

**MEREDITH GREY (She/They)**(204) 444-5555 | [meredithgrey@greysanatomy.ca](mailto:meredithgrey@greysanatomy.ca) | [LinkedIn](#)**PROFILE**

- Nursing Student (RN) who engaged positively with diverse patients over 450+ hours of clinical practice.
- Communicated effectively with other members of the health care team for smooth shift transitions.
- Provided high quality nursing care during supervised assignments with respectful attitude.
- Utilized critical thinking to improve clinical judgement and to promote problem solving.

**EDUCATION****Bachelor of Nursing Program (RN)****2020 - Present**

University of Manitoba

Expected Date of Graduation: May 2023

Relevant Coursework: Client and Context (1-3), Professional Foundations (1-5), Health and Illness (1-4)

**CLINICAL EXPERIENCE****Pediatrics (115 Hours)****Spring 2022****Children's Hospital**

- Provided competent nursing care and assessment for pediatric patients ranging from 3 to 12 years of age.
- Recognized the family as an important resource for the child to maintain a quality of life while hospitalized.
- Designed and constructed an age-appropriate puzzle for school-age children and empathetically encouraged play for therapeutic conversation, healthy eating habits, independence, and socialization.

**Labour and Delivery (200 Hours)****Fall 2021****Victoria General Hospital**

- Assisted with preterm labour, active labour, rupture of water and pregnancy complications and took note of directions to provide competent family-centered care to ensure the health of the mother and baby.
- Encouraged parent-newborn attachment and appropriate adequate instruction during pregnancy, labour, birth, and postpartum period through assessing readiness, willingness and ability to learn
- Provided support to help make pregnancy a positive experience and
- Displayed compassion and empathy to patients and families of social, cultural, and economic needs.

**Adult Medical and Palliative (60 Hours)****Winter 2021****St. Boniface General Hospital**

- Performed comprehensive health assessments and integrated theoretical knowledge of the geriatric population considering age-related changes, role transitions, and psychological adjustments
- Assessed and managed pain of patient and responded appropriately with medication administration
- Provided competent end-of-life care for patients and families ensuring social, spiritual, and personal needs were considered throughout all procedures whenever possible

**Psychiatry (80 Hours)****Fall 2020****Grace General Hospital**

- Provided a safe and protective environment while assisting patient to meet self-care needs
- Established rapport with patients through shared time, supportive relationship, and health teaching
- Encouraged the patient to learn new adaptive strategies to cope effectively with life stressors
- Established professional relationships with patients to encourage a culture of trust in the facility.

## **VOLUNTEER EXPERIENCE**

### **ABC I Can Learn Preschool**

**Winter 2019**

- Encouraged communication, trust, and hand washing for children through activities and song
- Collaborated with social workers to provide health related resources for a pre-adolescent girls group
- Observed children and reported signs of developmental delays and behavioural issues as needed

## **ADDITIONAL WORK EXPERIENCE**

### **Assistant Planner**

**2017**

#### **Qatar Development Incorporation**

- Identified and mapped historical sites to clearly communicate city progress (growth in density and area)
- Utilised technology land use maps and related manuals for future planners to build upon
- Designed and developed a permit system study in a team setting based on a fact-finding trip to Ontario

### **Development and Building Supervisor**

**2016**

#### **Winnipeg Construction Departments**

- Recruited, trained and performed evaluation of 8 to 12 employees regarding land use subdivision issues.
- Assisted with the redesign of the permit computer system, displaying strong comprehension of technology.

## **COMPUTER SKILLS**

### **General Computer Medical Software**

Microsoft Suite (Outlook, Word, Excel, PowerPoint), Zoom  
Epic Systems, HCPCS, MEDITECH

## **INTERESTS**

**Physical Activity:** is in good physical and mental health from frequent gym workouts and hikes.

**Art history:** enjoy visiting and reading about historical sites and artifacts

**Writing:** enjoy writing stories, papers, and pamphlets