Centre on Aging weekly updates

Updates for the week of April 2, 2015

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Centre on Aging announcements

Five weeks until the 32nd Annual Spring Research Symposium

View symposium information on the Web site:
http://umanitoba.ca/centres/aging/events/384.html

The Centre on Aging will once again be hosting its annual event over two days on Bannatyne Campus! Join us as we address aging issues important to Canadians, reflecting on lessons that can be learned from longitudinal aging studies; reviewing current and past perceptions of an older population; caring for and reaching out to seniors and their caregivers. This year’s theme is Aging over generations.

There is no cost to attend the sessions. Submit your registrations by April 24, 2015. After April 24, 2015, attendees must register in person at the registration desk on May 4, 2015.

Registration now open!

To register for the symposium, complete the registration form and return it to the Centre on Aging by email: coaman@umanitoba.ca or by mail to

Centre on Aging, University of Manitoba
338 Isbister Building
Winnipeg MB R3T 2N2

Lunch option

*To be served in the Joe Doupe Concourse for those who have pre-registered

Lunch will be available for $10.00 (includes: salad, sandwiches, dessert, coffee/tea) and will be held in the Mezzanine Area outside of Frederic Gaspard Theatre (Theatre A). If you have a special lunch request, please indicate it on the form. We will do our best to accommodate your request.

Scheduled presenters May 4, 2015

View full session abstracts:
http://umanitoba.ca/centres/aging/events/coa_srs_abstracts.html
Opening plenary

Our opening plenary on May 4, The Canadian Longitudinal Study on Aging—What’s in it for me? will feature presentations by

- Dr. Parminder Raina, Ph.D., Director of the Evidence-based Practice Center; Professor in the Department of Clinical Epidemiology & Biostatistics, McMaster University, Lead Principal Investigator of the Canadian Longitudinal Study on Aging (CLSA);
- Dr. Verena Menec, Ph.D., Department of Community Health Sciences, College of Medicine, University of Manitoba; Canada Research Chair in Healthy Aging; Manitoba Site Co-Principal Investigator for CLSA

The Centre on Aging is also one of eleven data collection sites for the CLSA Comprehensive Cohort. For more information on the study, visit www.clsa-elcv.ca.

Morning concurrent sessions

Moving through the system: Promoting safety during transitions in care

- Cornelia van Ineveld, M.D., Associate Professor, Section of Geriatric Medicine, College of Medicine, University of Manitoba
- Linda Catteeuw, P.T., Rehabilitation Clinician, St. Boniface Hospital
- Karen McCormac, B.N., Director, Quality and Patient Safety, Misericordia Health Centre

Cohort studies in Manitoba: A wealth of research findings

- Philip St. John, M.D., Associate Professor, Section of Geriatric Medicine, College of Medicine, University of Manitoba
- Robert Tate, Ph.D., Professor, Department of Community Health Sciences, College of Medicine, University of Manitoba; Director, Manitoba Follow-Up Study

Dignity and end-of-life care in personal care homes: What matters most

Genevieve Thompson, Ph.D., Assistant Professor, College of Nursing, University of Manitoba

Afternoon plenary

Our afternoon plenary will reflect on the history of home care in the province, Celebrating 40 years of made in Manitoba home care: Past, present and future, featuring reflections and insights by

- Réal Cloutier, Vice-President and Chief Operating Officer, Winnipeg Regional Health Authority
- Karen Stevens-Chambers, Regional Director of Home and Palliative Care Services, Interlake-Eastern Regional Health Authority
• Katherine Bayes, Program Director of Home Care and Services to Seniors, Prairie Mountain Health

**Afternoon concurrent sessions**

*Volunteers and paid companions: Invisible providers of support for older adults in care homes and hospitals*

Laura Funk, Ph.D., Assistant Professor, Department of Sociology, Faculty of Arts, University of Manitoba


Lynne Fernandez, Holds the Errol Black Chair in Labour Issues, Canadian Centre for Policy Alternatives Manitoba

*Engaging isolated adults: The “Who’s at My Door” Project*

Nancy Newall, Ph.D., Research Associate, Centre on Aging, University of Manitoba

**CLSA data access workshop: May 5, 2015**

9:00 am–12:00 p.m.

*Attendees are asked to pre-register for the workshop*

Dr. Parminder Raina and Dr. Verena Menec will hold a workshop on Tuesday morning to provide an overview of what researchers and students need to know about accessing the Canadian Longitudinal Study on Aging (CLSA) data.

**Spring Research Symposium poster session: Call for student poster due April 10**

On behalf of Dr. Daniel Sitar, Acting Director, Centre on Aging, students are invited to submit their research with a focus on aging, to the student poster session at the Centre on Aging’s 32nd Annual Spring Research Symposium on May 4, 2015. This year’s poster session will be adjudicated and prizes will be awarded for best Social Sciences and Humanities; and Basic/Health Sciences related posters, to be held in the Brodie Atrium–Mezzanine Level, Bannatyne Campus. The competition is open to Master’s, Doctoral, and post-doctoral students.

The poster may be one that you have presented at a conference in the past 18 months, or a report on work in progress. We ask that all posters be prepared in conference format. Students interested in submitting a poster to this session should complete and submit the call for posters form by Friday, April 10, 2015. Abstract submissions will be reviewed by the Centre on Aging and placed in the appropriate category.
Poster presenters **MUST** register for the spring symposium. If you are interested in submitting a poster to this session, contact Rachel at 474-9854 or by email Rachel.Ines@umanitoba.ca.

**Now available: Centre on Aging newsletter**

**Newsletter link:**  

The latest issue of the Centre on Aging’s newsletter is now available online. In this issue:

- Learn about the research the Centre’s 2015–2016 Research Fellowship recipients: Dr. Stephen Cornish and Dr. Jacquie Ripat will undertake for their respective projects
- Find out about Research Symposium present, Dr. Cornelia van Ineveld’s work and what happens at the CLSA data collection site
- Read about Associate Director, Jim Hamilton’s work with age-friendly communities on the east coast
- See what the graduate students have been up to
- And much more …

**Crane Library web pick of the week: Activity + Aging Recommended Practice Guidelines**


The Seniors Health Research Transfer Network of Ontario, in conjunction with researchers in the Centre for Activity and Aging at the University of Western Ontario, created recommended practice guidelines on outcome-focused physical activity programming in long-term care homes.

These guidelines are intended to direct development of programming offered by recreation therapists/coordinators and includes recommendations for all phases of developing activity programming from assessment to implementation and finally evaluation of the programming.

This resource can be accessed here: [http://bit.ly/1Fhq1yL](http://bit.ly/1Fhq1yL)
NEW Update to Current Perspectives - Family involvement in long-term care

The Current Perspectives Series from the J.W. Crane Memorial Library highlights current articles, books, practice guidelines and Internet resources on specific topics of interest to long-term care professionals.

To access the updated Family Involvement in Long-Term Care Current Perspectives, please visit http://libguides.lib.umanitoba.ca/family-longtermcare

For more new web resources on geriatrics, gerontology and long-term care visit the Info-LTC blog at: http://infoltc.blogspot.com

On Twitter? For headline news on geriatric issues, subscribe to @GeriNews at: http://twitter.com/GeriNews or @Info_LTC at: http://twitter.com/Info_LTC

If you have been forwarded this message and you wish to subscribe to the Web Pick of the Week, go to: http://lists.umanitoba.ca/mailman/listinfo/info-ltc

Attention students: Position available for CAG Student Connections President due April 30

See attached PDF for full details

Are you excited about aging, aging research, and building capacity in our field among students and recent graduates? If so, then a position on the SC-CÉ Executive may be for you! We are now accepting nominations for the following position: President (2 year term).

To be eligible for an executive position you must be a current student with a current membership to the SC-CÉ. If you have any questions about this officer position please feel free to e-mail any questions to Shannon Freeman [Shannon.Freeman@unbc.ca].

If you are interested in running for the president position or know someone who is, please submit your name and contact details before Thursday April 30, 2015 to Shannon Freeman via e-mail at [Shannon.Freeman@unbc.ca].
New PhD Programs at McMaster University: Program deadline April 15

The Department of Health, Aging & Society at McMaster University is launching TWO NEW PhD programs in September 2015:

- PhD in Health Studies and
- PhD in Social Gerontology.

Information about these new PhD programs is now available. For details, please visit our departmental website: [http://www.healthagingandsociety.mcmaster.ca](http://www.healthagingandsociety.mcmaster.ca) (click Graduate Program).

Please note that the application deadline for each program is April 15, 2015, but applications will be considered on an ongoing basis. Additional information about each PhD program's admission requirements and procedures is also posted on the website.

The September 2015 start date is subject to ministry funding. Official notification and confirmation of funding will be known May 2015.

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Study participants needed: Safe and inclusive housing for LGBT* Older Adults

See attached PDF

The purpose of this study is to understand the experiences of LGBT* older adults living in congregate housing spaces by identifying barriers to feeling safe and included in those spaces, and also to identify what is currently being done that helps older LGBT* feel safe and included in those spaces.

I am currently seeking participants to take part in a research project about the housing experiences of older LGBT* adults. By participating in the project you can provide valuable insight into what the experience of living in congregate housing spaces is like for older LGBT* adults and contribute to raising awareness among community organizations and policy makers:

To be eligible to participate, you should be

- Over the age of 55
- Self-identify as Lesbian, Gay, Bisexual, Transgender, Two-Spirit, Queer, Questioning, Intersex, Genderqueer, Gender Nonconforming, or otherwise as non-heterosexual.
- Live in congregate housing such as a 55+ housing, or other housing units with a shared communal space
- Speak English
• Able to use a camera or some kind of device that can take photographs
• Able to attend a training session, an interview, and a focus group
• Live in Winnipeg

If you are interested in participating in this research project or would like more information, please contact Morgan Stirling by calling (204) 204-297-2850 (confidential voicemail) or email at umstirli@myumanitoba.ca.

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**Caregiver Recognition Day April 7: Are You CareAware?**

Caregiver Recognition Day, April 7, 2015, is fast approaching and the Manitoba Caregiver Coalition (MCC) urges you and/or your organization to host an event to recognize the valuable and vital role of informal caregivers in Manitoba and show that you are CareAware.

This year the MCC has developed materials to help you in planning and supporting your event and we will be choosing one on the events to be the MCC’s Official Caregiver Recognition Day Event. We encourage you to visit our website at [http://www.careaware.ca/caregiver-recognition-day.php](http://www.careaware.ca/caregiver-recognition-day.php) to help you plan the day and order or download materials for your event.

You will find: Poster, Educational Fact Sheet, Order Stickers, Digital Sticker to post on your website or social media

We are excited to hear all about your event so please make sure to tell us about your event by emailing us at mb.caregivercoalition@yahoo.com so we can share with others on your website and FB Page.

Also, please take a moment to like our Facebook Page at [https://www.facebook.com/ManitobaCaregiverCoalition](https://www.facebook.com/ManitobaCaregiverCoalition)
Let no one be alone week: May 3–9, 2015

Another year is rolling right along. This year’s Let no one be alone (LNOBA) dates are May 3–9, 2015. Join the FB page https://www.facebook.com/LetNoOneBeAlone

How do you celebrate LNOBA week?

Please share any success stories, ideas, or tips you have around addressing social isolation issues. I hope this page will be a great way to network and share information. If you aren’t able to organize an event your community, share the general poster with your local service groups, newspapers, radio stations, churches, schools, rec director and councils as well—perhaps they would like to be a part of organizing something too! The more involved, the better the awareness!

Contact for further information or questions:

Brenda Tonn
Coordinator, Plumas Senior Support Services
Let No One Be Alone
notalone@mymts.net

Upcoming conferences and presentations

Listed below are upcoming conferences that may be of interest to you. Visit the conferences Web site for more information

Public service announcement—Osteoporosis: Demystify the diagnosis

See attached PDF

The Manitoba Chapter of Osteoporosis Canada is holding a free PUBLIC FORUM titled “Demystify the Diagnosis.”

Speaker: Dr. Bill Leslie, MD, FRCPC
Date: Wednesday, April 15, 2015
Time: 7:00 pm to 9:00 pm
Location: CanadInns Transcona, 826 Regent Avenue West at Plessis Road, R2C 3A8
Admittance: Free but registration is required

This is a free event (donations gratefully accepted). Please contact the Chapter office by phone (204-772-3498) or by email manitoba@osteoporosis.ca to register.
Treasurer Needed for Manitoba Chapter of Osteoporosis Canada Volunteer Executive Board of Directors

See attached PDF for full details

Responsibilities

- Participate in the Board’s monthly Chapter meetings
- Maintain and reconcile monthly financial accounts and statements
- Monitor financial transactions and accounts
- Prepare a balanced budget reflecting the Board’s business plan
- Attend to financial procedures as required
- Communicate with the Chapter Office

Time commitment

- 6-8 hours per month, slightly more at budget time

For more information Email: manitoba@osteoporosis.ca; Telephone 204.772.3498

LESS THAN TWO WEEKS TO SUBMIT: Call for Abstracts! CAG2015: From possibility to practice in aging shaping a future for all, due April 15, 2015

See link: http://cag2015.ca/

October 23–25, 2015
Calgary, Alberta, Canada

The Canadian Association on Gerontology (CAG) is pleased to announce a Call for Abstracts for CAG2015, our 44th Annual Scientific and Educational Meeting. The meeting will be held October 23–25, 2015 in Calgary, Alberta at the Westin Calgary.

Take note! CAG2015 takes place Friday, October 23 to Sunday, October 25, 2015, a change from our usual Thursday - Saturday format!

CAG2015 is your opportunity to share your research and other work in the field of aging with your national and international colleagues from a diverse spectrum of disciplines. Abstracts are welcomed from all disciplines and all interests in aging, including research, practice, policy and related areas. International submissions are encouraged.
The theme of the 2015 annual meeting is *From possibility to practice in aging: shaping a future for all*. Individuals are encouraged to submit abstracts which address this theme, although all submissions will be given equal consideration. To submit your abstract, please read the official Call for Abstracts. Abstracts are due by April 15, 2015.

**Attention Students!**

We are also accepting submissions for:

- [CIHR-IA Student Poster Competition](#)
- [CAG2015 Student Travel Grants](#)

**Important Information!**

Discounted room rates are available at the conference venue, the Westin Calgary. Rooms include free Internet access. Book early!

Join us in exciting [Calgary, Alberta](#): a place where prairie meets mountains, where heritage meets innovation, and where the world comes to be swept off its feet by the sheer majesty of the Canadian landscape.

CAG2015 is hosted by the [Faculty of Social Work, University of Calgary](#).

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**Canadian Academy of Geriatric Psychiatry - 2015 Update in Geriatric Psychiatry Course –April 16**

See link: [http://www.cagp.ca/update-gp-course](http://www.cagp.ca/update-gp-course)

The Update in Geriatric Psychiatry (UGP) formally known as the National Review Course (NRC) was awarded the 2014 CPA-COPCE award for Most Outstanding Continuing Education Activity in Psychiatry in Canada. The CAGP will be offering for the fourth time an intensive, review course in Geriatric Psychiatry on **Thursday, April 16 2015** in Montreal immediately before the Canadian Geriatrics Society (CGS) Annual Scientific Meeting.

Full details and register online: [http://cagp.ca/update-gp-course](http://cagp.ca/update-gp-course)
Geriatric Services Conference: April 17, 2015

Visit conference Web site: http://tapestryfoundation.ca/education/geriatric-services-conference

Building Excellence in Professional Practice

The Geriatric Services Conference is an education opportunity that brings together geriatric professionals from across British Columbia including physicians, nurses, social workers, occupational therapists, physiotherapists and other members of the interdisciplinary team to discuss research, best practices and health care ethics in the field of gerontology.

This year’s conference Beacons of Hope: Past, Present and Future is being presented on

Friday, April 17, 2015
Vancouver Convention Centre.

The program features a number of current hot topics and features researchers, clinicians and policymakers.

Save the date! HLHPRI Research Day: May 13

See Web site: http://umanitoba.ca/faculties/kinrec/hlhpri/researchday.html

Mark your calendars for Wednesday May 13, 2015 for our 3rd Annual Health, Leisure & Human Performance Research Institute’s Research Day! Please see the ‘Save the Date’ card attached and below.

This full day will include

- Keynote from Dr. Elizabeth Ready, Professor, Faculty of Kinesiology & Recreation Management and Director, Applied Health Sciences Ph.D. Program
- Research to practice presentations from HLHPRI Research Affiliates in concurrent sessions
- Research posters with a student research poster competition. Prizes for students at the Undergraduate, Masters, and Doctoral level of studies.

Meet the Researcher Wine & Cheese

This day is free and open to everyone! Come learn about cutting-edge research at the University of Manitoba!

Save the date! CIHI forum: May 25

The Canadian Institute for Health Information (CIHI) is pleased to announce *From definitions to action: meeting the needs of health care’s highest users*, a pre-CAHSPR 1-day forum to be held on

Monday, May 25, 2015
Hilton Bonaventure Hotel
Montréal, Quebec.

- Connect with our distinguished roster of high-user leaders and speakers. Be part of an informative dialogue with others from across Canada as we
- Identify the practical implications of using different approaches to define high users;
- Profile new tools and research resources available from CIHI, Statistics Canada and CIHR;
- Showcase leading-edge approaches to understanding and predicting high use from across Canada; and
- Highlight concrete examples of using data to inform intervention strategies.

We would like to thank CIHR’s Institute of Population and Public Health, Institute of Health Services and Policy Research and Institute of Aging for their support for this conference.

Want to know more? Contact us at conferences@cihi.ca. Website coming soon!

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