COPING WITH CHANGE
PARENT GROUP FOR U OF M STUDENTS

Coping with Change is a group where U of M students who are also parents can talk openly and honestly about a wide range of feelings that come when a new baby joins their lives, as well as managing the dual role of being a student and parent of a young family.

MEET OTHER STUDENT PARENTS, SHARE EXPERIENCES AND LEARN YOU ARE NOT ALONE!

WHEN: 1:00-2:30 PM, TUESDAY AFTERNOONS
MAY 22ND – JUNE 19TH
WHERE: ROOM 128, ST. JOHNS COLLEGE

Co-facilitated by Katie Kutryk, Registered Nurse and University of Manitoba Health & Wellness Educator, Ailis Henry, Health & Wellness Program Assistant and 4th year Nursing Student.

Registration required, babies welcome. To register, please email: Ailis Henry at hwprogram.assistant@umanitoba.ca

Coping with Change is a Women’s Health Clinic Educational Program Curriculum
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