-1984

James Nickels
Acting Head of Psychology
University of Manitoba

1983-1988

Michelle Janisse
Head of Psychology
University of Manitoba

1984-1990

David Lawless
Rector
St. Paul's College
University of Manitoba

1988-1996

Michel Janisse
Dean
Continuing Education
University of Manitoba

1988-1989

John Whiteley
Head of Psychology
University of Manitoba

1989-Present

Raymond Perry
Associate Editor
*Higher Education: Handbook of
Theory and Research*

1989-1994

Bruce Tefft
Head of Psychology
University of Manitoba

1991-1997

Terry Hogan
Vice-President
(Research & External Programs)
University of Manitoba

1992-1997

Joanne Keselman
Vice President (Research)
University of Manitoba

1994

Garry Martin
Dr. & Mrs. Ralph Campbell
Outreach Award
University of Manitoba

1994-1999

John Whiteley
Head of Psychology
University of Manitoba

1995

David Martin
C. J. Robson Distinguished
Psychologist in Manitoba Award
Manitoba Psychological Society

1995-1997

Linda Wilson
Acting Associate Head of Political
Studies
University of Manitoba

1997-2001

John Adair
Member
Board of Directors
SSHRC

1997-1998

Joanne Keselman
Acting Vice President
(Research & External Programs)
University of Manitoba

1998-

Joanne Keselman
Vice President (Research)
University of Manitoba

1998-2001

John Adair
Member
Executive Committee
SSHRC

1998-2001

Murray Singer
Editor
*Canadian Journal of Experimental
Psychology*

1999-2000

John Adair
First Chair of the Advisory Group
Tri-Council Policy Statement on the
Ethical Conduct of Research
Involving Humans
SSHRC/MRC/NSERC

1999

Harvey Keselman
Acting Head of Psychology
University of Manitoba

1999-2002

Warren Eaton
Editor
*Canadian Journal of Behavioural
Science*

2000

John Adair
First Recipient of the
Gold Medal Award for
Lifetime Contributions to Canadian
Psychology
Canadian Psychological
Association

2001

Garry Martin
Distinguished Service Award
Brazilian Association of
Psychotherapy and Behavioral
Medicine

SERVICE

2001-2005

Gerry Sande
Head of Psychology
University of Manitoba

2002

Garry Martin
Distinguished Contributions to
Community Service Award
Canadian Psychological
Association

2002-2003

Lorna Jakobson
Outreach Award
University of Manitoba

2003

Bruce Tefft
Queen's Golden Jubilee Medal
Government of Canada

2004-2005

Murray Singer
President
Canadian Society for Brain,
Behaviour, and Cognitive Science

2004-

Linda Wilson
Associate Dean of Arts
University of Manitoba

2005

Jacque Vorauer
Associate Editor
*Journal of Experimental Social
Psychology*

2005-

Linda Wilson
Acting Coordinator of Women's
Studies Program
University of Manitoba

2006-2007

Ed Johnson
President
Canadian Council of Professional
Psychology Programs

2006-

Jacque Vorauer
Associate Editor
*Journal of Personality and Social
Psychology*

TEACHING

1971

David Martin
Stanton Award for Teaching
Excellence
University of Manitoba

1985

Linda Wilson
Dr. & Mrs. H. H. Saunderson Award
For Excellence in Teaching
University of Manitoba

1987

David Martin
Teaching Award in Management
Studies
University of Manitoba

1993

Linda Wilson
UMSU/UTS Student-Teacher
Recognition Honouree
University of Manitoba

2000

Linda Wilson
Olive Beatrice Stanton Award For
Excellence in Teaching
University of Manitoba

2001

Joseph Pear
Award for Innovative Excellence
in Teaching, Learning and
Technology
International Conference on
Teaching and Learning

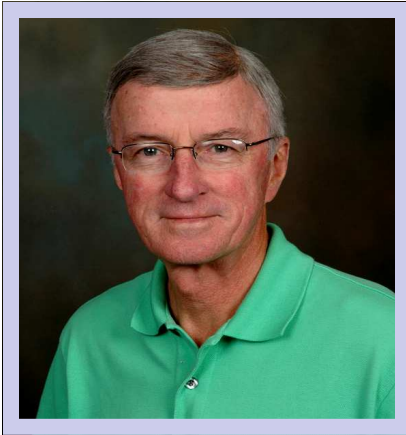
2002

Joseph Pear
Fred S. Keller Behavioral
Education Award
for Distinguished Contributions to
Education
American Psychological
Association

2005

Garry Martin
Professor of the Year
Faculty of Arts
University of Manitoba

A Milestone Achievement



Dr. Garry L. Martin:
Distinguished Professor

It gives me great pleasure to announce that Garry L. Martin has been designated a University of Manitoba Distinguished Professor. The title, Distinguished Professor, is conferred by the University of Manitoba on academic staff members who have demonstrated outstanding distinction in research, scholarship, creative endeavours, professional service and teaching. Up to three people may receive this honor each year, and not more than 20 professors may hold the title at one time.

With this appointment, Garry has garnered the distinction that he so rightly deserves for his accomplishments. In receiving this well deserved recognition, Garry has not only distinguished himself but our department. I want to give the reader an appreciation of his work and, in addition, highlight his accomplishments so that you can see why he was so worthy of being designated Distinguished Professor.

It is not common for an academic to achieve international acclaim for his/her research and publications in two such diverse areas as developmental disabilities and sport psychology. However, Garry has accomplished that feat. In 1989, Garry was awarded an Honorary Doctoral Degree from The Colorado College "...on the basis of academic, professional, and personal achievements which exemplify the best tradition of the liberal arts." In the citation at the ceremony in which he was awarded the degree, he was described as "Canada's pre-eminent behavioral psychologist in the field of developmental disabilities." In 1997, Garry published a sport psychology textbook and an accompanying behavioural assessment manual. In reviewing the text and the manual, Dr. Ronald Smith, an internationally acclaimed sport psychologist, wrote "every so often, an applied sport psychology work appears that is so thoughtfully conceived and practically useful for both psychology training and for the practicing consultant that it becomes a 'must have' for one's library. These new books by Martin and his colleagues certainly fall into that category" (*The Sport Psychologist*, 1998, 105).

Let me now describe in more detail, his work in developmental disabilities and sport psychology. For many years, Garry has been one of Canada's leading researchers in the study of behavioural training technologies for improving the quality of life of people with developmental disabilities. Garry's research in this area has been supported continuously by the Medical

Research of Canada (MRC), now the Canadian Institutes of Health Research (CIHR), during the past 29 years. Moreover, last year, his CIHR grant was renewed for another five years. To my knowledge, no other social scientist in Canada has been continuously funded by MRC/CIHR for that length of time. Garry has published over 100 journals articles and/or book chapters in this area on such sub-topics as basic skill training, decreasing problem behaviors, improving self-management strategies, strengthening academic, language, and social skills, and pre-vocational and vocational training. His co-authored book on behavior modification, now in its 7th edition, is used as the primary text at over 200 universities in 12 countries, and has been translated into Spanish, Italian, Chinese, and Korean. He has been an invited speaker, consultant, and workshop leader on many occasions in Canada, the USA, Brazil, Peru and Panama. Garry's research has significantly improved the quality of life of literally hundreds of severely handicapped persons and their families. The invitation (and his acceptance) to chair the Behavioral Sciences Committee (clinical) of MRC for four years in the 1990s, and, more recently, to serve as guest chairperson of CIHR, and his service on the College of Reviewers for the Canada Research Chairs Program are further testimony to the high regard in which he is held by Canadian researchers.

Concerning sports psychology, his efforts are equally impressive. During the past 25 years, Garry has received international recognition for his groundbreaking work in applied behaviour analysis and sport psy-

A Milestone Achievement (cont'd)

chology. In this area he has co-authored one book, co-edited a second book, written a third book, and co-authored over 20 research articles in scientific journals. His most recent book, first published in 1997 and now in its 2nd edition, is used as a primary textbook at universities in Canada, U.S.A., Brazil, and Peru. His research has produced effective behavioural strategies for improving skills of young athletes, motivating athletes to get the most out of practice time, improving the performance of coaches of young athletes, and helping more mature athletes mentally prepare to perform to their potential at competitions.

As illustrated, Garry has made substantial and distinguished contributions over a significant period of time to scholarly research in Canada in both developmental disabilities and sports psychology. His contributions to scholarly research however are not limited to his publications and conference presentations. As a member or past member of the editorial board of seven psychology journals, Garry's editorial activities reflect both the breadth of his expertise and his selfless commitment to scholarship. To be recognized as an expert by the editors of prestigious international journals in areas as diverse as developmental disabilities, behaviour modification, and sport psychology is very unusual to say the least. He has also served as an expert reviewer of grant proposals for 12 granting agencies, an external examiner for PhD theses for a number of universities in Canada, Australia, and the USA, and as an external consultant for full professor promotion committees for a

number of Canadian universities, an international consultant on behavioural treatment with persons with developmental disabilities. Over the years, as indicated in his biography, he has also received numerous honors and awards.

Finally, I want to emphasize that Garry is still very active and productive in his research. He is just starting the second year of a five year research grant for CIHR in support of his behavioural research with persons with developmental disabilities. The eighth edition of his internationally acclaimed book on behaviour modification will be published in 2006, and the third edition of his internationally acclaimed book on sport psychology is scheduled for publication in 2007. He is also working on two new books, one on applied behaviour analysis and one on sport psychology. Moreover, he continues to publish several papers per year in peer-reviewed journals, and to present several co-authored papers at national and international conferences. In summary, Garry is at the top of an outstanding career and it was most befitting therefore that he was designated Distinguished Professor by The University of Manitoba.

H. J. Keselman

Spotlight on Research



Dr. Marian Morry
Interpersonal and
Close Relationships

Individuals are motivated to establish and maintain intimate attachments, such as friendships or romantic relationships. Why some attachments are more satisfying than others is important, as satisfying relationships are sources of well-being and positive predictors of health. My attraction-similarity model examines how relationship quality (attraction) influences social cognitions (e.g., perceived similarity, partner-enhancement) and subsequently psychological well-being and health.

One social cognition is our perceptions of what our partners are like. Although individuals believe they “know” their friends and romantic partners, they are more accurate on observable aspects (amount of information intimates disclose to them) than on less observable aspects (personality characteristics). On the less observable aspects individuals project themselves onto their dating partners and friends. We also find that individuals are more likely to project themselves on characteristics that are relatively more important to the relationship than on characteris-

tics that are less important. In fact, for low relevance characteristics individuals tend to be fairly accurate in their perceptions.

Relationship relevance also influences a related social cognition; do we see our partner as having more or less of a characteristic than ourselves? Within relationships, individuals have competing needs to see the self positively and to see the partner positively. This can create a conflict for the individual, if the individual rates the self more positively than the partner it means that he/she does not see the partner as special. But if the individual rates the partner more positively than the self it means that he/she does not see the self as special. I find that individuals can satisfy both needs in the same relationship by rating the partner as having more of these characteristics than the self (partner-enhancement) on moderately relevant items but rating the self as having more of these characteristics than the partner (self-enhancement) on low relevant items.

We have also found that relationship quality changes how we perceive our partners with greater relationship quality (attraction) leading to greater perceived similarity and a greater willingness to partner-enhance. Relationship quality refers to a variety of components such as being satisfied with our relationship, liking or loving our partners, or the commitment we have to the relationship.

Going beyond the relationship quality - perceived similarity relation, my model predicts that these variables will have psychological and health benefits. When other people share our characteristics, this suggests that these are good or valued aspects,

providing a sense of validation which leads to a positive mood, higher self-esteem, or less loneliness. If our partners are similar to us it is also easier to coordinate interactions, understand what the other person is thinking, and so on. I find that relationship quality and perceived similarity lead to these psychological benefits and psychological benefits then influence our self-reported health symptoms.

Selected Relevant Publications:

Morry, M. M., Kito, M., Ortiz, L., & Nelson, A. (in preparation). Tests of the attraction-similarity model with dating couples: Projection, perceived similarity, and psychological benefits.

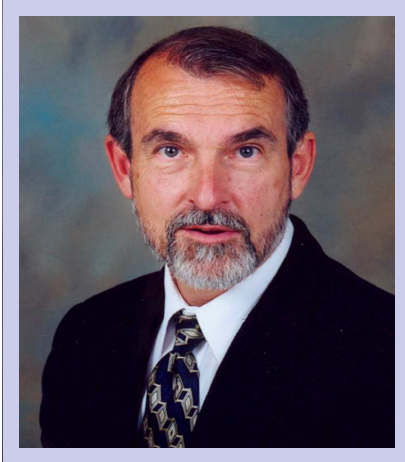
Morry, M. M. (in press). Relationship satisfaction as a predictor of perceived similarity among cross-sex friends: A test of the attraction-similarity model. *Journal of Social and Personal Relationships*.

Morry, M. M. (2005). Relationship satisfaction as a predictor of similarity ratings: A test of the attraction-similarity hypothesis. *Journal of Social and Personal Relationships*, 22, 561-584.

Morry, M. M., & Harasymchuk, C. (2005). Perceptions of locus of control and satisfaction in friendships: The impact of problem-solving strategies. *Journal of Social and Personal Relationships*, 22, 183-206.

Morry, M. M., Stevens, K., Marchylo, A., & Kito, M. (in preparation). The attraction-similarity model: Partner-enhancement, perceived similarity, and the psychological and physical consequences of dating relationships.

Spotlight on Research



Dr. Raymond P. Perry
Social Cognition

Psychological predispositions enable certain people to overcome insurmountable odds, while others fail despite inherent talents that seemingly guarantee success. These psychosocial markers have profound consequences for psychological and physical well-being in personal relationships, social discourse, achievement tasks, and job settings. Along with Judy Chipperfield, I coordinate the Emotion, Motivation, and Control (EMCOR) research laboratory which examines the psychological and emotional well-being of individuals across the lifespan, from youth to old age, in overcoming life's challenges.

Guided by social cognition theory, I have explored how psychosocial markers relate to academic achievement, prejudice and discrimination, the stigmatization of marginalized people, and the adjustment of older individuals to the aging process. Longitudinal studies have identified learned helplessness in students and have led to classroom-based interventions designed to assist high-risk students. Students high in academic

control outperform their low-control counterparts consistently, and control-enhancing treatment interventions boosted failure-prone students' GPA by up to one letter grade. Similar psychosocial markers of helplessness and mastery in college students show surprising parallels in university professors and elderly individuals.

Within this perspective, the structure of stigmas bears directly on the manifestation of prejudice and on discriminatory actions. The degree to which individuals are responsible for their stigmas determines affects, motivations, and actions directed towards them by others. Reducing prejudice and discrimination in such instances turns precariously on whether treatment interventions convince others that the stigma accrues from uncontrollable in contrast to controllable causes – obesity, for example, resulting from genetics vs. free will.

In the health and aging domains, longitudinal studies have explored how perceptions of control and discrete emotions in elderly individuals relate to the use of health services and mortality. Their focus is on perceived control in those suffering chronic health conditions such as arthritis or who have experienced health crises such as heart attacks and strokes. Results show that perceptions of control predict fewer physician visits, and hospitalizations in the subsequent years and higher survival rates, 12 years later.

These issues are studied within multinational and cross-cultural perspectives with partner laboratories at UCLA, the University of California at Irvine, and the University of Munich.

Collaborative initiatives have fostered the exchange of Ph.D. students, post-doctoral fellows, and faculty members between EMCOR and partner laboratories.

Selected Relevant Publications:

Chipperfield, J. G., & Perry, R. P. (in press). A longitudinal study of primary and secondary control strategies: Gender differences in strategies as predictors of hospitalization in later life. *Health Psychology*.

Perry, R. P., & Smart, J. (Eds.) (in press). The scholarship of teaching and learning in higher education: An evidence-based perspective. N.L.: Springer Publishers.

Perry, R. P., Hall, N. C., & Ruthig, J. C. (2005). Perceived (academic) control and scholastic attainment in higher education. In J. Smart (Ed.), *Higher education: Handbook of theory and research* (Vol. 20, pp. 363-436). N.L.: Springer Publishers.

Chipperfield, J. G., Perry, R. P., & Weiner, B. (2003). Discrete emotions in later life. *Journal of Gerontology: Psychological Sciences*, 58B, 1-12.

Perry, R. P. (1990, Editor). Instruction in higher education. Special edition of the *Journal of Educational Psychology*, 82, 183-274.

Weiner, B., Perry, R. P., & Magnusson, J. (1988). An attributional analysis of reactions to stigmas. *Journal of Personality and Social Psychology*, 55, 738-748.

Our Distinguished Alumni

Graduates of our program have gone on to assume important positions throughout Canada, North America, and the world, including academic and administrative positions at universities, positions within provincial and federal governments, and appointments within hospitals, clinics, and private consulting firms. A number of our graduates have also established their own private practices. In this our second issue of *Psychobabble*, we highlight one distinguished alumnus, Dr. Gordon Asmundson.



Dr. Gordon Asmundson
Professor of Health Studies and
Psychology,

Gordon Asmundson completed his B.A. (Hons), MA, and Ph.D. at the University of Manitoba. His focus of research as a graduate student in our department was panic disorder. Under the supervision of Drs. Ron Norton and Lorna Sandler, he studied selective attention toward physical threat in patients with panic, and the associations among panic attacks, anxiety sensitivity, and cardiac awareness. He completed his doctoral degree in 1991.

Gordon is currently a Full Professor of Health Studies and Psychology at the University of Regina, an Adjunct Professor of Psychiatry at the University of Saskatchewan, and a research associate with the Clinical Research and Development Program at the Regina Health District. He is a Canadian Institutes of Health Research (CIHR) Investigator, and the leader of a CIHR New Emerging Team focusing on mechanisms and

treatment of post traumatic stress disorder.

Gordon holds several editorial posts, including North American Editor of *Cognitive Behaviour Therapy* and the Behavioral Medicine Section Editor for *Cognitive and Behavioral Practice*. He serves on the editorial boards for the *Journal of Anxiety Disorders*, the *Journal of Behavior Therapy and Experimental Psychiatry*, and the *Clinical Journal of Pain*.

A highly productive researcher, Gordon has published over 150 journal articles and book chapters and 5 books regarding anxiety disorders, chronic pain, and overlap between the two. Gordon also served as a member of the DSM-IV Text Revision Work Group for Anxiety Disorders.

Gordon's research contributions have been recognized by early career awards from the Anxiety Disorders Association of America, the Canadian chapter of the International Association for the Study of Pain, and the Canadian Psychological Association. He has also been the recipient of awards for research excellence from CIHR and the University of Regina. Most recently he was selected as a Beck Scholar at the Beck Institute of Cognitive Therapy and Research. His graduate students are also regular recipients of prestigious awards and three have received the CIHR Brain Star Award in the past two years. He is actively involved in clinical research, clinical research supervision, and has a small private practice with specific interests in assessment and basic mechanisms of anxiety disorders (particularly Post

Traumatic Stress Disorder), health anxiety, (i.e., hypochondriasis, disease phobia), acute and chronic pain, and the association of these with disability and behavior change.

Selected Relevant Publications:

Asmundson, G. J. G., & Hadjistravopoulos, H. D. (in press). Addressing shared vulnerability for PTSD and chronic pain: A cognitive-behavioral perspective. *Cognitive and Behavioral Practice*.

Asmundson, G. J. G., Carleton, R. M., & Ekong, J. (2005). Dot-probe evaluation of selective attentional processing of pain cues in patients with chronic headaches. *Pain, 114*, 250-256.

Asmundson, G. J. G., & Taylor, S. (2005). It's not all in your head: How worrying about your health could be making you sick and what you can do about it. New York: Guilford.

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An Invitation to our Alumni

A lot of new things are happening in the Department and we would like to keep you abreast of these events. With this issue of our newsletter, we are attempting to reach all of our alumni, firstly, to bring you up-to-date information on what's new in the Department, and secondly, to ask if you can support one or more of the scholarship, lecture, and colloquium funds that we have established. We would also like to hear about what you have been doing since graduating with a degree in psychology from the University of Manitoba. Let us know what position you currently hold, tell us about your family, etc. We would like to share this information with staff and students and other former alumni, through features such as those in this issue. In short, let's hear from you!

I would like to make a contribution to one or more of the following:

- Alumni Clinical Psychology Student Research Award**
(Awarded each year to a graduate student in the Clinical Psychology Training Program on the basis of scholarly and scientific achievements.)
- Colloquium Speakers Series**
(Departmental lecture series featuring scholars from within the Department, University, and around the world.)
- John P. Zubek Memorial Lecture**
(The Department of Psychology maintains an endowment fund to support the annual Dr. John P. Zubek Memorial Lecture. A distinguished psychological researcher is invited to deliver this lecture each year. In addition to honouring the memory of Dr. Zubek, this lecture enriches the education of students and provides an opportunity for faculty members to meet and discuss common research interests with a distinguished scholar.)
- John G. Adair International Distinguished Lectureship**
(The John G. Adair International Distinguished Lectureship was established on the retirement of John Adair, Professor Emeritus of the Department, with the specific purpose of bringing to the department every second year a distinguished psychologist from outside North America.)
- Shannon L. Hamm Memorial Scholarship**
(Awarded to first year graduate students in psychology to study the experimental analysis of behaviour or behaviour modification at The University of Manitoba.)

I want to help the Department of Psychology by making a monthly pledge of: \$5 \$10 \$50 \$100 or
I want to make a gift of \$ _____ to the Department of Psychology to be paid:

- Annually**
- Semi-annually**
- Quarterly**

I wish to contribute by the following means of payment:

- Visa MasterCard American Express
 - \$100 \$500 Other \$ _____
- Card number: _____

Expiry date: ____/____
Signature: _____

Pre-authorized payment (please use voided cheque)
(payable to the "University of Manitoba" and
reference "Department of Psychology")

For recognition purposes, I wish to remain anonymous

Name: _____

Address: _____

City: _____

Province: _____

Postal code: _____

Phone: _____

E-mail: _____

For general inquiries about supporting research at the University of Manitoba, please contact:

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Department of Development
179 Continuing Education Complex
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Phone: (204) 474-9195
Toll-free: 1-800-330-8066
Fax: (204) 474-7635

Email: development@umanitoba.ca
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An official tax receipt will be mailed under Revenue Canada Taxation Registration Number 11926 0669 RR0001. The information you provide will be collected and maintained by the University of Manitoba in order to facilitate communication and to assist in our advancement and development efforts.