

# Introduction to Professional Practice PHMD 1000 2021-2022

**Credit hours: 1 credit hour**

**Class contact hours: 13 hours**

**Course Schedule:** the course schedule is attached at the end of this document.

Any unavoidable schedule changes will be posted on UM Learn, and/or communicated by email as soon as possible.

## **Staff:**

### **Course Coordinator**

Nancy Kleiman

Room: 121

Phone: (204) 474-6692

Email: nancy.kleiman@umanitoba.ca

**Office hours:** Please refer to the schedule below for available office hours. If you would like to have an appointment outside of the posted hours, please email to set up a phone or webex appointment with the coordinator. The following virtual office hours will be set up as meetings in Cisco WebEx and the coordinator will be available on WebEx during those times. Please email if you are not able to connect.

Date	Time	Description
Aug 27 <sup>th</sup> 2021	11:00am – 1:00pm	<b>Optional</b> Cisco WebEx Meeting– practice session to join meeting/lecture; testing video/audio
Aug 31 <sup>st</sup> 2021	2:30pm – 3:30pm	<b>Optional</b> Cisco WebEx Meeting – answer questions, clarify information, discuss what has been learned
Sept 1 <sup>st</sup> 2021	2:30pm – 3:30pm	<b>Optional</b> Cisco WebEx Meeting – answer questions, clarify information, discuss what has been learned
Sept 2 <sup>nd</sup> 2021	4:15pm – 5:00pm	<b>Optional</b> Cisco WebEx Meeting – answer questions, clarify information, discuss final reflection assignment if needed

## Course Instructors

Instructors	Work Location	Contact Information
Ron Guse	Independent Pharmacy Consultant	Please contact course coordinator
Debra Beach-Ducharme	Director, Indigenous Health Integration	Debra.BeachDucharme@umanitoba.ca
Robin Attas	The Centre for the Advancement of Teaching and Learning	Robin.attas@umantioba.ca
Ellie Caslake	EDI Project Developer	Ellie.Caslake@umanitoba.ca
Ms. Leslie Spillett	Knowledge Keeper Ongomiizwin Education	Leslie.Spillett@umanitoba.ca

### Purpose of the Course:

The course provides students with a basic introduction to social and cultural factors, ethical principles and professional behavior that will inform their future practice in pharmacy. The course will specifically review topics related to ethics, patient and cultural diversity, social determinants of health and Indigenous learnings. The discussions and learning opportunities will enhance student knowledge, begin the self-reflective process and enhance the student's role as patient advocates in practice.

### Course Objectives:

Upon completion of this course, students will be able to:

1. Identify professional principles that encourage an ethical and moral practice that focuses on patient safety.
2. Discuss the positive and negative impact on a patients overall health and access to care when considering the Social Determinants of Heath (SDOH).
3. Recognize the long-term effects from colonization and trauma that may affect the health of Indigenous peoples and how reconciliation can contribute to long term positive change.
4. Identify personal bias, through reflection, that can affect how healthcare is provided to patients/clients in practice.

### Assumed background:

Students will be enrolled in the College of Pharmacy Doctor of Pharmacy (PharmD) program. It is assumed that students will have varied life experiences that will contribute to the course discussions and reflections.

### Teaching and learning methods:

There will be a variety of learning methods used during this course. Lectures may use power point presentations, active learning methods or discussion groups in online formats. Lectures will take place during posted class time using Cisco Web Ex or Zoom platforms (synchronized learning as students are required to attend class during class time). Lectures will be recorded (in case of technical difficulties) and posted in Cisco recordings or UM Learn for review after the lecture time. Attendance to posted lecture times is mandatory.

**Recorded lectures are for students use only and are not to be redistributed.**

Teaching methods may vary between presenters and students are expected to be respectful and to contribute actively to their personal learning. Students will be required to review any pre-readings prior to the learning session, complete assignments in a timely manner and to be actively involved in discussion groups during class time.

**Cisco Web Ex:** If you have never used Cisco Web Ex, UMLearn has information available to you. You can also join the co-ordinator on August 27<sup>th</sup> between 11am and 1pm on Cisco to test connections and learn more about Cisco. If you are having trouble connecting, email [Nancy.kleiman@umanitoba.ca](mailto:Nancy.kleiman@umanitoba.ca) and a link will be sent to you to join a meeting.

This video may also answer some of your questions.

<https://universityofmanitoba.desire2learn.com/d2l/le/content/6606/viewContent/1870788/View>

### Assessment program:

Assignment	Requirements	Completion Date
<b>Indigenous Knowledge Survey (research project)</b>		<b>August 30<sup>th</sup> 11:59pm</b>
<b>Self-reflection #1</b> Topic: Ethics & professionalism OR Self-reflection	1 page <b>12 font double spaced</b> (approximately 200-300 words) posted on UMLearn (Assignments)	<b>August 31<sup>st</sup> 11:59pm</b>
<b>Quiz</b> Topic: Social Determinants of Health pre-reading	Complete quiz in UMLearn <b>prior</b> to group activity/class	<b>September 1<sup>st</sup> 9:00am</b>
<b>Discussion Forum</b> Topic: Identity & the Medicine Wheel OR First Contact Episode 1	Discussion Forum on UMLearn ( <b>must</b> make 1 original post & post a reflection on at least 1 other students' post)	<b>September 2<sup>nd</sup> 11:59pm</b>
<b>Self-reflection #2</b> Topic: Culture, Diversity OR LGBT2SQ+ OR First Contact Series	Complete self-reflection assignment and post on UMLearn (Assignments)	<b>September 3<sup>rd</sup> 11:59pm</b>
<b>4 Seasons of Reconciliation Online Course</b>	Complete the online course and post your certificate on UMLearn (Assignments)	<b>September 7<sup>th</sup> 11:59pm</b>
<b>Reflective written assignment</b> Topic: 4 Seasons Course	1-2 pages <b>12 font double spaced</b> (approximately 250 – 500 words) posted on UMLearn (Assignments)	<b>September 10<sup>th</sup> 11:59pm</b>

### Assessment criteria and grading:

The course is graded as **PASS/FAIL**.

Successful completion of the required self-reflections, discussion board, quiz, online course and final reflective written assignment are mandatory for a passing grade to be assigned (see above for due dates of assignments). If the assignment is incomplete or deemed inappropriate, the student will be required to re-submit the assignment (due date to be determined on a case-by-case basis).

If the assignment is handed in late (more than 30 minutes after the time indicated), the student must provide a 250 – 300 word self-reflection focusing on why the assignment was not handed in on time. All assignments will be uploaded to UMLearn in the Assessment section of the course into the designated folder, on or before the due date and time.

The student will receive a failed grade until all assignments, self-reflections and discussions have been successfully completed or submitted. The student may be at risk of having to repeat the course at a future date if there is a continued failure to submit requirements.

### **Assessment policies:**

It is strongly encouraged that all students attend online lecture times when possible. Students with legitimate reasons for missing multiple sessions due to illness or family emergency must contact the coordinator at the earliest possible time/date. It is the students' responsibility to review posted information, recorded lectures or to contact the coordinator with any questions. It is the students' responsibility to ensure that all requirements for the course are completed on time and are posted to UMLearn as indicated.

**Note:** All students MUST MAKE THEMSELVES AVAILABLE FOR LECTURES AND EXAM PERIODS AS INDICATED IN THE UNIVERSITY GENERAL CALENDAR, THE COLLEGE OF PHARMACY EXAM TIMETABLE, STUDENT HANDBOOK, AND COURSE OUTLINE. **Students participating on University of Manitoba sanctioned sports teams (Bison Sports) should discuss arrangements (if necessary) with the course coordinator.**

### **Course Technology:**

It is the general University of Manitoba policy that all technology resources are to be used in a responsible, efficient, ethical and legal manner. Students can use all technology in classroom settings only for educational purposes approved by the instructor and/or the University of Manitoba Disability Services. Students should not participate in personal direct electronic messaging / posting activities (e-mail, texting, video or voice chat, wikis, blogs, social networking (e.g. Facebook) online and offline “gaming” during scheduled class time. Course materials are provided on UM Learn and can be accessed electronically at <https://universityofmanitoba.desire2learn.com/d2l/login>. Students are not to record lectures or post lectures in any online formats. **Videos that have been posted are for the students' personal educational use and not for redistribution.**

### **Voluntary Withdrawal (VW):**

Course feedback and assessment will be provided before the voluntary withdrawal (VW) date. For the 2021-2022 academic year, the VW date for this course is September 2<sup>nd</sup>, 2021. PLEASE NOTE HOWEVER, STUDENTS CONTEMPLATING VOLUNTARILY WITHDRAWING FROM A COURSE SHOULD SPEAK TO THE DEAN'S OFFICE BEFORE DOING SO. THERE ARE SIGNIFICANT CONSEQUENCES OF WITHDRAWING FROM A COURSE DURING THE PROFESSIONAL PROGRAM.

### **Academic Integrity (Plagiarism, Cheating and Personation):**

Please review the official College of Pharmacy Policies on Plagiarism and Cheating, clearly outlined in your Pharmacy Student Handbook for 2021-2022 and the University of Manitoba Academic Calendar at:

<http://crscalprod.ad.umanitoba.ca/Catalog/ViewCatalog.aspx?pageid=viewcatalog&catalogid=440&chapterid=5172&topicgroupid=27695&loadusercredits=False>. These policies directly apply to this course.

The coordinator and instructors of this course and the University of Manitoba hold copyright over the course materials, presentations and lectures, which form part of this course. No audio or video recording of lectures or presentations is allowed in any format, openly or surreptitiously, in whole or in part without permission of the course coordinator. Course materials (both paper and digital) are for the participant's private study and research.

### **Student Accessibility Services (SAS):**

If you are a student with a disability, please contact SAS for academic accommodation supports and services. Students who have, or think they may have, a disability (e.g. mental illness, learning, medical, hearing, injury-related, visual) are invited to contact SAS to arrange a confidential consultation.

*Student Accessibility Services* <http://umanitoba.ca/student/accessibility/index.html>

520 University Centre

204-474-7423

[Student\\_accessibility@umanitoba.ca](mailto:Student_accessibility@umanitoba.ca)

### **Recommended texts and references: Refer to Course Outline for pre-readings**

### **Student Support:**

Please refer to the attached Schedule "A" for a list of student supports provided by the University of Manitoba

## Meeting AFPC Education Outcomes and NAPRA Competencies

<b>Course Objectives</b> At the completion of this course, the student should be able to:	<b>AFPC Educational Outcome (2017)</b>	<b>NAPRA Competencies</b>	<b>CPSI Competency Domain</b>	<b>Learning Level</b> (ICE – Ideas, Connections, Extensions)	<b>Performance Level</b> (Novice, Functional, Competent)
Identify professional principles that encourage an ethical and moral practice that focuses on patient safety.	LM 1.2 PR 1.1 PR 1.2	1.2 1.4 9.1	1.3 3.1	Connections	Novice
Discuss the positive and negative impact on a patients overall health and access to care when considering the Social Determinants of Health (SDOH).	CM 2.1 HA 1.1 HA 2.1	5.1	1.1	Ideas	Novice
Recognize the long-term effects from colonization and trauma that may affect the health of Indigenous peoples and how reconciliation can contribute to long term positive change.	CM 2.1 HA 1.1 HA 2.1	5.1	1.1	Ideas	Novice
Identify personal bias, through reflection, that can affect how healthcare is provided to patients/clients in practice.					

AFPC: Association of Faculties of Pharmacy of Canada  
 NAPRA: National Association of Pharmacy Regulatory Authorities  
 CPSI: Canadian Patient Safety Institute

**Introduction to Professional Practice  
PHMD 1000  
August 30, 2021 – September 3, 2021**

Date	Time	Topic	Description	Instructor	Pre-reading	Post class requirements
<b>August 30<sup>th</sup> 2021</b>	Prior to classes starting	Introduction	Review introductory video posted on UMLearn	Nancy Kleiman	None	<p>Complete self-reflection using “guide” provided to you for Day 1. Upload to UMLearn when completed</p> <p>DUE: August 31<sup>st</sup>, 2021</p>
	1:30 pm – 2:00 pm	Introduction	Introduction to the course, expectations & assignments	Nancy Kleiman (Cisco Web Ex Meeting) Large group		
	2:00pm - 2:30 pm	Self-reflection	Importance of self-reflection			
	2:45 pm – 3:45 pm	Ethics & Professionalism	Lecture/discussion	Ron Guse <b>(Zoom)</b>  Large group		
	4:00 pm – 4:45 pm	Indigenous Knowledge Survey	<p>Short video introduction to the survey</p> <p>Link to survey provided with Learning Objectives (Survey Monkey)</p>	<p>Nancy Kleiman for Dr Dana Turcotte <b>(stay on Zoom after lecture)</b></p> <p>Completed on own time</p>		
						<p>Indigenous Knowledge Survey</p> <p>DUE: August 30<sup>th</sup>, 2021 11:59 pm</p>

Date	Time	Topic	Description	Instructor	Pre-reading	Pre or Post class requirements
<b>August 31<sup>st</sup> 2021</b>	9:00 am – 11:30 am (2.5 hours)	Discovering Your Identity on the Medicine Wheel	Lecture Large group Breakout rooms Large group discussion	Debra Beach-Ducharme Leslie Spillett (Knowledge Keeper)  <b>(Zoom)</b> Large group	<b>Pre-reading #1</b>  <b>Medicine Wheel</b>  <b>Sharing Circles</b>	Discussion Board on UMLearn ( <b>must</b> make 1 original post & post a reflection on at least 1 other students' post)  <b>DUE: September 2<sup>nd</sup> 2021</b>
	12:30 pm – 1:15pm  1:30 pm - 2:30 pm	First Contact Documentary Season 2 Episode 1	45 minute video (watch on own computer during this time)  Talking Circles Large group then Breakout rooms	Own computer  Leslie Spillett Debra Beach-Ducharme  <b>(Zoom)</b>		
<b>September 1<sup>st</sup> 2021</b>	9:00 am – 11:00 am (2.0 hours)	Social Determinants of Health Activity	Lecture Activity in small groups Larger group discussion	Nancy Kleiman (Cisco Web Ex Meetings)	<b>Pre-reading #2</b>  <b>SDOH</b>	Quiz on SDOH to be completed prior to class
	12:30 pm – 1:15pm  1:30 pm - 2:30 pm	First Contact Documentary Episode 2	45-minute video (watch on own computer during this time)  Talking Circles Large group then Breakout rooms	Own computer  Leslie Spillett Debra Beach-Ducharme  <b>(Zoom)</b>		



Date	Time	Topic	Description	Instructor	Pre-reading	Pre or Post class requirements
<b>September 2<sup>nd</sup> 2021</b>	9:00am – 10:30am (1.5 hours)	Implicit Bias & Systemic Oppression	Lecture Large group	Ellie Caslake <b>(Zoom)</b>	<b>Pre-reading #3: Creating Open Spaces: Cultural Humility in Practice</b>	Complete self-reflection using “guide” provided to you for Day 4.  Upload to UMLearn when completed  <b>DUE: September 3<sup>rd</sup>, 2021</b>
	10:45 am –12:15pm (1.5 hours)	Introduction to Identity, Power, Privilege and Bias	Lecture Large group	Robin Attas The Centre for the Advancement of Teaching and Learning <b>(Zoom)</b>		
	1:00 pm –2:00 pm (1 hour)	What do pharmacists do?	10 minutes/panel member + 20 minutes for questions	Pharmacists from Community; Primary care; Hospital & Pharmacy residency (Cisco Web Ex Meeting)		
	2:15 pm – 3:00pm  3:15 pm - 4:15 pm	First Contact Documentary  Episode 3	45-minute video (watch on own computer during this time)  Talking Circles Large group then Breakout rooms	Own computer  Leslie Spillett Debra Beach-Ducharme <b>(Zoom)</b>		

<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>September 3<sup>rd</sup> 2021</b></p>	<p>9:00 am – Noon (3.0 hours provided to complete the online course)</p>	<p>4 Seasons of Reconciliation</p>	<p>Topics include truth &amp; reconciliation, treaties, colonialism, residential schools, indigenous history</p>	<p>Online (link will be sent on Sept 2<sup>nd</sup> – email me know if you do not receive a link)  <b>Completed on or before September 7<sup>th</sup></b></p>		<p>Final Reflective written assignment Refer to information provided for guided questions  <b>Due: September 10<sup>th</sup>, 2021</b></p>
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## Required pre-readings

**Pre-readings #1:** Medicine Wheel & Talking Circle readings:

<https://www.uregina.ca/science/biology/people/faculty-research/gendron-fidji/documents-fidj/Medicine-Wheel-Booklet.pdf> University of Regina. Accessed April 2020  
[https://ravenspeaks.ca/wp-content/uploads/2012/04/Sharing\\_Circle\\_Instructions\\_SECONDARY.pdf](https://ravenspeaks.ca/wp-content/uploads/2012/04/Sharing_Circle_Instructions_SECONDARY.pdf)

**Pre-reading #2:** Reference SDOH: <https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health/what-makes-canadians-healthy-unhealthy.html#unhealthy>

**Pre-readings #3:** Creating Open Spaces: Cultural Humility in Practice

[https://www.pharmacytoday.org/article/S1042-0991\(20\)30648-4/pdf](https://www.pharmacytoday.org/article/S1042-0991(20)30648-4/pdf)

**First Contact Docuseries Season 2 (2019):** A three-part docuseries that follows 6 non-Indigenous Canadians with strong opinions about Indigenous peoples on a 28 day journey of learning. Found on TVO or streamed on Aboriginal Peoples Television Network (APTN) <https://www.tvo.org/programs/first-contact>

**4 Seasons of Reconciliation:** Link to be provided prior to Friday Sept 3<sup>rd</sup>, 2021. The online course is to be completed on or before September 7<sup>th</sup>, 2021.

### Resources for Information (not required reading)

1. **First Contact Docuseries Season 1 (2018):** A three-part docuseries that follows 6 non-Indigenous Canadians with strong opinions about Indigenous peoples on a 28 day journey of learning. Streamed on Aboriginal Peoples Television Network (APTN). <https://www.tvo.org/programs/first-contact>
2. **Residential Schools in Canada: A Timeline Historica Canada (2020):**  
<https://www.youtube.com/watch?v=VFgNII1fe0A>
3. **We Will Stand Up Documentary (2019):** The story of the family of Colten Boushie's fight for justice (44 minutes) <https://gem.cbc.ca/media/cbc-docs-pov/episode-10/38e815a-0125a33dc27>
4. **How to change systemic racism in Canada (2019):** <https://www.youtube.com/watch?v=j-xAloD75dQ> (5:07 Minutes)
5. **Dear Younger Me: An open letter to my younger self (2018):**  
<https://www.youtube.com/watch?v=12KZIBhgWIM&feature=youtu.be> (7:30 minutes)
6. McLean Sheelah "We Built A Life From Nothing" White Settler Colonialism And The Myth of Meritocracy (2018).  
<https://www.policyalternatives.ca/sites/default/files/uploads/publications/National%20Office/2017/12/McLeane.pdf>
7. Smashing Stigma: A Guide to LGBT2SQ-friendly Language: <https://www.pharmacists.ca/cpha-ca/assets/File/SmashingStigmaKeyDefinitions.pdf>
8. Smashing Stigma: A guide to medications for the LGBT2SQ population: <https://www.pharmacists.ca/cpha-ca/assets/File/education-practice-resources/WebinarSlideDeck/2019/SmashingStigmaPracticeTool.pdf>
9. Trauma and Violence Informed Care (TVIC) <https://equiphealthcare.ca/files/2019/12/TVIC-Orientation-Tool-Final-EN.pdf>