Canada’s founding peoples, the Métis, have come to national prominence at last, yet many questions remain. Where did the Métis come from? Why are the Métis only now being recognized as Indigenous people? How much of Manitoba did they build? Fred Shore answers these questions in his new book *Threads in the Sash: The Story of the Métis People*. Join him for a crucial conversation about the soul of Canada that so many historians have missed.