

TRAILBLAZER ADVENTURER  
INNOVATOR DEFENDER CHALLENGER  
ADVENTURER TRAILBLAZER DEFENDER VISIONARY  
VISIONARY ADVENTURER TRAILBLAZER CHALLENGER DEFENDER VISIONARY

## GEOG 1290 A03: Introduction to Physical Geography

Winter 2023

### Land Acknowledgement

The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.



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## COURSE DETAILS

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<b>Course Title &amp; Number:</b>	Introduction to Physical Geography - GEOG 1290 A03
<b>Class Day &amp; Time:</b>	Tues & Thurs 11:30 AM – 12:45 PM CST
<b>Number of Credit Hours:</b>	3 Credit Hours
<b>Pre-Requisites:</b>	None

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## INSTRUCTOR CONTACT INFORMATION

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<b>Instructor:</b>	Lisa Ford (Please call me Lisa)
<b>Office Hours:</b>	TBA
<b>Phone:</b>	If you would like to contact me, please email me.
<b>Email:</b>	<a href="mailto:Lisa.ford@umanitoba.ca">Lisa.ford@umanitoba.ca</a> <ul style="list-style-type: none"><li>- Use course # (GEOG 1290 A03) in subject line &amp; include your full name in email</li><li>- Allow at least <b>48-hours</b> for response (weekdays only).</li><li>- No scheduled in-person office hours</li></ul> Email to book appointment for virtual office hours using Cisco Webex or for an in-person meeting.

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## COURSE DESCRIPTION

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### U of M Course Calendar Description

The *Undergraduate Calendar* of The University of Manitoba describes GEOG 1290 Introduction to Physical Geography as follows:

(Formerly 053.129) This course studies aspects of our physical environment: climate, landforms, soils and vegetation. Not to be held with GEOG 1291 or GEOG 1200 or GEOG 1201.

**Course Attributes:** Science requirement for BA, University 1 Course, Ukrn Cdn Herit Studies

There are no prerequisites for this 3-credit-hour course. Its 3-credit-hour companion course is GEOG 1280, Introduction to Human Geography, and most students taking first-year geography, whether through distance and online education or on-campus, take both GEOG 1280 and GEOG 1290.

### General Course Description

Physical geographers study the spatial and temporal variations of Earth's living and non-living physical systems. This course uses a systems approach to study the interactions of Earth's Spheres, including the atmosphere, lithosphere, hydrosphere, and the biosphere. The interrelationships and human interactions within and between these Spheres are examined through a geographic lens. Geographic tools will be used to study: Earth-Sun geometry, the layered atmosphere, global energy systems, atmospheric circulation and moisture, cyclonic weather systems, the Earth's interior and crust, tectonic

processes and landforms, weathering and mass wasting, soils, groundwater and karst, fluvial systems, and glacial systems.

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## COURSE GOALS

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There are three general course goals:

1. To inspire an interest in physical geography and understand how physical geography is integrated into the world around you.
2. To use a systems approach to study the interactions of the Earth's Spheres, including the atmosphere, lithosphere, hydrosphere, and the biosphere.
3. To describe and explain the processes operating in Earth's atmosphere, oceans, and land surfaces, and relate them to the dominant natural and anthropogenic processes that change over space and time.

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## COURSE LEARNING OBJECTIVES

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Learning objectives and accompanying key terms and topics are available on UM Learn in the "Learning Objectives Table" (LO Table)

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## VOLUNTARY WITHDRAWAL (VW) DEADLINE

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The last day to drop this class and receive a 100% refund is January 20, 2023.

The last day to withdraw without a refund (VW) is March 22, 2023.

Students who do not drop this course by the VW deadline will be assigned a final grade. Withdrawal from courses after the last day to drop the class and receive 100% refund (January 20, 2023) will be recorded on your official transcript. See the [Registrar's Office](#) web page for more information.

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## COURSE SCHEDULE

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The course schedule is subject to change at the discretion of the instructor and/or based on the learning needs of the students but such changes are subject to [Section 2.8 of ROASS](#).

See Course Schedule on UM Learn.

## COURSE MATERIALS

### Textbook

Arbogast, A., Ford, L., Dagesse, D. (2018). *Discovering Physical Geography* (1<sup>st</sup> Cnd. ed.). Wiley.

At the bookstore, you can purchase either:

1. a looseleaf textbook - ISBN 9781119443469
2. e-textbook - ISBN 9781119287322

**Note:** If you are using a different textbook other than the 1<sup>st</sup> Canadian edition of Arbogat et al. (2018), the assigned readings may not correspond. The instructor offers no guarantee that the content in other textbooks/or editions will be the same as the 1<sup>st</sup> Canadian edition of Arbogast et al. (2018). Consequently, you may or may not be able to answer “textbook” exam questions. You may use any book you want, but it is at your own risk.

## COURSE ASSESSMENTS

Students will be evaluated via:

2 in-class midterms (2 x 25% each)	50%
3 multiple-choice assignments in UM Learn (3 x 3.33% each = 10% total)	10%
Final Examination Date TBD by Registrar’s Office	40%
Total	100%

\*See UM Learn Course Schedule for midterm dates, assignment dates, and weekly course themes.

You cannot submit additional assignments to improve or “bump” your grade. Each quiz/exam may be written once and the result is final (quizzes may not be re-written for any reason).

### Grade Distribution

LETTER	PERCENTAGE RANGE	DESCRIPTION
A+	90-100	Exceptional
A	80-89.9	Excellent
B+	75-79.9	Very Good
B	70-74.9	Good
C+	65-69.9	Satisfactory
C	60-64.9	Adequate
D	50-59.9	Marginal
F	0-49.9	Failure

**Notes:**

- All final grades are subject to departmental review.
- The grades will be rounded to one decimal point using standard rounding conventions, and the grade cut-offs will be strictly observed.
  - For example, a grade of 69.94 rounds to 69.9 and is a C+; a grade of 69.95 rounds to 70.0 and is a B
- The course grade will be based on 2 midterms, the 3 assignments, and the final exam.
- The course is not "graded on a curve".
- You cannot submit additional assignments to improve or "bump" your grade.
- Grades will not be increased or "bumped" on request unless there is a valid reason such as a calculation error.

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## MIDTERM & FINAL EXAM INFORMATION

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### Format

Midterms/final exam are **ALL closed-book** will be composed of multiple-choice and true/false type questions. Typically, there are 60 questions in 50 minutes. The exact number of questions in each midterm/final exam will be specified the week before the assessment. Midterms will likely be approximately 60 questions and the final exam will likely be approximately 125 questions.

Students may be tested on the instructional content including lecture content, corresponding textbook readings as well as any assigned readings and learning activities.

There will be questions based on the assigned readings from the course textbook (~10-15%)

The midterms and final exam are **cumulative** (e.g. the final exam will cover all course content).

The chapters covered in this course are outlined in the Learning Objectives Table (Sections A-P) available on UM Learn.

It is suggested that you take comprehensive weekly notes on the textbook chapters so you are not trying to learn an entire textbook worth of material in the last week or two before the final exam.

The final exam grades will not be available on UM Learn until after the course grades are posted on Aurora.

**Each midterm may be written only once regardless of the outcome. Students are not able to rewrite midterm for any reason. You will not be offered a makeup midterm or have your missed midterm re-weighted to the final exam if you are unhappy with your result.**

### Midterm/Final Exam Academic Integrity

In all exams, **NO unauthorized materials are permitted. Unauthorized materials may include, but are not limited to:** dictionaries, notes, books, textbooks, cellphones, smart watches, laptops, computers or any device capable of information storage and/or wireless communication.

- Students are not permitted to photograph or record quiz questions for any reason.

- Collaboration with other individuals is considered cheating, and therefore academic misconduct.
- Consult policy regarding [Academic Integrity](#)

## Group Chats (What's App, Telegram, etc) and Academic Integrity

All group chats should be closed starting a half hour before the exam starts and continuing for 3 hours after the exam ends.

On a midterm day, all group chats should be shut down at 11:00 AM CST, and not re-opened until at least 3:45 PM CST.

They must be closed until at least 3 hours after the midterm ends as some students will be writing at later times due to extenuating circumstances and technical issues.

Once the chat re-opens, students may NOT, under any circumstances, discuss particular questions, as some students may be writing deferred exams at later dates.

## Policy Regarding Missed Midterms

If you are unable to complete an online quiz or test due to a medical or compassionate circumstance, you may qualify for a makeup quiz/test. Medical notes are not required. However, you are required to promptly email your instructor to self-declare that you are unable to write the quiz using the form for Self-Declaration form. See: <https://umanitoba.ca/student-supports/academic-supports/student-advocacy/self-declaration-policy-students>

Before making a self-declaration, read through the information on Academic Fraud available on the University of Manitoba's [Academic Integrity Page](#). It is considered academic fraud (and therefore academic misconduct) to make false claims regarding illness/compassionate reasons to gain an advantage on any course assessments (such as a quiz/test/assignment extension etc.).

In order to qualify for a makeup quiz, your email must:

1. come from your University of Manitoba email account;
2. be sent to your instructor promptly, ideally prior to the quiz due date and **no later than 48 hours\* after the midterm date;**
3. include your full name, student number, course number, and date of the assessment you are unable to complete; and
4. attach the completed University of Manitoba self-declaration form for [Brief and Temporary Student Absences](#). \*\*

*\*Our provincial Personal Health Information Act (PHIA) does not require you to provide details of your medical or compassionate circumstance.*

*\*\*Failure to inform your instructor promptly (within 48 hours after the missed quiz) will result in a grade of zero (0). Exceptions will only be made for extraordinary circumstances (e.g. you are incapacitated and physically incapable of sending an email).*



**Failure to inform your instructor promptly (within 48 hours after the missed quiz) will result in a grade of zero (0).**

If you qualify for a makeup quiz **you must write the quiz within five (5) days of the missed midterm. It is your responsibility to email the instructor and confirm the date and time of the makeup midterm.**

Please note that reasonable reasons for missing a test do **NOT** include: work, vacations (even with relatives), other course work, other tests or quizzes on the same day, etc. If in doubt about what is an appropriate reason for missing a quiz, please ask the instructor by email prior to the quiz date.

**You will not be offered a makeup quiz or have your missed quiz re-weighted to the final exam if you are unhappy with your result (completed quiz results are final).**

## **Policy Regarding Missed/Deferred Final Exam**

If you know in advance that you cannot take the final examination you must fill in a request for a deferred examination with your **own faculty office at least 20 days before the exam date.**

You may request a deferred examination(s) on the grounds that you unable to write said examination(s) due to: participation in an inter-university, provincial, inter-provincial, national or international scholastic or athletic event; religious obligations; or a medical condition.

To request a deferred examination due to a known condition as listed above, you must file an application normally twenty (20) working days prior to the day of the scheduled examination with the advising office of the faculty, school, or academic unit (including University 1 or Extended Education) in which you are registered.

See [Academic Advising](#)

If you are unable to write an examination due to an unexpected illness, you must file an application for a deferred examination with your home faculty and self-declare your illness and/or the reason(s) for the deferral. The application must normally be filed within **forty-eight (48)** hours of the scheduled date of the missed examination or, in a case where more than one examination was missed, within **forty-eight (48)** hours of the scheduled date of the last examination missed. Based on the evidence, the Dean or Director shall decide whether the application is approved. Based on your ongoing incapacity or other exceptional circumstances, you may be granted a deferral even if the application has been submitted after the **forty-eight (48)** hour period.

The Department of Environment and Geography schedules deferred exams for this course once the required paper work has been received from your home faculty.

You will be notified by the Department of Environment and Geography by email (U of M accounts only) when the deferred exam is scheduled.

Deferred examinations will normally take place within 30 working days from the end of the examination series from which the examination was deferred. Writing a deferred examination at your convenience may not be an option. For more information: <http://umanitoba.ca/student/records/finals/682.html>  
It is your responsibility to make arrangements for the deferred exam by email.

## MIDTERM FEEDBACK

The midterms will be marked, and the grades will be available on UM Learn after the marking is complete (approximately 1 week after writing the midterm).

You can book an appointment with the instructor to view your incorrect midterm questions. The appointment must be made within ONE week of the midterm results being posted on UM Learn. Please email the instructor to schedule an appointment.

## THREE MULTIPLE-CHOICE ASSIGNMENTS

There will be 3 multiple-choice assignments on UM Learn throughout the term. They will be written in UM Learn quizzes, but they are NOT quizzes. No Lockdown Browser or Respondus Monitor is required. You can start them, answer a few questions, leave, and come back another time to work on the questions again (as long as it'sm. After completing each assignment, students can re-do incorrect questions (make a second att before the due date/time) and their grade for these re-attempted questions will be the average of both attempts.

\*NOTE: you will ONLY get a 2<sup>nd</sup> chance to answer your incorrect assignment questions if you begin the assignment early enough (e.g. if there is enough time before the due date to attempt the incorrect questions again). If you finish the assignment the first time near the due date, you will not have a chance to re-write the incorrect questions. There are NO EXTENSIONS.

For Example: If you complete assignment 1 right before the due date/time and cannot make a 2<sup>nd</sup> attempt, you should focus on completing the other assignments earlier so you can make a 2<sup>nd</sup> attempt on incorrect questions.

Each assignment is worth 3.33% of your final grade, for a total of 10%. These assignments are required and they give you practice answering multiple choice questions.

See the Course Schedule for Assignment 1, 2 and 3 due dates. Assignments are due before 11:59 PM on the date indicated on the course schedule. Each assignment is available for at least two weeks prior to the due date.

**Late assignments will not be accepted and extensions will not be granted**, as the assignments are available for a minimum of two weeks. Ensure you plan to COMPLETE them well before 11:59 PM, as credit is NOT given assignments submitted after the due date/time even if the assignment is started prior to 11:59. For example, if you start the assignment at 10:45 PM on the due date, and submit after midnight, your assignment will be graded zero (0).

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## COURSE FORMAT

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### Weekly Time Commitment

There are 150 minutes (2.5 hours) of lecture per week, and students are expected to study for up to 2 hours PER lecture hour. Consequently, students may have to study up to 9 hours per week to keep up with their course material. It is unlikely that each course requires that level of study every week, but some weeks will take longer than others.

Each week you will need to attend the lecture, make notes on the important concepts, study and learn the definitions and concepts, etc. This will take several hours each week, and if you get behind, it makes it difficult to catch up.

A “Learning Objectives Table” (LO Table) containing key terms and concepts is provided for each section in the “Weekly Course Content” folder and it is highly recommended that you use this as a guide for note taking. PowerPoint slides will not be provided.

### Studying Course Material

You should take notes of the lectures, any pre-recorded lecture videos, corresponding textbook readings and assigned readings/videos. Use the LO Table as a note-taking guide. Whether you choose to read the textbook chapter before or after the lecture is up to you. When reading the textbook and viewing the lecture material, wherever possible students are encouraged to use the [SQRRR](#) strategy detailed in the Course Format and available from the [Academic Learning Centre](#).

### Learning Strategy for Students

As far as is possible, set regular time aside for this course and stay with your schedule. Use studying and learning strategies that work for you. If you are uncertain how best to study it is worth noting that, for many students, a useful way to read text content is to employ the [SQRRR strategy](#). This strategy is noted below.

- **Survey:** acquire an overview of the textbook chapter by focussing on any introductory and concluding comments and by using headings and subheadings as reference points.
- **Question:** look over the chapter a second time, thinking about what you are reading in greater detail; as you read, question the content by taking notes or marking the text as you choose.
- **Read:** read in detail; many of us are tempted to do this first, but it is usually a good idea to delay this stage as you acquire a more detailed understanding once you have the larger context that is provided by working through the first two stages.
- **Recite:** read the key ideas aloud, again asking questions.
- **Review:** accomplish a final reading to make sure that you have grasped both the key ideas and the needed factual content.

The important thing as you work through this course is that you adopt studying and learning strategies that work for you.

## COURSE EXPECTATIONS

### I Expect You To:

- Consult UM Learn course announcements frequently (You are responsible for consulting the course announcements for any updates or changes).
- Turn on UM Learn notifications to receive timely course updates and utilize the U of M “Pulse” app on your smart phone.
- Utilize and regularly consult your University of Manitoba email account (Student Email Policy Information: <https://bit.ly/3aFN787>).
- Read, understand, and regularly consult the Course Syllabus, the Course Schedule, and UM Learn.
- Study course materials following the Course Schedule posted on UM Learn. It is recommended that students’ study 2-3 hours per every hour of lecture/pre-recorded video.
- Read the textbook and make notes on the assigned content.
- Be courteous and respectful to fellow students and instructor and adhere to university policies on Respectful Work and Learning Environment (RWLE) and Inappropriate and Disruptive Student Behaviour.
  - Respectful Work and Learning Environment Policy
- Complete course work independently and with academic integrity and follow university policies on plagiarism, cheating and exam personation (Academic Integrity Policies and Procedures)
- Complete the UM Learn course quizzes independently and on time (see the Late Policy) and write the final exam during the final exam period (Students must be available during the entire exam period).
- Remain available and have access to the required technology (see Technology Requirements in Syllabus) to complete online quizzes and write the online final exam.
- Provide 24-hours advance notice if you are unable to attend an appointment with the instructor.
  - Students who fail to provide 24-hour’s notice will not be scheduled for any future appointments during the term.
  - Students may utilize office hours to speak to the instructor on a first come, first serve basis.
- **Backup your course notes. University of Manitoba students have access to 1 TB of OneDrive Storage through Office 365.**
  - Computers and Technology
  - **Students are required to keep copies of all their course work until their grades are posted on Aurora.**
- **Respect copyright.** We will use copyrighted content in this course. I have appropriately acknowledged my sources and I have ensured that it is copied in accordance with copyright laws

and University guidelines. Copyrighted works, including those created by Lisa Ford and Janna Wilson, are available for your private study and research, and you must not distribute them in any format without permission.

- All materials posted on UM Learn are for your personal use only, and not to be shared outside the course or posted anywhere else
  - No audio or video recording of lectures or presentations is allowed in any format, openly or surreptitiously, in whole or in part without permission from Lisa Ford or Janna Wilson. Course materials (both paper and digital) are for the participant's private study and research only.
  - Do not upload copyrighted works to a learning management system (e.g., UM Learn), or any website, unless an exception to the Copyright Act applies or written permission has been confirmed for more information, see information on: [University Copyright Office & Sharing notes and Tutoring](#)
- Pre-recorded PowerPoint videos may be provided, on occasion, as part of the course content. If provided, you should view them and make notes on the content.

### Expectations regarding quizzes and grading

- Ensure midterm grades have been recorded correctly in UM Learn. Students have 48-hours after completion of each midterm to discuss any grading concerns. After this 48-hour period, NO changes will be made.
- Ensure Assignment grades are recorded correctly in UM Learn. Students have 48-hours after each assignment due date to discuss any grading concerns. After this 48-hour period, NO changes will be made.

### Expectations: You Can Expect Me to . . .

- strive to create a welcoming, inclusive, and positive online classroom environment in which all students feel respected and heard.
- treat you fairly and respectfully while supporting your vision of academic success
  - [Respectful Work and Learning Environment Policy](#)
- listen to your questions/concerns/feedback about the course structure, readings, assignments and grading and respond the best way I can.
- follow policies regarding academic staff's responsibilities regarding students ([ROASS](#)).
- act with academic integrity and adhere to and follow university policies on plagiarism, cheating and exam personation
- utilize my University of Manitoba email account to communicate with you and return emails in a timely fashion (usually 48-hours excluding weekends and holidays) following the [University of Manitoba Electronic Communications with Students Policy](#)
- identify and recommend on campus resources you might find helpful on an as-needed basis (such as the [academic learning centre](#), [student accessibility services](#), [libraries](#), etc).
- respect confidentiality by protecting your personal information and adhering to University Policies on Information Access and Privacy and The Freedom of Information and Protection of Privacy Act ([FIPPA](#)).

- respect [copyright](#). We will use copyrighted content in this course. I have ensured that the content I use is appropriately acknowledged and is copied in accordance with copyright laws and university guidelines.

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## LATE POLICY

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If you have a medical or compassionate reason for an extension on a quiz, please contact the instructor via email as soon as possible BEFORE the due date and an extension may (or may not) be granted.

Students who are sick need to self-declare, as per the "Policy Regarding Missed Quizzes/Midterms" in the UM Learn Quizzes part of the syllabus.

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## COMMUNICATIONS POLICY

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### Communication and Email

Effective September 1, 2013, the U of M will only use your university email account for official communications, including messages from your instructors, department or faculty, academic advisors, and other administrative offices.

- If you typically use an account other than your U of M account, you can forward your U of M account to another personal account. However, **all emails must be SENT from the U of M account** or they will not be returned (see the [University of Manitoba's Student Email Policy](#))
- All communications must be professional, respectful, and courteous.

E-mails to the instructor must come from a University of Manitoba email account (i.e. [name@myumanitoba.ca](#)) and include:

- the subject heading (GEOG 1290 A03),
- a salutation (i.e. Dear, Hello, Good Morning, etc.)
- Your full name.

Emails that do not conformed to the above will not be returned. Allow at least **48-hours** for response (weekdays only).

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## COURSE TECHNOLOGY REQUIREMENTS

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### Technology Requirements

GEOG 1290 employs a number of different technologies that require a modern computer and reliable internet access. Verify that you can meet these technical requirements prior to course registration:

- Access to UM Learn
- Computer with Windows 8, 10, or Mac OS 10.11+
  - Latest version of either Firefox, Chrome, Safari, or Edge web browsers. Google Chrome is recommended for Mac computers

- JavaScript and cookies enabled.
- Adobe Flash Player version 26 or greater installed.
- Broadband internet access (minimum bandwidth of 512 Kbps)
- Speakers or headphones
- For assistance with UM Learn contact:
  - [Information and Services Technology Desk](#)
  - 123 Fletcher Argue (Mon - Fri.: 8:00 AM - 8:00 PM)
  - Phone: 204-474-8600
  - Email: [Servicedesk@umanitoba.ca](mailto:Servicedesk@umanitoba.ca)

### Weekly Technological Maintenance

Students should clear their cache/cookies/browser history every week in order to ensure the smooth operation of UM Learn Quizzes. Instructions for clearing cache/cookies/browser history are provided on UM Learn.

## USING COPYRIGHTED MATERIAL

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- University Copyright Office: <http://umanitoba.ca/copyright/>
- Sharing notes and Tutoring: <https://bit.ly/2thPeNM>

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## ACADEMIC INTEGRITY

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### Academic Integrity at the University of Manitoba

Each student in this course is expected to abide by the University of Manitoba [Academic Integrity principles](#). You must do your own work during quizzes, bonus homework assignments and the final exam. Inappropriate collaborative behaviour and violation of other Academic Integrity principles will lead to serious [disciplinary action](#). Visit the [Academic Calendar](#), [Student Advocacy](#), and [Academic Integrity](#) web pages for more information and support.

### Quiz/Final Exam Academic Integrity

In all online quizzes, **NO unauthorized materials are permitted**. Unauthorized materials may include, but are not limited to: dictionaries, notes, books, textbooks, cellphones, smart watches, laptops, computers and any device that is capable of information storage and/or wireless communication.

Collaboration with other individuals is considered cheating, and therefore academic misconduct.

### Group Chats (What's App, Telegram, etc) and Academic Integrity

All group chats should be closed starting half an hour before the quiz/test/final exam access time begins and continuing for 3 hours after the quiz/test/final exam access time ends.

They must be closed for at least 3 hours after the quiz ends as some students will be writing at later times due to extenuating circumstances and technical issues.

Once the chat re-opens, students may NOT, under any circumstances, discuss particular questions, as some students may be writing deferred quizzes/final exams at a later time.

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## STUDENT ACCESSIBILITY SERVICES

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Students registered with Student Accessibility Services (SAS) who have extended time accommodations on quizzes/tests/final exams must book **ALL** quizzes/tests/final exams through the SAS online booking system. The instructor is responsible for extending the time for quizzes/tests/final exams as per the SAS accommodation. However, SAS still requires all students register quizzes/tests/final exams.

If you enter an online quiz/test/final exam etc. in UM Learn, verify that you have been allotted the correct amount of extended time located in the "Quiz Details" section under "Time Allowed." If you have not been given the correct amount of extended time as per your SAS accommodations, do **NOT** start the quiz. Email your instructor immediately and the instructor will adjust the time accordingly. Instructors monitor email during quizzes/tests/final exams to help students rectify UM Learn issues.



Once you start the quizzes/tests/final exams, regardless of how much time as been allotted, you will not be permitted to rewrite the quiz or have the time extended.

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## LEARNER SUPPORTS

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### Schedule “A”

Schedule “A” is the new requirement passed by the University of Manitoba Senate in 2016 that requires that a mandated list of supports for services plus contact information is provided to students. While this information is important and useful, should you require advice and support, the instructor is happy to meet with you and discuss issues and concerns

### **Student Resources**

#### **Writing and Study Skills Support**

The Academic Learning Centre (ALC) offers services that may be helpful to you as you fulfill the requirements for this course. Through the ALC, you may meet with a study skills specialist to discuss concerns such as time management, reading and note-taking strategies, and test-taking strategies. You may also meet one-on-one with a writing tutor who can give you feedback at any stage of the writing process, whether you are just beginning to work on a written assignment or already have a draft. Writing tutors can also give you feedback if you submit a draft of your paper online. (Please note that the online tutors require 48 hours, from Mondays to Fridays, to return your paper with comments.)

All Academic Learning Centre services are free for U of M students. the Academic Learning Centre Homepage: <https://bit.ly/31cLGev> Phone: 204.480.1481

#### **University of Manitoba Libraries (UML)**

As the primary contact for all research needs, your liaison librarian can play a vital role when completing academic papers and assignments. Liaisons can answer questions about managing citations, or locating appropriate resources, and will address any other concerns you may have, regarding the research process. Liaisons can be contacted by email or phone, and are also available to meet with you in-person. A complete list of liaison librarians can be found by subject: <http://bit.ly/WcEbA1> or name: <http://bit.ly/1tJ0bB4>. In addition, general library assistance is provided in person at 19 University Libraries, located on both the Fort Garry and Bannatyne campuses, as well as in many Winnipeg hospitals. For a listing of all libraries, please consult the following: <http://bit.ly/1sXe6RA>. When working remotely, students can also receive help online, via the Ask-a-Librarian chat found on the Libraries' homepage: [www.umanitoba.ca/libraries](http://www.umanitoba.ca/libraries).

**The English Language Centre** has workshop and programs in advanced academic and health-sciences English (located at 520, University Centre).

Homepage: <https://bit.ly/2Q87pxF>

#### **Student Accessibility Services**

Student Accessibility Services (SAS) provides support and advocacy for students with disabilities of all kinds: hearing, learning, injury-related, mental health, medical, physical or visual. Students with temporary disabilities such as sprains and breaks are also eligible to use our services. SAS acts as a liaison between students and the faculty and staff of the University of Manitoba as well as support

agencies within the province of Manitoba. Please phone: 474-6213 (voice) or 474-9690 (TTY) for service. Student Accessibility website at: <https://bit.ly/3heKUTA>

### **Mental Health**

For 24/7 mental health support, contact the Mobile Crisis Service at 204-940-1781.

### **Student Counselling Centre (SCC)**

Contact SCC if you are concerned about any aspect of your mental health, including anxiety, stress, or depression, or for help with relationships or other life concerns. SCC offers crisis services as well as individual, couple, and group counselling.

Homepage: <https://bit.ly/3aFVocb> Phone: (204) 474-8592

### **On-Campus and Community Crisis Services**

A list of on-campus and community crisis services with phone numbers: <https://bit.ly/34mTJHk>

### **Student Support Case Management (SSCM)**

Contact the Student Support Case Management team if you are concerned about yourself or another student and don't know where to turn. SSCM helps connect students with on and off campus resources, provides safety planning, and offers other supports, including consultation, educational workshops, and referral to the STATIS threat assessment team.

Student Support Intake Assistant: Phone: 204-474-7423 Email: [stadv@umanitoba.ca](mailto:stadv@umanitoba.ca);

Homepage: <https://bit.ly/34eprGK>

### **University Health Service (UHS)**

Contact UHS for any medical concerns, including mental health problems. UHS offers a full range of medical services to students, including psychiatric consultation.

Virtual appointments (8:30 AM - 4:15 pm - Monday to Friday)

Homepage: <http://umanitoba.ca/student/health/> Phone: 204-474-8411

UHS has an on-call service which can be reached at 204-474-8411 and is staffed 24 hours a day.

### **Health and Wellness**

Contact our Health and Wellness Educator if you are interested in information on a broad range of health topics, including physical and mental health concerns, alcohol and substance use harms, and sexual assault.

Britt Harvey: Health and Wellness Educator

Email: [britt.harvey@umanitoba.ca](mailto:britt.harvey@umanitoba.ca) Phone: (204) 204. 295.9032 Website: <https://bit.ly/2EfqaN4>

### **Live Well @ UofM**

For comprehensive information about the full range of health and wellness resources available on campus, visit the Live Well @ UofM site: <https://bit.ly/3aCZhPi>

### **Copyright**

All students are required to respect copyright as per Canada's Copyright Act. Staff and students play a key role in the University's copyright compliance as we balance user rights for educational purposes with the rights of content creators from around the world. The Copyright Office provides copyright resources and support for all members of the University of Manitoba community.

Visit <http://umanitoba.ca/copyright> for more information.

## **University and Unit Policies, Procedures, and Supplemental Information** (Available On-Line)

### **Your rights and responsibilities**

- As a student of the University of Manitoba you have rights and responsibilities. It is important for you to know what you can expect from the University as a student and to understand what the University expects from you. Become familiar with the policies and procedures of the University and the regulations that are specific to your faculty, college or school.

### **The Academic Calendar**

- The Academic Calendar is an important source of information: <https://bit.ly/2TdXsnD>
- View the sections on University Policies and Procedures and General Academic Regulations. While all of the information contained in these two sections is important, the following information is highlighted.
- If you have questions about your grades, talk to your instructor. There is a process for term work and final grade appeals. Note that you have the right to access your final examination scripts. See the Registrar's Office website for more information including appeal deadline dates and the appeal form <http://umanitoba.ca/registrar/>
- You are expected to view the General Academic Regulation section within the Academic Calendar and specifically read the Academic Integrity regulation. Consult the course syllabus or ask your instructor for additional information about demonstrating academic integrity in your academic work. Visit the Academic Integrity Site for tools and support <http://umanitoba.ca/academicintegrity/> View the Student Academic Misconduct procedure for more information.

### **Sexual Assault**

- If you experience Sexual Assault or know a member of the University community who has, it is important to know there is a policy that provides information about the supports available to those who disclose and outlines a process for reporting.
  - The Sexual Assault policy may be found at: <https://bit.ly/3hqPFtH>
  - More information & resources can be found on the Sexual Assault site: <https://bit.ly/3aGx5Lx>

### **Academic Programs and Regulations**

- For information on regulations that are specific to your academic program, read the section in the Academic Calendar and on the respective faculty/college/school web site <https://bit.ly/35VICVJ>
- Contact an Academic Advisor within our faculty/college or school for questions about your academic program and regulations <http://umanitoba.ca/academic-advisors/>

### **Student Advocacy**

- Contact Student Advocacy if you want to know more about your rights and responsibilities as a student, have questions about policies and procedures, and/or want support in dealing with academic or discipline concerns.  
Homepage: <http://umanitoba.ca/student/advocacy/>  
Phone: 204 474 7423 Email: [student\\_advocacy@umanitoba.ca](mailto:student_advocacy@umanitoba.ca)

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## ACKNOWLEDGEMENTS

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## LAND ACKNOWLEDGEMENT

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The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.