



# **Seniors' Contributions To Manitoba: 2009 Update**

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## **Centre on Aging, University of Manitoba**

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## Introduction

In 2006, the Centre on Aging prepared a report highlighting the contributions to society made by Manitoba's seniors. As was noted in that report, senior citizens are a vital part of Manitoba spending much of their time and money making their communities better through volunteerism, charitable giving, and civic participation. The intent of this report is to update selected tables/figures from the 2006 report with information available from the most current Statistics Canada surveys. This compilation gives an overview of what Manitoba's seniors contribute with a comparison to younger adults ages 45-64.

Various sources of data have been used for this report. The Statistics Canada website ([www.statcan.ca](http://www.statcan.ca)) served as a valuable source of information for Census data as well as for data from Statistics Canada surveys. The data used in this report came primarily from the following Statistics Canada Surveys:

- **Canada Survey of Giving, Volunteering and Participating (CGSVP)** – This nation-wide survey was conducted by Statistics Canada from mid-September 2004 to December 2004. The 2004 CGSVP is based on a representative sample of 20,832 Canadians aged 15 and over who were asked how they gave money and other resources to individuals and to organizations, volunteered time to help others and to enhance their communities, and participated in the practices of active citizenship. The data were weighted to be representative of the Canadian population aged 15 and over.

*Note: The 2004 CSGVP provided a new way of measuring giving, volunteering and participating. It replaced the way these behaviours were measured in the 1997 and 2000 National Surveys of Giving, Volunteering and Participating (NSGVPS). In addition a number of significant changes were made to the methodologies used for collecting the data in 2004 compared to the previous NSGVP surveys. **Because of these changes it is not appropriate to compare results from the 2004 CSGVP with the previous NSGVP surveys.** Therefore this report focuses only the results from the 2004 CSGVP survey. The report entitled "Caring Canadians, Involved Canadians: Highlights from the 2004 Canada Survey of Giving, Volunteering and Participating (Catalogue no. 71-542-XPE)" available on the Statistics Canada website provides further information on the 2004 CSGVP survey.*

## About Seniors

- There have consistently been a slightly higher proportion of women than men among Manitobans in the 65 and over age group between the years 2004 and 2008. Manitobans age 45 to 64 are almost equally divided between men and women.

**Table 1: Gender Distribution of Manitobans in 2004, 2006 and 2008  
By Age Group**

	2004		2006		2008	
	45-64	65+	45-64	65+	45-64	65+
Men	141,674	67,490	147,160	69,255	157,397	71,066
Women	142,938	91,186	149,890	92,625	158,171	93,816
TOTAL	284,612	158,676	297,050	161,885	315,568	164,882

## Seniors in the Workforce

- In 2006, there were approximately 14,300 Manitobans aged 65+ who were still actively employed. This represented 2.5% of Manitoba's employed labour force.
- Over one-half (55%) of employed seniors were still working full-time jobs.
- About two-thirds of employed seniors were men.
- 65% of employed senior men worked full-time, while 63% of employed senior women worked part-time.

**Table 2: Full Time and Part Time Status of Employed Manitobans 65+, 2006**

Employment Status	Total	Men	Women
Mostly full-time	55%	65%	37%
Mostly part-time	45%	35%	63%
Number employed	14,300	9,500	4,800

Sources: Manitoba Health and Healthy Living Population Report, June 1, 2004 and June 1, 2008.

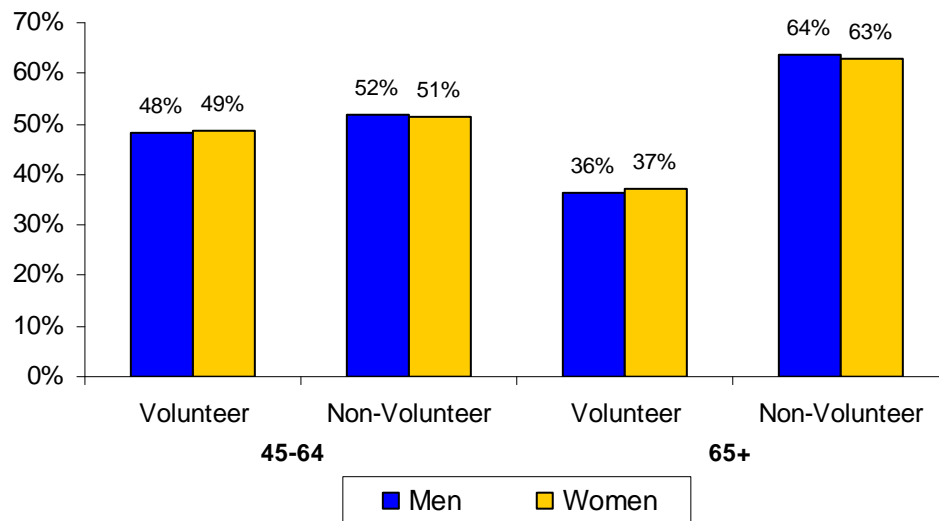
Statistics Canada. 2007. Age Groups (13) and Sex (3) for the Population of Canada, Provinces and Territories, 1921 to 2006 Censuses – 100% Data (table). Topic-based tabulation. 2006 Census of Population. Statistics Canada catalogue no. 97-551-XCB2006005. Ottawa. Released July 17, 2007.

Statistics Canada. Cansim Table 282-0002 – Labour Force Survey Estimate (LFS), by Sex and Detailed Age Group, Annual (Persons x 1,000), 2006

# Volunteering

- According to the Canada Survey of Giving, Volunteering and Participating (2004), 53,686 Manitobans aged 65+ (37%) participated in unpaid volunteer activities as part of a group or organization in the 12 month period prior to the survey. They spent 17 million hours in volunteer activities.
- Of those who volunteered, senior men spent an average of 404 hours per year in volunteer activities, compared to men aged 45-64 who spent an average of 174 hours per year. Senior women who volunteered spent an average of 251 hours per year compared to women aged 45-64 who spent an average of 162 hours per year.
- Per capita, senior men and women volunteered roughly 146 and 93 hours per year (respectively) while men and women aged 45-64 volunteered 84 and 79 hours per year (respectively).

**Figure 1: Volunteer vs. Non-Volunteer Status of Manitobans By Gender and Age Group, CSGVP, 2004**



**Table 3: Total and Average Number of Hours Spent Volunteering By Age Group and Gender, CSGVP, Manitoba, 2004**

	45-64		65+	
	Men	Women	Men	Women
Total Volunteer Hours (in millions) for the 12 Month Period Prior to Survey	11.8	11.2	9.3	7.7
Average Hours Per Volunteer for the 12 Month Period Prior to Survey	174	162	404	251

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

# Volunteering

- Both senior female and male volunteers most often chose the domain of 'Religion' (48% and 49% respectively) in terms of the area in which they volunteer. This was also the most popular domain for women aged 45 to 64 (32%).
- 'Culture & Recreation' was the most popular domain of volunteering for male volunteers in the 45 to 64 age group (37%).
- A disparity existed between senior men and women in the domain of 'Culture & Recreation'. About one-fifth (43%) of senior male volunteers chose to give their time here, compared to 28% of senior female volunteers.
- Other noteworthy disparities:
  - 34% of female volunteers 65+ engaged in 'social service' activities compared to 15% of male volunteers 65+.
  - 3% of male volunteers 65+ engaged in 'Education & Research' compared to 22% of male volunteers 45-64; this disparity was also evident for female volunteer (8% vs. 24%) respectively.

**Table 4: Most Popular Domains for Those Who Volunteer By Age Group and Gender, CSGVP, Manitoba, 2004.**

Domains of Volunteering	45-64		65+	
	Men	Women	Men	Women
Culture & Recreation	37%	31%	43%	28%
Religion	29%	32%	48%	49%
Health/Environment	22%	24%	16%	23%
Social Services	16%	26%	15%	34%
Development & Housing	15%	16%	13%	10%
Education & Research	22%	24%	3%	8%
Other <sup>†</sup>	21%	13%	19%	14%

<sup>†</sup> 'Other' includes Law, Advocacy & Politics; Philanthropic Intermediaries and Voluntarism Promotion; International; Business and Professional Associations & Unions; and Not Elsewhere Classified.

\* Note: These percentages will not add up to 100% since people may volunteer in more than one domain.

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

# Volunteering

- The most common reason for volunteering among male and female volunteers in both age groups was 'to make a contribution to the community'.
- Both male and female senior volunteers were more likely to volunteer to fulfill religious obligations or other beliefs compared to volunteers in the 45-64 age group.
- Among senior male and female non-volunteers the most common reason for not volunteering was 'had health problems or were physically unable' (59% vs. 62% respectively).
- Among non-volunteers aged 45-64 the most common reason for not volunteering was 'did not have the time'.

**Table 5: Reasons for Volunteering for Those Who Volunteer By Age Group and Gender, CSGVP, Manitoba, 2004.**

Reason For Volunteering	45-65		65+	
	Men	Women	Men	Women
You or someone you know personally affected by the cause supported by organization/group	57%	62%	68%	54%
Your friends volunteer	48%	41%	51%	50%
To network with or meet people	52%	47%	51%	58%
To improve job opportunities	14%	9%	5%	1%
To fulfill religious obligations or other beliefs	25%	25%	47%	45%
To explore own strengths	45%	49%	36%	44%
To make a contribution to the community	96%	97%	86%	93%
To use your skills and experiences	79%	78%	79%	78%

**Table 6: Reasons for Not Volunteering for Those Who Did Not Volunteer By Age Group and Gender, CSGVP, Manitoba, 2004.**

Reason For Not Volunteering	45-64		65+	
	Men	Women	Men	Women
Gave enough time already	10%	14%	21%	13%
Dissatisfied with previous volunteering experience	11%	5%	4%	4%
No one asked you	30%	28%	27%	16%
Did not know how to get involved	15%	12%	5%	7%
Had health problems or were physically unable	27%	36%	59%	62%
Did not have the time	50%	71%	23%	25%
Financial cost of volunteering	17%	12%	6%	9%
Unable to make a long-term commitment	47%	55%	44%	37%
Preferred to give money instead of time	39%	48%	37%	32%
Had no interest	20%	18%	27%	14%

\* Note: These percentages will not add up to 100% since people give more than one reason for volunteering or not volunteering. Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

# Volunteering

- Among senior male volunteers, the activities most often engaged in were 'Unpaid Member of Board/Committee' (53%), followed by 'Organizing/Supervising or Coordinating Activities or Events' (41%) and 'Canvassing/Fundraising' (41%).
- The most frequently reported volunteer activity among senior female volunteers was 'Canvassing/Fundraising' (55%), followed by 'Unpaid Member of Board/Committee' (40%).
- Some notable disparities include:
  - 39% of senior male volunteers engaged in 'Maintaining, Repairing, or Building Facilities' compared to only 9% of senior female volunteers. This pattern is similar for 45-64 year olds.
  - 14% of senior male volunteers engaged in 'Coaching, Referring, Officiating' compared to 1% of senior female volunteers. This pattern is similar for 45-64 year olds.

**Table 7: Activities in Which Manitoba Volunteers Most Often Engage By Age Group and Gender, CSGVP, Manitoba, 2004.**

Volunteer Activities	45-64		65+	
	Men	Women	Men	Women
Organize/Supervise or Coordinate Activities or Events	51%	54%	41%	40%
Canvassing/Fundraising	53%	66%	41%	55%
Unpaid Member of Board/Committee	48%	55%	53%	43%
Office Work, Bookkeeping, Administrative or Library	29%	33%	34%	23%
Maintain, Repair, or Build Facilities	32%	11%	39%	9%
Provide Support, Counselling, Care in a Hospital	32%	36%	37%	37%
Volunteer Driving	25%	25%	24%	10%
Collect/Serve/Deliver Food or Goods	26%	28%	21%	37%
Environmental Protection	20%	16%	9%	10%
Teaching, Education, Mentoring	32%	30%	17%	18%
Coaching, Refereeing, Officiating	24%	5%	14%	1%
First Aid, Fire-Fighting/Other <sup>†</sup>	18%	11%	16%	13%

<sup>†</sup> 'Other' includes activities not elsewhere classified.

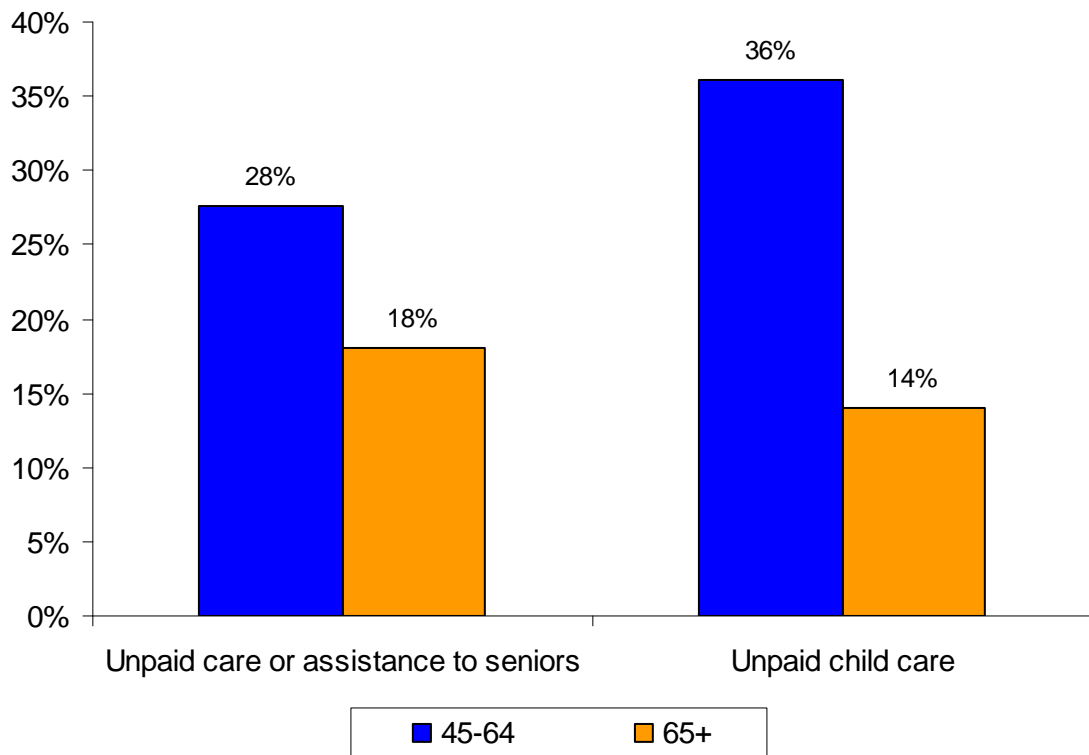
\* Note: These percentages will not add up to 100% since people may engage in more than one kind of activity.

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

## Unpaid Help and Caregiving

- According to the 2006 Census of Canada, many Manitoba seniors spent time and effort helping others every week without pay.
- 27,165 seniors (18% of Manitoba's senior population) assisted or gave some form of care to other seniors in the last week prior to the survey. Of these, 3,700 seniors spent 20 hours or more that week doing this type of unpaid work.
- 21,070 seniors (14%) spent time taking care of children in the last week prior to the survey. Of these, 1,030 seniors spent 60 hours or more that week in this valuable work.

**Figure 2: Proportion of Manitobans Aged 45-64 and Aged 65+ Who Engage in Unpaid Helping and Caregiving, Manitoba, 2006.**

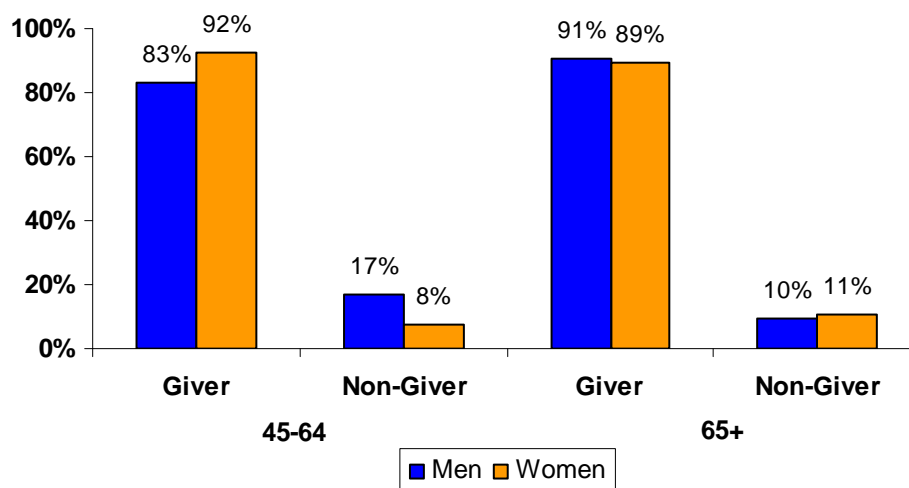


Source: Unpaid Work (20), Sex (3), Age Groups (9), Labour Force Activity (5), Census Family Status (6) and Presence and Age of Youngest Child (6) for the Population 15 Years and Over Living in Private Households of Canada, Provinces, Territories, Census Metropolitan Areas and Census Agglomerations, 2001 to 2006 Censuses - 20% Sample Data. Ottawa: Statistics Canada, July 29, 2008. 2006 Census of Canada. Catalogue number 97-559-XWE2006007.

## Charitable Giving

- According to the Canada Survey of Giving, Volunteering and Participating (2004), 90% of Manitoba's seniors (130,990 people) gave charitable donations in the 12-month period prior to the survey. Their donations totalled nearly \$80 million.
- Comparatively, 88% of Manitobans aged 45-64 (247,194 people) gave charitable donations equalling roughly \$148.5 million.
- On average, senior male givers donated the most (\$781) followed by female givers aged 45-64 (\$601).
- Senior Manitobans gave more money per capita (\$545) than Manitobans aged 45 to 64 (\$526) as well as Manitobans aged 35 to 44 (\$321) or aged 25 to 34 (\$340).

**Figure 3: Proportion of Manitobans Who Did or Did Not Make a Charitable Donation By Gender and Age Group, CSGVP, Manitoba, 2004.**



**Table 8: Dollars Given in Charitable Donations By Age Group and Gender, CSGVP, Manitoba, 2004.**

	45-64		65+	
	Men	Women	Men	Women
Total Donations (in millions) Over the 12 Months Prior to the Survey	\$69.7	\$78.8	\$45.0	\$34.6
Average Donation Per Giver Over the 12 Months Prior to the Survey	\$600	\$601	\$781	\$472
<i>Average Donation Per Capita Over the 12 Months Prior to the Survey</i>	\$498	\$555	\$707	\$421

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

## Charitable Giving

- In Manitoba, both men and women aged 65+ and 45-64 gave the vast majority of their charitable donations to 'Religion'.
- Senior men gave \$32.2 million to 'Religion', with an average donation per giver of \$921 per year. Senior women gave \$19.2 million, with an average of \$408.
- Comparatively, men and women 45-64 years old gave \$35.3 and \$46.3 million (respectively), while their average donation value was nearly equal (\$551 and \$631, respectively).
- Senior women gave more money in total and on average to 'Education & Research/Environmental Protection/Health' than senior men.

**Table 9: Total Amount of Donations (in millions) and Average Annual Donation per Giver by Age Group and Gender, CSGVP, Manitoba, 2004.**

Domains of Charity	45-64		65+	
	Men	Women	Men	Women
<i>Religion</i>				
Total \$ (in millions) Per Year	\$35.3	\$46.3	\$32.2	\$19.2
Average \$ Per Giver Per Year	\$551	\$631	\$921	\$408
<i>Education &amp; Research/Environmental Protection/Health</i>				
Total \$ (in millions) Per Year	\$17.7	\$14.4	\$4.2	\$7.5
Average \$ Per Giver Per Year	\$181	\$119	\$92	\$117
<i>Social Services/Development &amp; Housing</i>				
Total \$ (in millions) Per Year	\$4.3	\$5.9	\$3.7	\$3.1
Average \$ Per Giver Per Year	\$64	\$81	\$121	\$91
<i>Culture &amp; Recreation</i>				
Total \$ (in millions) Per Year	\$3.1	\$2.5	\$1.9	\$0.8
Average \$ Per Giver Per Year	\$77	\$55	\$118	\$41
<i>Other<sup>†</sup></i>				
Total \$ (in millions) Per Year	\$9.3	\$9.7	\$2.3	\$3.9
Average \$ Per Giver Per Year	\$177	\$204	\$168	\$165

<sup>†</sup> 'Other' includes Law, Advocacy & Politics; Philanthropic Intermediaries and Voluntarism Promotion; International; Business and Professional Associations & Unions; and Not Elsewhere Classified.

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.

## Civic Participation

- According to the Canada Survey of Giving, Volunteering and Participating (2004), more than half (93,046 or 64%) of senior Manitobans belonged to a formal organization in the 12 months prior to the survey.
  - 39,911 men 65+ (63%)
  - 53,135 women 65+ (65%)
- Similarly, about two-thirds (195,496 or 69%) of Manitobans aged 45-64 belonged to a formal organization.
  - 95,164 men (68%)
  - 100,332 women (71%)
- Of senior men who are civic participants, most (53%) belonged to 'Service Clubs, Unions or Professional Associations, or Political Parties'.
- Of senior women who are civic participants, most (55%) belonged to 'School or Neighbourhood/Civic or Community Association/Seniors'/Conservation or Environmental or Other' such types of organizations.
- The most popular types of formal organizations for 45-64 year-old men and women are 'Service Clubs, Unions or Professional Associations, or Political Parties' (70% and 54%, respectively).

**Table 10: Activities of Manitoba Civic Participants by Age Group and Gender, CSGVP, Manitoba, 2004.**

Type of Formal Organization	45-64		65+	
	Men	Women	Men	Women
Service Club; Union or Professional/ Fraternal Association; Political Party	70%	54%	53%	24%
Sports or Recreation Club	39%	43%	33%	31%
School or Neighbourhood/Civic or Community Association/Seniors' Group/ Conservation or Environmental Group or other not mentioned	34%	33%	49%	55%
Religious Organization or Group	31%	38%	37%	47%
Cultural, Educational, or Hobby Organization/Support or Self-help Program	33%	29%	40%	21%

\* These percentages will not add up to 100% since people may belong to more than one organization.

Source: Statistics Canada. Canada Survey of Giving, Volunteering and Participating (CSGVP), 2004. Public Use Microdata File.