



Teaching and learning Indigenous history while on a run: A senior's perspective

November 16 | 2:30 pm

Meeting via WebEx. Registration required for meeting.

Brian Rice, PhD

Professor, Faculty of Kinesiology and Recreation Management

The purpose of this presentation is to take you on my life journey from heavy smoker and drinker in my teens and early twenties, incapable of walking a couple of miles, to being stronger and fit in my sixties than in my twenties.

Dr. Rice is a member of the Mohawk Nation. He has been a teacher and is currently a professor in Kinesiology and Recreation Management, teaching Indigenous focused courses for 33 years. Over those years he has made physical conditioning a part of his life.

Registration details are available on the Centre's [Events web page](#).

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umanitoba.ca/aging

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