Annette Riziki, a recent Psychology Honours BA Graduate (2018), is the deserving recipient of a 2019 Rhodes Scholarship for the University of Oxford. Annette is one of only 11 Canadian Rhodes Scholars for 2019. At the University of Oxford, she plans to pursue her Master’s of Science in Refugees and Forced Migration Studies. You can read more about Annette’s experience via the press release on CBC News, or in an article in the Winnipeg Free Press; Driven by the refugee experience. Annette was also mentioned in the David Barnard’s President’s year-end address.

Iloradanon Efimoff, a new PhD student in Psychology, advised by Dr. Katherine Starzyk, received a 2018 Vanier Scholarship. You can read the full profile which includes details regarding Iloradanon’s research searching for answers to the question “How can we teach people to be less racist towards Indigenous people in Canada?”

An article written by Dr. Ed. Johnson, The Surprising Secret to Successful Psychotherapy, recently appeared in The Conversation Canada blog and on UM Today News. Dr. Johnsons’ article offers advise as to what makes a therapist great and what other factors makes therapy successful

Dr. Joanne Keselman was awarded the honour of Vice-President Emeritus late last year. Dr. Keselman, along with 2 others was the first to receive the honour of the newly created Vice-President Emeritus title. An article in UM Today News notes her “visionary leadership and exceptional commitment to higher education”. Congratulations on a title well-deserved after more than forty years at the University of Manitoba.

Dr. Corey Mackenzie’s research into Men’s Sheds, informal social groups designed to combat loneliness in retired men, was included in an article in the Globe and Mail. In the article, Men’s Sheds: Where guys tinker and improve ‘health by stealth’, Dr. Mackenzie is quoted as saying “since there are few community programs that specifically target men, this effort tackles a real need. You can read the full article here.

Dr. Wolfgang Stroebe presented his public lecture, The American obsession with guns: Why people buy guns and how they use them, on Thursday Oct 11th, as part of the John Adair International Lecture Series. You can read all about Dr. Stroebe and his Talk in UM Today News.
**AWARDS**

**Faculty/Alumni Awards**

Dr. Judy Chipperfield was awarded the Canadian Institutes of Health Research Betty Havens Knowledge Translation Prize. “This award aims to recognize outstanding achievements and excellence in knowledge translation in aging”

Dr. Jeremy Hamm, currently working with Dr. Ray Perry and Dr. Judy Chipperfield as a Research Associate, received a Canadian Institutes of Health Research Summer Program in Aging Award.

**NEW GRANT!**

Montgomery, J. M., Li, J., & Tze, V., Teachers perspectives on social emotional learning: Scale development. University Research Grants Program, University of Manitoba

**STUDENT AWARDS**

Jeremiah Buhler is the recipient of the Dr. Richard Douglas Oatway Memorial Fellowship, to support the study of adult harassment, for the 2018-19 academic year.

Congratulations to Karis Cochrane! Karis has been awarded the Arthur Chipman Graduate Scholarship

Dana Ronaghan has been awarded the Mark Lewis Memorial Scholarship for students who have achieved a high academic standing and are starting the PhD program in Clinical Psychology.

Congratulations to Erica Sharanowski on receiving the Psychology Alumni Faculty Scholarship, awarded to the 1st year graduate student with the highest admission GPA.

Congratulations to both Karis Cochrane and Katharine Kalinowski on being awarded the Shannon L. Hamm Memorial Scholarship

**In Memoriam**

Dr. John Walker, professor of Clinical Health Psychology, passed away peacefully this December. His activities benefited many and he will long be remembered with great respect and affection. Dr. Walker was recently appointed Professor Emeritus in recognition of a career of distinguished service to the University of Manitoba, and his contributions to the Psychology Department were immeasurable. You can read about Dr. Walker’s many contributions to the Psychological community and those who knew him in the [Winnipeg Free Press](https://winnipegfreepress.com).

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BABY NEWS!
Jessica Cameron, and her husband Phil, welcomed their baby boy Zander in early September. Congratulations on the beautiful addition to your family!

THANK YOU!
Psychology was represented by Dr. Melanie Glenwright at the October 2018 Evening of Excellence Poster Awards

Congratulations to Dr. Jennifer Theule and Jennifer Barnes on placing 2nd in the International Psychology Poster Contest at APA’s Annual Convention in San Francisco for their project: Barnes, J., & Theule, J. (2018, August). The relationship between maternal depression and infant attachment security: a meta-analysis.


Nominations are Now Open for Faculty of Arts & Psychology Teaching Awards

Faculty of Arts Teaching Awards:
Deadlines are April 30, 2019
- Teaching Excellence Awards for Sessional/New Faculty/Established
- Outstanding Professor Award
- Award in Internationalization
- Graduate Student Teaching Excellence Awards

Department of Psychology Teaching Award
Deadline for 2018-2019 is April 15, 2019
- Psychology Teaching Award

ALUMNI UPDATE
Joan Blight, another BA Psychology graduate (’75), was recently profiled in UM Today Alumni regarding her win at the Manitoba Philanthropy Awards, category: Outstanding Professional Fundraiser. Congratulations!

More Student Awards

Congratulations to the following undergraduate students who have all received PURE Awards to fund their research for October 2018 - March 2019:

- Luong (Van) Bui (advisor: Dr. Dan Bailis)
- Aidan Campbell (advisor: Dr. Ray Perry)
- Courtney Clark (advisor: Dr. Katherine Starzyk)
- Rachel Goertzen (advisor: Dr. Jennifer Theule)
- Shayna Pierce (advisor: Dr. Kristin Reynolds)

Congratulations to the 2017/2018 Canadian Psychological Association Certificate of Academic Excellence recipients:

- Honours Thesis: Lindsay Bristow, Chantal Humphrey, Davin Iverson
- Master’s Thesis: Brenna Henrikson, Sarah Petty, Megan Siemens
- Doctoral Thesis: Chrissy Chubala, Julie Erickson, Lei Hu

Congratulations to Carly Cressman, Dylan Davidson, Masha Krylova, Corey Petsnik, and Chantal Van Landeghem on receiving Faculty of Arts Student Conference Travel Awards
**Defenses & Proposals**

**Ross McCallum, Doctoral Dissertation Final Oral Examination**  
Friday, January 4th, 2019, 12:30PM, P412 Duff Roblin  
**Title:** Urban Homelessness and Emergency Department Usage: Predictors and User Narratives of Emergency Care

**Katherine Kenyon, Doctoral Dissertation Oral Proposal**  
Friday, December 14th, 10:30AM, PS19 Duff Roblin  
**Title:** Life After Shelter: A Longitudinal Examination of Agency in the Narratives of Abused Women

**Kelly Thiessen, Master’s Thesis Final Oral Defense**  
Friday, December 14th, 2018, 10:00AM, P412 Duff Roblin  
**Title:** Factors That Influence Earwitness Confidence

**Brittany Cook, Master’s Thesis Oral Proposal**  
Tuesday, December 11th, 10:30AM, P412 Duff Roblin  
**Title:** Operant Conditioning of Lake Sturgeons (Acipenser fulvescens): Darkness as a Positive Reinforcer

**Karli Pedreira, Doctoral Dissertation Oral Proposal**  
Monday, December 3rd, 2018, 1:00PM, P412 Duff Roblin  
**Title:** The Relationship Between Paternal Depression and Family Functioning: Meta-Analyses on Child, Parenting, and Marital Outcomes

Monday, December 3rd, 2018, 2:00PM, P412 Duff Roblin  
**Title:** Disordered Gambling Across the Lifespan: An Examination of Comorbidity and Diagnosis

**Jie Zhou, Master’s Thesis Final Oral Defense**  
Friday, October 19th, 2018, 1:00PM, P412 Duff Roblin  
**Title:** English-Chinese bilingual children’s reading: An exploration of benefits of learning a distinct writing system through visual processing

**Jessica Duris, Master’s Thesis Oral Proposal**  
Monday, October 15th, 2018, 1:00PM, P412 Duff Roblin  
**Title:** A behavioural marker system for mindful care.

**Eric Douglas, Master’s Thesis Oral Proposal**  
Monday, October 15th, 2018, 10:00AM, P412 Duff Roblin  
**Title:** Teacher Ratings of School Based Psychological Reports

**Sulaye Thakrar, Doctoral Dissertation Final Oral Exam**  
Thursday, October 11th, 2018, 2:30PM, PS19 Duff Roblin  
**Title:** Challenges in the Present, Storied for the Future: Men’s Narratives of Planning to Return to Work After a Burn Injury

**Hana Abbas, Master’s Thesis Oral Proposal**  
Monday, October 1st, 2018, 1:00PM, P412 Duff Roblin  
**Title:** Eye-Hand Coordination: Memory-Guided Grasping in a Cluttered Environment

**Tracy De Boer, Doctoral Dissertation Final Oral Exam**  
Monday, September 24th, 2018, 1:00PM, P412 Duff Roblin  
**Title:** Falling Forward Into New Selves and Spaces: Transitions from Homeless to Housed for Individuals with Mental Illness

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**Recent Colloquia / Lectures**

**Dr. Ryan Giuliano** presented a talk as part of the University of Winnipeg Psychology Colloquium Series. Friday, November 16th  
**Title:** Nurturing Hearts and Minds: How Targeting Healthier Interactions Between Neural and Cardiovascular Activity May Reduce Socioeconomic Disparities in Cognitive Function.

**Dr. Melanie Soderstrom** presented a talk in the weekly BCS seminar. Thursday, November 29th  
**Title:** Results from the first ManyBabies study or How the collaborative open science movement restored my faith in infancy research: A reply to Dr. Wolfgang Stroebe

**Dr. Katherine Starzyk** (Psychology), along with Nancy Kang (Women’s and Gender Studies), and Simone Mahrenholz (Philosophy) gave a public lecture, A Public Forum on the #MeToo Movement. Tuesday October 23rd. The lecture was put on by The University of Manitoba’s Centre for Professional and Applied Ethics.

**Dr. John Vokey**, University of Lethbridge presented a talk as part of University of Manitoba’s Psychology Colloquium series. Friday, October 5th, 2018  
**Title:** Assessing Pitch Direction of Ambiguous Tones: The Role of Musical Expertise
ADDITIONAL TALKS & PRESENTATIONS


Montgomery, J.M. (April, 2018). Therapeutic Considerations for working with Adults on the Autism Spectrum. Shared Care Mental Health Program/Department of Clinical Health Psychology, University of Manitoba/ Access Centers of Winnipeg, Winnipeg, MB.

Montgomery, J.M. (October, 2018) Promoting Mental Health with Social Emotional Learning for Happier, Safer Schools, Hawaii Association of School Psychologists, Maui, HI.


Clinical Psychology

Dr. Corey Mackenzie is please to announce that all University of Manitoba Psychology Clinical Graduate Students who applied, were matched, in phase 1 of the Association of Psychology Postdoctoral and Internship Centers Internship Matching Program.

Joanna Sinthuja Bhaskaran: St. Joseph’s Healthcare, Hamilton, ON, General Internship

Kristene Cheung: Edmonton Consortium, Edmonton, AB, Generalist

Kylee Elizabeth Clayton: London Clinical Psychology Consortium, London, ON, Child/Adolescent Track

Maia Simone Kredentser: University of Manitoba-Clinical Health, Winnipeg, MB, Adult Stream

Heather Yates: Hamilton Health Sciences-Clinical, Hamilton, ON, Child Psychology (General)
Head’s Up!
Department of Psychology, University of Manitoba, December 21, 2018

Steve Hladkyj’s Retirement Party
Head’s Up!
Department of Psychology, University of Manitoba, December 21, 2018

Clinical Training Program & Psychological Service Centre 50th Anniversary

2018 Grad Welcome Party
**MEET THE NEW GRADUATE STUDENTS IN PSYCHOLOGY**

**Michelle Barca** (School) – just graduated last year following the completion of her thesis with Dr. Matt Keough on the topic of alcohol misuse in undergraduate students. Since she is in the 2-year Comprehensive Exam stream in School Psych she does not have an advisor for this program, but she is looking forward to learning all about the issues that students face in the school system, and how she can help alleviate these issues. Outside of school, Michelle is a contradictory social homebody. She loves spending her spare time at home reading a book or watching a show but takes every opportunity to go out exploring something new in the city with her friends. She did not manage to do anything terribly exciting during the summer besides work, but she is looking forward to news about an article that was just submitted for publication, in which she is a co-author for one of the MA students here at the U of M.

**Nicolas Brais** (Clinical) – Nic did his undergrad honors thesis on self-compassion and risk-taking. For his masters in clinical, he will be co-supervised by Dr. Johnson and Dr. Bailis. He will be doing research on Self-compassion. Outside of school, Nic enjoys reading and playing sports (badminton). This summer he took a trip to Thailand for 3 weeks.

**Nicole Buck** (School) – is a new graduate student entering the two year Master of School Psychology program. She graduated with a Bachelor of Science (Honours) degree in psychology in 2015 and completed her thesis under the supervision of Dr. Dan Bailis. Nicole is a member of Tataskweyak (tat-ask-weigh-yak) Cree Nation and plans to work as a school psychologist in Indigenous communities following graduation. Outside of school she likes to attend boxing classes, ride her bike, and go camping whenever she can.

**Mercedes Casar** (Developmental) – graduated with her BA and honors in psychology this past spring. She is continuing her studies in developmental psychology with her advisor Dr. Melanie Soderstrom and she plans to research infant language development for her Master’s thesis. Outside university Mercedes loves to cook meals for both friends and family.

**Breanna Cheri** (BCS) – graduated with a B.Sc. in Marine Biology and minors in Chemistry and Psychology from the University of Southern Mississippi (USM). She worked as a research assistant in The Marine Mammal Behavior and Cognition Lab at USM where I completed an Undergraduate Honors Thesis in “Identifying Behavioral Response Trends Following Aggression in Bottlenose Dolphins (Tursiops truncatus).” Breanna is currently a Masters student in Dr. Debbie Kelly’s lab and her research will be in Corvid cognition. In her free time she enjoys reading, swimming, skating, watching movies, polymer clay molding, and paper quilling. This past summer Breanna worked as an animal training intern in California where I was able to learn from and care for a rambunctious and unique group of seals, sea lions, otters, and a walrus.

**Sharon Chou** (Clinical) – was most recently working as a psychotherapist in Regina, Saskatchewan. She earned her Bachelors of Science from the University of Toronto, and her Masters of Divinity in clinical counselling from Tyndale Seminary in Toronto, Ontario. She will be working under the supervision of Dr. Diane Hiebert-Murphy, and is planning on pursuing research in the area of intimate partner violence. Outside interests include stand up paddle boarding, going to the gym, collecting more books than she’ll have time to read, and checking out cafes to work and hang out.

**Karis Cochrane** (Clinical) – received her Bachelor of Arts (honours) degree from the University of Manitoba. Karis is entering the first year of the Clinical Psychology M.A. program, under the supervision of Dr. Jennifer Theule. She plans to dedicate her Master’s thesis to exploring the developmental outcomes of siblings of children with Autism Spectrum Disorders. Outside of her studies, Karis enjoys singing professionally, spending time with her friends and family, and volunteering at the Winnipeg Humane Society.

**Erin Dowling** (BCS) - is a new graduate student in the field of cognitive psychology and is under the supervision of Dr. Launa Leboe-McGowan. In addition to completing her final course requirement to fulfill her Bachelor of Arts, Psychology Honours degree this summer, Erin was busy in the Cognitive Bias Lab building upon her Honours research findings involving human memory for time. When Erin has free-time she likes to chase her young nieces around or seek adventure outdoors; you can find her anywhere from a canoe in the middle of the lake (catching giant pickerel, of course), to the tops of mountains. She looks forward to meeting all of you.

**Rob Dryden** (S/P) - Recent Degree: B.A honours-psychology in 2016, advised by Dr. Steve Hladky. Current Degree: M.A psychology, advised by Dr. Raymond Perry. Thesis Topic: examining similarities/differences in psychosocial dispositions between first-generation students and continuing-generation students and the differential effects of Attributional Retraining on these groups. Interests Outside of School: reading fantasy novel series that are 8 volumes or more.
Head's Up!
Department of Psychology, University of Manitoba, December 21, 2018

Kit Duguay (Quantitative) - Kit graduated with a B.A. Hons in 2017 and is now in the Quantitative Psychology department with Dr. Johnson Li as his advisor. His research is regarding reproducibility; specifically his thesis is regarding whether measures of correlation have higher rates of reproducibility than using p-values to estimate statistical significance. Outside of academics, Kit has several artistic projects on the go, among others he’s working on a couple video games and covering every song by The Beatles.

Iloradanon Efimoff (S/P) - Iloradanon is a Haida and European Settler woman from the Northwest coast of British Columbia. Her Master’s degree focused on perceptions of White-presenting Indigenous peoples, at the University of Saskatchewan. With Dr. Katherine Starzyk as her PhD supervisor, she will focus on effective teaching methods to reduce racism towards Indigenous peoples in Canada. Outside of my studies, I enjoy spending time with family on the land.

Alanna Johnson (Clinical) – is a graduate from the Honours Psychology program at the University of Winnipeg. She will be working with her advisor Dr. Hiebert-Murphy in the area of Intimate Partner Violence and Trauma. Alanna is a soccer and volleyball player, and loves any opportunity to meet new people and see the world. After graduating from her last degree she spent a year leading a gap-year program for students through Burkina Faso in West Africa, France and Guatemala. Recently she has been working at the Chronic Disease Innovation Centre at Seven Oaks Hospital studying compassionate love in partner relationships. This summer she travelled to South America and also got married. Alanna is really looking forward to taking this next step in her academic journey in the Clinical Psychology program.

Katharine Kalinowski (ABA) - graduated with her Bachelor of Arts, majoring in Psychology and minoring in Sociology, from the University of Manitoba in 2014. Since then, she has worked in St. Amant’s Autism Programs in various roles. Her most recent role has enabled her to supervise a classroom of children diagnosed with Autism Spectrum Disorder, where staff use principles of Applied Behavior Analysis (ABA). It is through this experience that Katharine gained a passion for the field of ABA, and decided that contributing to the field of study would be her lifelong pursuit. This year, Katharine was accepted at the pre-Master’s level to the Applied Behaviour Analysis area with Dr. Toby Martin as her advisor. During her pre-Master’s year, Katharine’s research will focus on evaluating the social validity of St. Amant’s efforts relating to Jordan’s principle – a Child First Initiative that offers services to First Nations children and youth diagnosed with developmental disabilities. Katharine is ecstatic about beginning her studies at the pre-Master’s level and is looking forward to the challenge, as she pursues her goal in receiving a Ph.D. in the field of ABA.

Kayla Kilborn (School) - graduated with a BA Honours in Psychology from the University of Winnipeg. Currently in Masters of School Psychology. Kayla’s Master’s thesis advisor is Dr. Janine Montgomery and her thesis is on the implementation of Social Emotional Learning in Canadian schools. During the summer she worked in Dr. El-Gabaly’s Health and Trauma Lab as the Coordinator for Chronic Pain Research. Outside of school Kayla plays hockey and soccer.

Brittany Klassen (School) – her traditional name is Wapiska-binesi-ikwe which means White Thunderbird Woman. She likes to be called B.C. B.C. comes from the beautiful island of St. Theresa Point, an Oji-Cree community located about 500 km north of here. She graduated from our Faculty of Arts in 2014 and is returning to earn her master’s degree in school psychology. B.C. has both lived and witnessed first-hand the issues that children and youth endure in isolated First Nation communities, and so she is avidly pursuing her dream: To help these kids succeed in life and alleviate any issues by bringing expert solutions and resources directly to them. Some of her interests are photography, fine arts, and crafting. She is looking forward to working with everyone in the psychology programs.

Zofia Kozub (School) – Zofia completed her honors BA in psychology with Dr. Lorna Jakobson and Sarah Rigby as her co-advisors. Her thesis focused on the Broad Autism Phenotype and its relationship to individuals having difficulties interacting with others. Dr. Jakobson will also be advising Zofia for her Masters in School Psychology, but her thesis topic is undecided at this time. Outside of school, Zofia enjoys teaching ballet and musical theatre to young students, and spending time with her yellow lab.

Maria Krylova (Developmental) - is a recipient of two bachelor degrees, General Science (with distinction) and Psychology Honours. She completed her Honours thesis under supervision of Dr. Judith Chipperfield. She continues working with Dr. Chipperfield as she’s pursuing Master’s in developmental psychology. She plans to become involved in policy research within health sciences. In her free time, Masha enjoys playing piano (that’s what she used to study in Russia, her homeland). She also loves Latin dancing and reading, and she writes poetry. She likes staying active and traveling. This summer she traveled to Montenegro, which turned out to be the best trip in her life, as she says.

Catherine Morrison (BCS) - was born and raised in a farming town in Rosser, Manitoba. She completed her Psychology Honours degree at the University of Winnipeg, investigating the effect of low self-esteem on self-deception. Currently, I am supervised by Dr. Jason Leboe-McGowan and the focus of her thesis is based on the social and cognitive nature of driving, specifically the thinking fallacies of motorists where they can fail to differentiate their experiences from the experiences of other drivers. She balances her degree with work as a Research Coordinator with Victoria General Hospital. In her spare time, Catherine enjoys painting, baking, and spending time at the lake.

Sherri Rice (School) – Sherri Rice is beginning the 2-year program in School Psychology. She received her undergraduate degree from the U of W in the spring and spent her summer relaxing with family and friends, playing board games and taking her 10-year old son to soccer.

Dana Ronaghan (Clinical) – Dana completed her BA in Honours Psychology at the University of Victoria. She is now very excited to begin her master’s studies in Clinical Psychology program under the supervision of Dr. Jen Theule. For her master’s thesis, Dana plans to study parenting practices and related child and family outcomes. In her time outside of school, Dana has enjoyed working with children in her work as a Behaviour Interventionist, going for hikes, and traveling when she gets the chance.
Welcome to the new 2018 Graduate Students
HEAD'S UP!
Department of Psychology, University of Manitoba, December 21, 2018

RECENT PUBLICATIONS!


Frohlich, J.R., Rapinda, K., O’Connoom, R.M., & Keough, M.T. (2018). Examining Co-Patterns of Depression and Alcohol Misuse in Young Adults Following University Graduation. Addictive Behaviors Reports. 8, 40-45.


Hendershot, C.S., Wardell, J.D., Vandervoort, J., McPhee, M.D., Keough, M.T., & Quilty, L.C. (in press). Randomized Trial of Working Memory Training as an Adjunct to Inpatient Substance Disorder Treatment. Psychology of Addictive Behaviors.


Yaholkoski, A., Montgomery, J., Wright, M., Medved, M., Montgomery, J., Naiman, I.D., Stoesz, B.M., Barnes, J., & Theule, J.

Wishnowski, L. A., Vorauer, J. D., Theule, J.

Sommer, J. L., Sommer, J. L.

Parker, P. C., Chipperfield, J. G., Perry, R. P., Hamm, J. M.

Mutch, W. A. C., Mota, N., Turner, S., Taillieu, T., García, I., Montgomery, J.M., Magid, K.

Li, J. C., Li, J. C., Li, J. C.


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**CONFERENCE POSTERS:**


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If you have any updates, news, presentations or publications that you would like included in the next newsletter, please send them to Jamie McMillan at Jamie.McMillan@umanitoba.ca
Head’s Up!
Department of Psychology, University of Manitoba, December 21, 2018

Have a wonderful winter break