

STOP

THE SPREAD OF INFLUENZA



PROVINCIAL PUBLIC HEALTH OFFICIALS ADVISE IF YOU ARE ILL WITH FLU LIKE SYMPTOMS, IT'S BEST TO STAY HOME AND RECOVER.

BEFORE & AFTER USING THIS FACILITY, PLEASE

- ▶ Wash your hands thoroughly for 20 seconds with soapy water
- ▶ If water isn't readily available, use an alcohol based hand sanitizer

WHILE IN THIS FACILITY, PLEASE

- ▶ Avoid touching your eyes, nose, and mouth
- ▶ Cover your coughs and sneezes with your elbow or tissue

Thank you for helping stop the spread.