

Questions and Answers about Human Nutritional Sciences Practicum HNSC 4362

1) What is Human Nutritional Sciences Practicum?

This is a six credit hour course that runs from September to April. In this course, students are assigned to a supervisor in a professional workplace environment to gain experience in a practical setting. This course provides an opportunity to work in a community-based nutrition program, government setting or health care facility where the concepts learned in the classroom can be applied to practical problems and projects. In addition to the 100 hours of work completed at the assigned practicum site, students are required to attend classes as scheduled and complete assignments that are related to their placement.

2) Do students have a choice as to where they are placed?

Efforts will be made to match students with a practicum placement that has been requested on the student practicum application form. However, placement sites vary each year and a best-fit will be employed to assign all students that have been accepted for a practicum placement. Students should be aware that placements may include experiences in one or more areas, such as food service, nutrition education, health promotion, and/or research.

3) What do past students report enjoying during their Nutrition Practicum placement?

- the opportunity for “hands-on” learning
- networking with professionals in the field of nutrition/dietetics and other health disciplines
- opportunity to work with the public
- applying theory to real life situations
- applying or developing skills including, interpersonal, communication, problem solving, educational program development, time management
- the opportunity to develop self-direction in their learning
- feeling that they have made a contribution to an organization or community-based setting
- developing a sense of identity as a professional

4) Where can students find more information about the Human Nutritional Sciences Practicum?

- check out the information that is posted on the Food & Human Nutritional Sciences webpage:

<http://umanitoba.ca/faculties/afs/dept/fhns/programs/HNS/HNSpracticum.html>