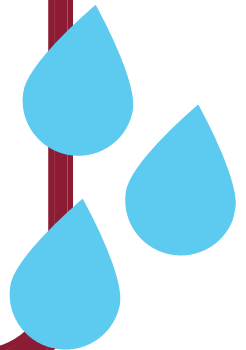
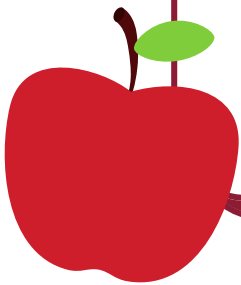


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Plenty
 Variety
 Eat

Enjoy
 Whole
 Grain

Fruit
 Vegetable
 Choice

Food Guide
 Water
 Protein

