
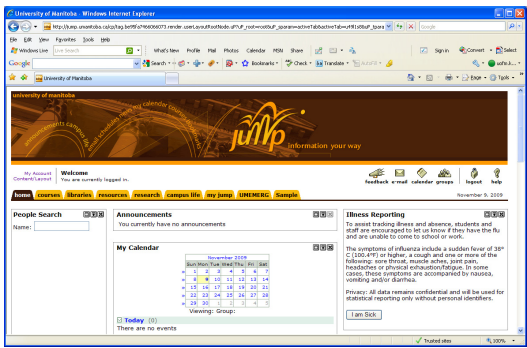
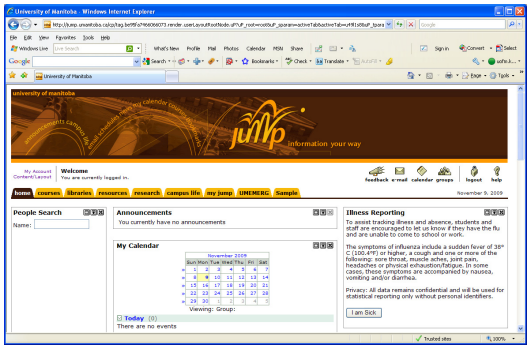
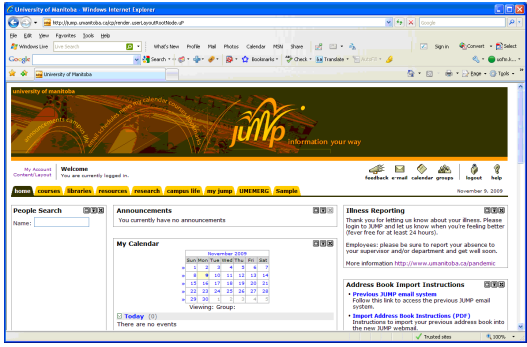


## ILLNESS SELF REPORTING – JUMP CHANNEL

The University of Manitoba is a large organization and to assist tracking illness and absence, students and staff are encouraged to let us know if they have the flu and are unable to come to school or work.

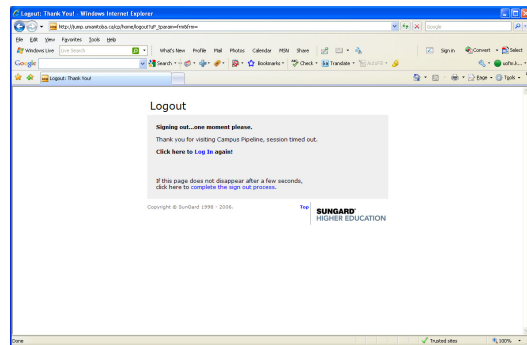
Please follow these steps:

<p><b>STEP 1</b></p> <p>Log onto JUMP.</p> <p><a href="http://jump.umanitoba.ca">http://jump.umanitoba.ca</a></p>	
<p><b>STEP 2</b></p> <p>Locate the Illness Reporting channel on your Home Tab.</p> <p>Some users may need to scroll down to find the Illness Reporting channel.</p>	
<p><b>STEP 3</b></p> <p>If you have the symptoms of influenza, which include a sudden fever of 38°C (100.4°F) or higher, a cough and one or more of the following: sore throat, muscle aches, joint pain, headaches, or physical exhaustion / fatigue, <b>AND</b> you are unable to come to school or work please press the “I am Sick” button.</p> <p>Please note that no personal identifiers are recorded by pressing the “I am Sick” button.</p>	
<p><b>STEP 4</b></p> <p>After you press the “I am Sick” button the Illness Reporting channel will change and appear similar to the image on the right.</p> <p>You have now contributed to the monitoring of the impact of this pandemic on the University. Thank you.</p>	

# ILLNESS SELF REPORTING

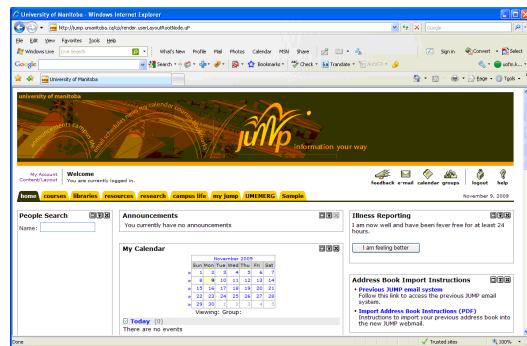
## STEP 5

Please log off of JUMP.



## STEP 6

When you are well again (i.e. you have been symptom and fever free for at least 24 hours) **AND** you are able to return to school or work please log into JUMP again. The Illness Reporting channel will appear as it does on the right. Please press the “I am feeling better” button.



## STEP 7

The system has now recorded that you are well again. The Illness Reporting channel will now display a thank you message, as shown on the right.

