



# Promoting elder health and wellness: A Lake Manitoba First Nation and College of Rehabilitation Sciences partnership

**March 8, 2022 | 2:30 pm (Central time)**

**Meeting via WebEx. Registration required for meeting.**

Cara Brown, Lawrence West, Cheryl Parkes, Debra Beach-Ducharme, Jacquie Ripat, Sandra Webber, Maya Kirstein, Corrine Clyne, Sam Carriere, Jen Schreibmaier, Mikayla Gibb, Christina Keeper, Lake Manitoba elders

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Kiga mamō anokimin onji minoayawin (Anishanaabe for “We will work together for health and wellness”) is a partnership between the College of Rehabilitation Sciences (CoRS) and several Manitoban First Nation communities. This presentation will describe one project in this partnership in Lake Manitoba First Nation, funded by the Canadian Frailty Network. The focus of the project was to promote elder (older adult) health, with a focus on physical health. We will describe the project’s process to date. This includes the co-design process for the development of the project, program implementation that promoted reciprocal learning between physical and occupational therapy students and community elders, the perceived impact of the program, and plans for promoting sustainability of community physical health.

Registration details are available on the Centre’s [Events web page](#).

For more information, visit:  
[umanitoba.ca/aging](http://umanitoba.ca/aging)

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